Top Vibe

KIDS MAGAZINE

ONLINE

OCT 2025

ISSUE 87



The search is on to crown the new Face of the magazine

Do you have cell phone rules for your children.?

INDEX

CONTENT

Top Vibe
ONLINE Kids Magazine

COMMENTS:

Please send us an e-mail to
admin@topvibe.co.za
to share your opinion, ideas and comments.

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MEDIA HOUSE:
TOP VIBE MAGAZINE
TOP VIBE KIDS MAGAZINE
GLAMOUR TALK MAGAZINE
50+ MAGAZINE / TYDSKRIF

EDITOR:
Charmaine Britz

CONTACT DETAILS:
Cell: 072 768 8582

E- MAIL:
admin@topvibe.co.za

WEBSITE:
www.topvibe.co.za

1.

OUR ADVERTISERS:

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2.

TAKE CARE OF YOUR DOG AND CAT:

How to take care of your dog and cat

3.

MEDIA HOUSE PROJECTS:

Please support our projects for 2025 . It's so much fun...

4.

FACE OF TOP VIBE KIDS MAGAZINE 2025:

Read about our little Face of Top Vibe Kids Magazine 2025/26



REGULARS

1. EDITORS NOTE 03

Charmaine Britz CEO - MEDIA HOUSE
Top Vibe Magazine / Top Vibe Kids Magazine, Glamour Talk Magazine and 50+ Magazine/ Tydskrif.

2. AMBASSADORS 04

Top Vibe Kids Ambassadors: Meet our Ambassadors for 2025. It's their second year as ambassadors. Taygan Botha.

3. IT'S FUN TIME 08

We at Top Vibe Kids Magazine try to keep you busy with fun things to do. Hope you enjoy!

4. MODEL COVER PAGE 01

Our cover page is a bautiful Girl

5. BACK PAGE 20

Back page: Puppy our next issue will be the November issue



Photographer: Albertus Kriel
Venue: Turn & Tender Vaalmall

REDAKTEURS NOTA

Liewe maats,

Maats die skool sluit amper weer vir so kort vakansie. Julle moet dit geniet, maak die beste daarvan.

Sodra die skool begin is dit hard leer en werk want die einde van die jaar is nader as wat jy dink.

Onthou om in te skryf vir die gesig van die tydskrif, julle gaan dit geniet.

Maak seker dit is jou gesig wat pronk op die voorblad van die tydskrif.

Hou die spassie dop vir dinge wat ons beplan.

Dit is hier waar ons pret het!

Werk hard en wees soet.

Geniet Oktober maand !

Liefde

Charms

OUR AMBASSADOR



TAYGAN BOTHA

Helloooo,

Did you know? October month is Cyber awareness, month.

Also known as cybersecurity awareness, refers to the knowledge and practices individuals possess to protect themselves and their organizations from cyber threats.

It involves understanding online risks, vulnerabilities, and best practices for staying safe online

This includes recognizing phishing attempts, using strong passwords, securing sensitive information, and staying updated on security measures.

Be aware, change your passwords Atleast ever month

Protect yourself by:

Use strong, unique passwords

Enable multi factor authentication

Update software regulary on phones ect.

Back up data

Be careful with public Wi Fi

Limit personal info share.

Take care Taygan



The search is on to crown the new Face of the magazine



Attention all beautiful little girls and boys the time is here to enter the Face of Top Vibe Kids Magazine.

Don't delay, our lovely Kayleigh van Niekerk is ready to hand over the Title to the new face of the magazine.

It's fun... If you love the spotlight this is for you.

Entries are open and our finalist will promote our sponsors on Social media for two month.

Before the crowning wil take place.

After the crowning our new Face will then be a Ambassador for the Top Vibe Kids Magazine.

Where she will take part in our charity projects for 2026.

Mom please enter your beauties!

Thank you Kyleigh you will alway have a special part our our hearts. - Thank you for your hard work during the year.

Mom - Christell Thank you!!!



How to enter:

Send a WhatsApp to 072 768 852 ask for a entry form.

Send entry form via e mail to admin@topvibe .co.za with proof of payment.

Show up for the interview 11 October.

All other info will be provided via WhatsApp communication.

MEDIA HOUSE 2025 Projects

Our Women's day projects 4 Oct
for more Info call 072 768 8582





Teach children about respect.



You teach children respect by modeling it in your actions, explaining that respect involves treating others with kindness, courtesy, and consideration for their feelings and worth, even when you disagree. Key lessons include demonstrating empathy, valuing diversity, setting clear behavioral expectations, and using respectful language, which helps children build self-respect and fosters positive social relationships.

Show, Don't Just Tell: Children learn respect by watching and imitating the adults around them. Consistently demonstrate respectful language and behavior in your interactions with others.

Model Self-Respect: Teach your children to value themselves by not doing things that could hurt them and having confidence in their own abilities

Explaining Respect

Define Respect: Explain that respect means valuing another person's worth, feelings, and opinions, even if you have different views.

Use Analogies: Compare it to waiting for your turn with a toy instead of taking it, or how you would want your own efforts to be appreciated.

Explain the Golden Rule: Introduce the concept of treating others as you want to be treated, as it's a fundamental principle of respect.

Promote Empathy: Help children understand others' feelings and perspectives to build empathy. Activities like using an "emotions thermometer" can help kids identify and understand emotions.

Value Diversity: Teach children to appreciate and respect differences in people's backgrounds, cultures, and beliefs, recognizing that these differences enrich the world.

Use Respectful Language: Encourage the use of polite phrases like "please," "thank you," and "yes, Miss/Mrs.".

Praise and Encourage: Acknowledge and praise your child when you observe them demonstrating respectful behavior, such as kindness or good manners.

Setting Expectations

Establish Clear Rules: Set clear expectations for respectful behavior and make it clear that disrespectful actions and language are not acceptable from anyone.

Address Disrespect: When your child is exposed to disrespect, use it as a learning opportunity to explain why the behavior is wrong and how to respond to it.

Chef Tommy



Kom ons maak roomys

Benodig:

Roomys houer

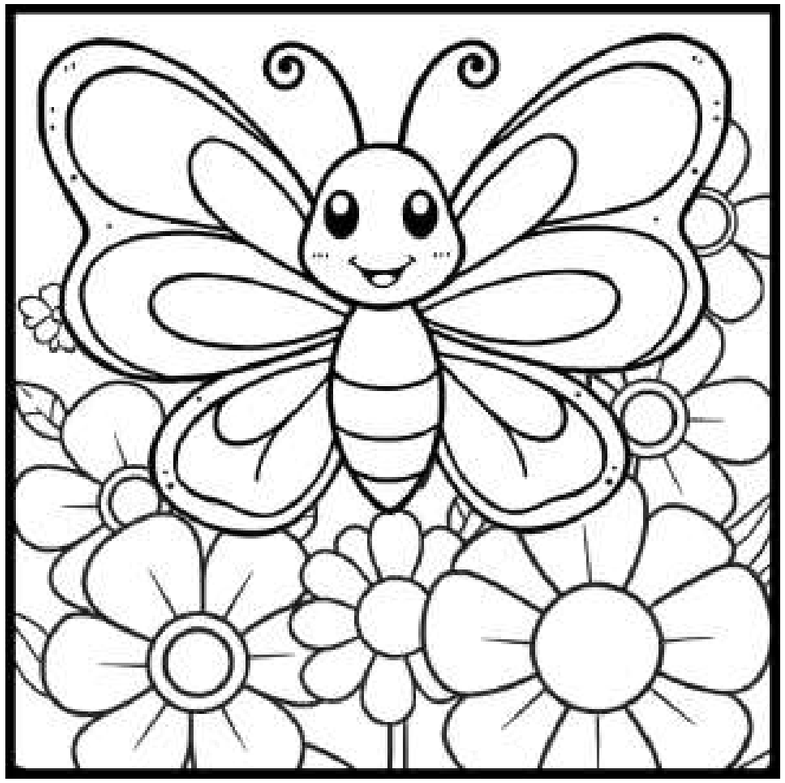
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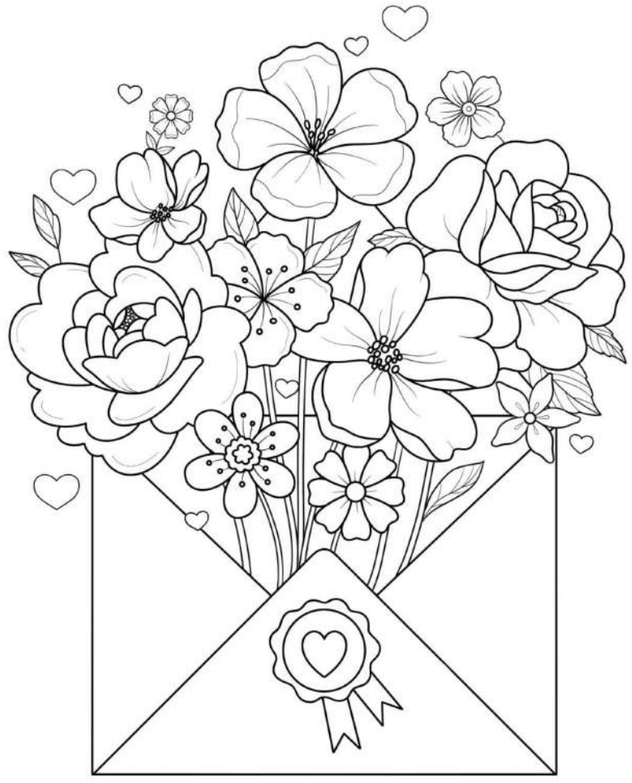
Geniet jou roomys.



Ons bak en brou Saam met my maats...



Kleur My in



Do you have cell phone rules for your children.?

Rules for children's cell phone use include setting screen time limits, defining no-phone zones (like bedrooms or during meals), requiring permission for app downloads, and establishing rules for interactions with strangers online. Other rules involve teaching digital etiquette, ensuring phone privacy, handling parental access to the device, and having clear consequences for rule violations.

Usage & Screen Time

Set Usage Hours: Establish specific times when cell phones can be used, and enforce a policy for turning them off at bedtime.

Define No-Phone Zones: Keep phones out of bedrooms, away from mealtimes, and from school.

Enforce Digital Etiquette: Teach children not to use their phones during family meals, movies, dates, or other social situations.

Manage Internet & App Use: Require permission before downloading any apps or games and discuss the costs of such services.

Communicate with Strangers: Instruct children to be cautious about sharing their number or personal information with unknown contacts and to only interact with people they know in person.

Educate About Online Dangers: Discuss the risks of sexting, cyberbullying, and the dangers of adult predators online.

Use Parental Controls: Explore parental control apps that can help monitor activity and set usage limits.

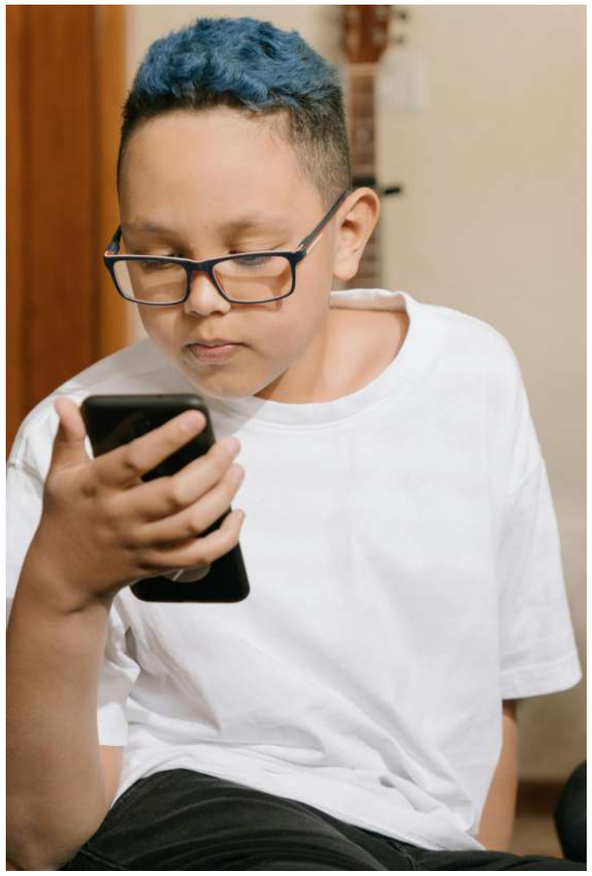
Accountability & Communication

Establish Passwords: Children should not change the password or pin lock on the device.

Maintain Parental Access: Parents have the right to ask to see the phone and check conversations and activity on the device.

Create a Contract: Draw up a cell phone contract with all the rules and have both parent and child sign it to avoid confusion.

Follow Through on Consequences: Be firm and follow through on consequences when the phone rules are broken.



How to explain death to a child

To explain death to a child, be direct and honest, using simple, concrete language like "died" to explain that the body stops working and the person won't be coming back. Avoid euphemisms, offer reassurance that they are loved and safe, and be prepared for repeat questions. Check for feelings of guilt or responsibility, and provide ongoing opportunities for the child to ask questions and express their feelings.

Be Direct and Honest

Use the word "died" or "dead": Euphemisms like "fell asleep" or "passed away" can be confusing and lead to fear.

Explain death concretely: Tell the child that the person's body stopped working, and they no longer breathe, eat, move, or feel.

Provide Reassurance

Reassure them of their safety: Let the child know they are loved and will continue to be cared for.

Address potential guilt: Ask if they feel responsible for the death and reassure them that it's not their fault.

Be Patient and Responsive

Give information in small amounts: Children process information over time, so you can offer details in small, manageable doses.

Expect repeat questions: Children may ask the same questions over and over as they try to understand and process the information.

Allow for questions: Give your child many opportunities to ask questions and express their feelings.

Offer Support

Be honest about your own feelings: You can show your emotions and explain why you're sad, but also offer a hug or suggest another activity to feel better.

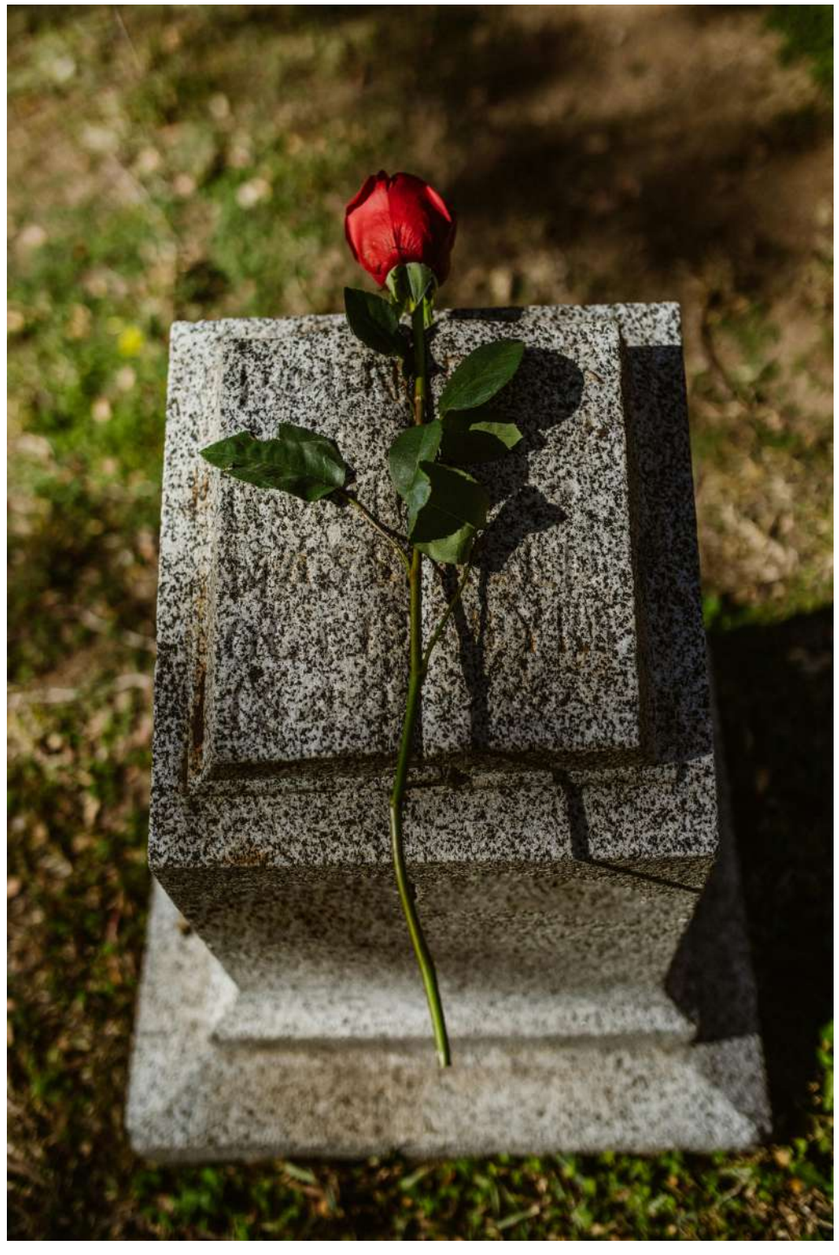
Return to routine: Maintain familiar routines, like mealtimes and bedtime, to provide a sense of security.

Seek professional help: If a child seems to be having a particularly difficult time, don't hesitate to talk to a healthcare provider about professional counseling.

How to explain death to a 5 year old?

AI Overview

To explain death to a 5-year-old, use simple, direct words like "died" and "death" to avoid confusion with euphemisms like "passed away" or "gone to sleep". Explain that death is when a body stops working, meaning the person can no longer see, breathe, move, or feel pain. Reassure the child they are safe and the death is not their fault, and be prepared to answer their questions repeatedly and to share your own feelings honestly but without excessive grief.



Take care of your dog or cat

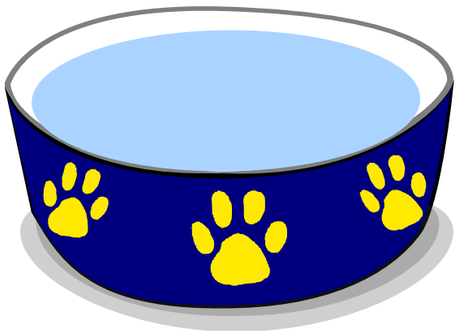




To care for a dog, provide a balanced diet, fresh water, and a safe, clean environment. Ensure regular exercise and mental stimulation through walks and play. Maintain regular veterinary check-ups, vaccinations, and parasite prevention. Practice regular grooming, including brushing and nail trims, and provide training and socialization to encourage good behavior. Finally, make time for affection and bonding to build a strong relationship with your dog.

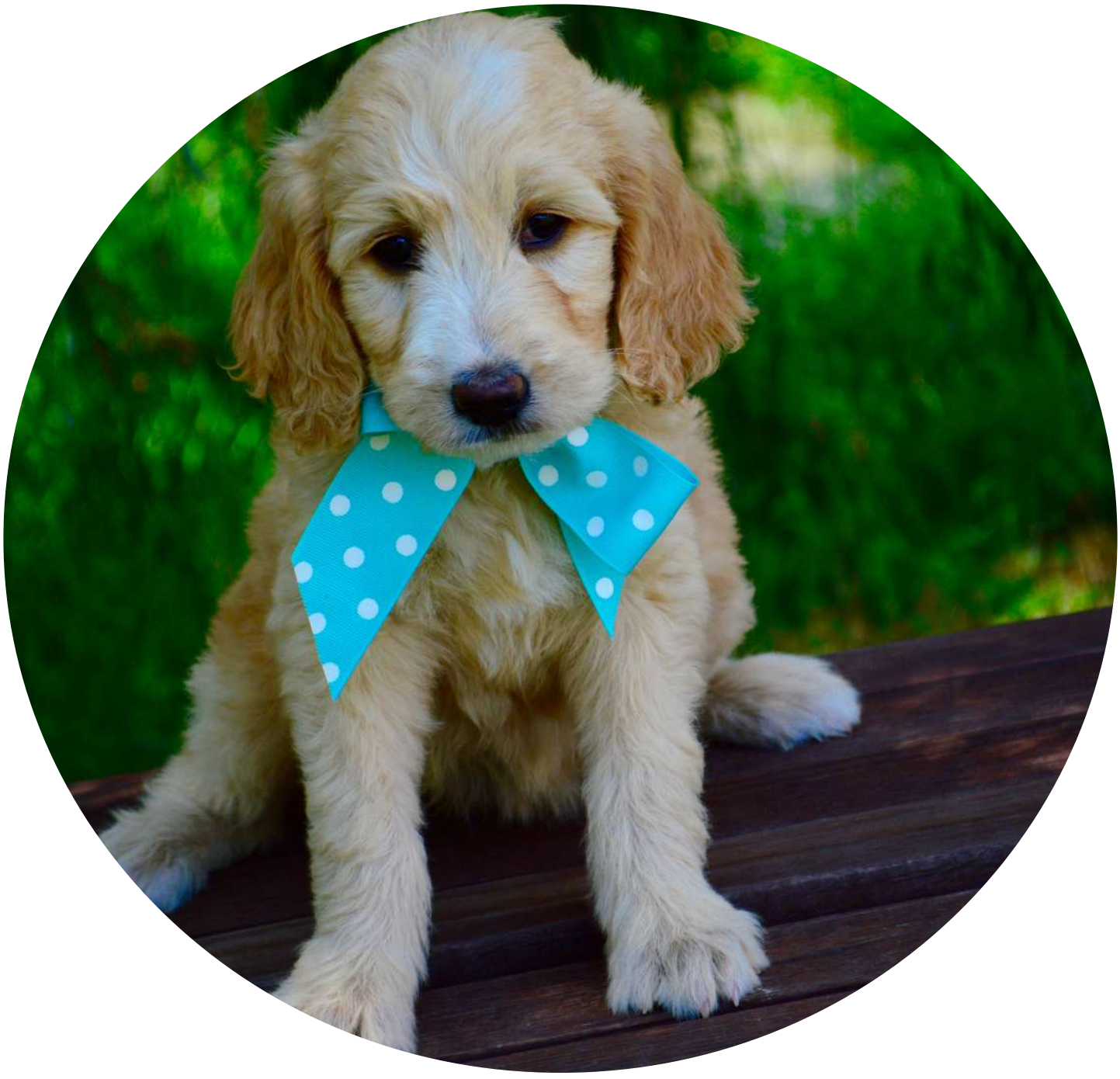
To care for a cat, provide a balanced diet of high-quality food and constant fresh water, maintain a clean litter box, offer a safe, stimulating environment with scratching posts and climbing spaces, ensure regular veterinary care including vaccinations, grooming, and parasite control, provide daily exercise and mental stimulation through play, and give plenty of affection and quality time to foster a strong bond.





MAGAZINE

Media House



NEXT ISSUE - NOV 2025

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