Top Vibe

ONLINE

Kids Magazine

MAY 2024
ISSUE 70



Facts about butterflies

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Top Vibe
ONLINE
Kids Magazine

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1.

OUR ADVERTISERS:

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2.

FUN FACTS ABOUT BUTTERFLIES :

Learn some facts about butterflies

3.

MEDIA HOUSE PROJECTS:

Please support our projects for 2024 .

4.

SOUP & BREAD FOR MOREDOU:

On the 8th of June we are going to spoil the elderly with soup and bread.



REGULARS

1. EDITORS NOTE 03

Charmaine Britz CEO - MEDIA HOUSE
Top Vibe Magazine / Top Vibe Kids Magazine,
Glamour Talk Magazine and 50+ Magazine/ Tydskrif.

2. AMBASSADORS 04

Top Vibe Kids Ambassadors: Meet our Ambassadors for 2024.
Taygan Botha, and Celesté Bam

3. IT'S FUN TIME 08

We at Top Vibe Kids Magazine try to keep you busy with fun things to do. Hope you enjoy!

4. MODEL COVER PAGE 01

Our cover page we celebrate Mother's day

5. MODEL BACK PAGE 20

Back page: Our next Issue is our June Issue.



Photographer: Albertus Kriel
Venue: Turn & Tender Vaalmall

REDAKTEURS NOTA

Liewe maats,

Die winter is op ons en julle weet wintertyd is nie 'n lekker tyd nie, drink julle vitamienes eet baie sirtus vrugte en luister maar vir Mamma so sal jy gesond by die winter.

Dit is tog nie lekker om siek te wees nie.

Julle weet natuurlik dat dit die 12 May Moedersdag is, het jy al 'n idee wat jy vir mamma gaan doen.

Moet nie te veel stress nie, hier is 'n paar idees wat nie geld kos nie.

 # Maak vir ma 'n heerlike koppie koffie of tee.

 # As julle blom in die tuin het pluk vir haar 'n bossie en sit dit voor haar bed.

 # Maak 'n mooi kaartjie vir haar. Ek hoop dit gaan help.

Vir ons Mammas gelukkige Moedersdag van die Top Vibe Kids span.

Pas julle mooi en soet wees

Tot volgende maand.

Liefde
Charms

OUR AMBASSADORS



CELESTé BAM

Hallo daar, my wonderlike tiener lesers!

So, die winter sluip in, nè? Skielik ry ons almal werk toe en terug in die donker. Die groot vraag: Gaan ons 'n koue winter hê of nie?

Nou, kom ons praat oor Mei. Behalwe dat dit die amptelike koms van die winter is, is dit Moedersdag! Soos, ernstig, na verjaarsdae, is Moedersdag en Vadersdag die GOAT (Greatest of all time) van viering in my boek. Dit is die een dag wat jy kan gaan en jou ma en pa met liefde en waardering oorlaai.

Vroeër jare was dit 'n stukkie koek om ma spesiaal te laat voel. Toe ons klein was het ons 'n paar vingerskilderye of voetspoorkuns by die skool gemaak, en sy het dit met trots op die yskas geplak. Maar noudat ons op hoërskool is, is dit soos, wat doen ons nou? Dit is beslis 'n uitdaging. Selfs op 28 krap ek my kop oor hoe om my ma werklik te bederf en vir haar te wys hoeveel sy vir my beteken.

Maar moenie stres nie, want ek het 'n paar wonderlike idees! Al ooit jou ma hoor kla oor aandeteplanne? Nou ja, hier is jou kans om te skyn. Bied aan om 'n paar keer per week te kook, of trek die troepe bymekaar en oortuig Pa om saam met daardie wonderlike tannie in die straat of die lokale tuisnywerhied saam te werk om elke week 'n Sondagfees saam te sweep. Ma kry 'n blaaskans, en jy kry 'n bietjie kwaliteit gesinstyd. Wen-wen!

En laat ons nie die ewige gesukkel met wasgoed en skottelgoed vergeet nie. Tyd om op te tree, tieners! Maak jou bed op, maak jou kamer netjies en help met die skottelgoed. Heck, neem dit 'n kerf op en leer die "ins en outs" van Ma se wasgoedroetine. Al is dit net een vrag, glo my, sy sal oor die maan wees.

Dis die klein dingetjies, wat 'n groot verskil in Ma se wêreld maak. En hey, sy sal die blaaskans meer waardeer as wat jy jou kan voorstel.

So aan al my tienerlesers daar buite, gee hierdie idees 'n try en skryf vir ons hoe dit gegaan het. Jy kan jou terugvoering stuur na: admin@topvibe.co.za

En aan my eie liewe ma: Ma is een uit 'n miljoen. Niemand kan Ma se skoene volstaan nie, ons is baie geseënd om Ma te hê. MA is 'n rockstar, en ek is lief vir Ma tot by die maan en terug. Gelukkige Moedersdag!

En aan my liewe skoonma: Dankie dat ek soos 'n dogter vir Ma is! Ek het so geseën om te kan sê ek het 'n awesome skoonma! Lovies. Gelukkige Moedersdag!

Deur: Celesté Bam





TAYGAN BOTHA

Hey guy's,

let's talk about something that most of us as teenagers are struggling with, so let's get to it:

"Having a fulfilling social life" is important for overall well-being and happiness. Here are a few tips to enhance your social interactions:

1. Be a good listener: Show genuine interest in others and actively listen to what they have to say.
2. Step out of your comfort zone: Try new activities, join clubs or groups, and meet people with similar interests.
3. Be positive and friendly: Smile, be approachable, and maintain a positive attitude.
4. Practice empathy: Put yourself in others' shoes and be understanding and supportive.
5. Stay connected: Keep in touch with friends and make an effort to nurture relationships.
6. Be yourself: Authenticity is key in building meaningful connections.

Remember, building a social life takes time and effort, but the rewards are worth it! So go out there, be open, and enjoy the company of others. 🌟🤗

Love Taygan



CELESTé BAM

Haloooo, wonderlike lesers!

Terwyl die yskoue van die winter sy houvas stywer maak, en ek myself aantrek soos 'n eskimoo op 'n ontdekkings reis het ek iets in die mou vir julle. Ek het navorsing gedoen oor gebeurtenisse binne en buite die Vaaldriehoek. Maak jou gereed vir 'n reeks wat so warm is, dit sal jou vinnig daardie warm klere laat uit trek!

Sê totsiens vir daardie naweke van verveling, want Mei maand hou baie in! Na Mei maand gaan ons beursies leeg wees. Dit is tyd om daardie kaartjies te bespreek en voor te berei vir 'n warrelwind van opwinding! Gaan soek gerus op Google en Facebook vir vedere inligting en hoe en waar om kaartjies te bespreek.

Geniet Mei Maand,

Celesté Bam

Wanneer	Event	Waar
1-31 Mei	Abba: Mamma Mia musical	Monte Casino in Johannesburg
1 Mei	Goeiehoek-kontreimark	Buite Meyerton op die Boshoek plaas gronde
1 Mei	Kunstenaar: Loufi	Die Veiling - Meyerton
2 - 5 Mei	Hobby X	Kyalami International Conference Centre in Midrand
3 - 26 Mei	Moedersdag verf en pot plant werkswinkel elke Vrydag - Sondag	Riversquare Mall in Drie-Riviere
3 Mei	Kunstenaar: Dirk van der Westhuizen	Biekiebos in Meyerton
4 Mei	Die Melk Fest. Kunstenaars soos: Jack Parow, Francois van Coke, Spoegwolf, Droomsindroom, Die Heuwels Fantasties en vele meer!	Idlewild Country Estate in Pretoria
4 Mei	Swagga Breweries Craft Market	Meyerton: Swagga Breweries
4 - 5 Mei	Vetplant Fees	Busstop7 in Pretoria
10 Mei	Kunstenaar: Riana Nel	Die Blou Hond in Pretoria
10 - 11 Mei	Oppiefees. Kunstenaars soos: Riaan Benade, Steve Hofmeyer, Appel, Bernice West en vele meer!	Benoni Notherns Sport Club
11 Mei	Park Acoustic. kunstenaars soos: Jeremy Loops, Loufi en vele meer	Park Acoustics in Pretoria
11 Mei	Blou Bulle vs Glasgow - Rugby	Loftus Versveld in Pretoria
11 Mei	Lions vs Cardiff - Rugby	Emirates Airline Park in Johannesburg
12 Mei	On the Lawn festival. Kunstenaars soos: Jeremy Loops, Desmond & The Tutus en vele meer!	Syringa Park - Avianto Estate in Muldersdrift
14 - 17 Mei	Die Nampo Fees	Nampo Park in Bothaville
18 Mei	Kunstenaar: Refentse	Padstal, Pretoria
18 Mei	Blou Bulle vs Benetton - Rugby	Loftus Versveld in Pretoria
18 Mei	Lions vs Glasgow - Rugby	Emirates Airline Park in Johannesburg
18 Mei	Extreme Festival: Super Cars + Bikes Racing	Zwartkops Raceway in Centurion
24 Mei	Kunstenaar: Die Piesangskille	Barnyard Vereeniging
25 Mei	Kunstenaar: Tollie Parton	Barnyard Vereeniging
31 Mei	Kunstenaar: Demi-lee Moore	Die Blou Hond - Pretoria







2024 Projects





In kleur pret...

Why do kids hate haircuts

Your child might also be afraid or uncomfortable with haircuts because they've had a negative experience with a haircut somewhere along the way. Or maybe they don't like to be touched or don't deal well with unfamiliar places. Or perhaps your child has special needs or sensory differences.

How do you help a child who hates haircuts?

Parents Say: When your child hates haircuts

Ease the fear.

Go with the pros.

Get tricky.

Sweeten the deal.

Find a distraction.

Do it in waves.

Work it out with TLC.

Try tough love.

How to convince your child to get a haircut?

Take your child to the salon or barbershop ahead of time to see what the shop looks like. Show your child videos of people getting haircuts (using both scissors and clippers) or stop by the salon to watch people get their haircut. Play! Use pretend play to act out what getting a haircut will look like.

Why does my 2 year old hate haircuts?

The way to soothe haircut fears and tears will vary because every child has different reasons for not liking haircuts. Maybe it's the noise of the scissors or clippers, maybe it's the strange environment of the barbershop or salon, or maybe it's just the fact that someone is trying to remove something from Baby's head!

Do autistic kids hate haircuts?

Many kids on the spectrum also have sensory issues and hate having their hair cut. It is as if the act of cutting causes them physical pain - like they have feeling in their hair! "Over the years we have persevered and whilst it is still something of a tactical operation we seemed to have more or less cracked it.

Are autistic kids scared of haircuts?

Going to the hairdressers can be a very distressing experience for autistic children due to sensory issues such as a sensitivity to noise and touch.

Why do autistic kids look away?

Researchers believe that this seemingly anti-social behavior is rooted in complex brain processes, the misinterpretation of visual cues and functional coping mechanisms. People on spectrum have described looking into someone's eyes as a terrifying experience.



Chef Tommy



JELLIE

Maklik en vinnig om te maak.

<u>Jy benodig.</u>

1x pakkie jellie
1 x bak
250 Kook water



Kook die water. Plaas die jellie in die bak en gooi die kook water oor die jellie. Roer dit totdat al die jellie opgelos het.

Plaas in die yskas tot dat dit gestol het.
Vra hulp sodat jy nie brand nie.

Lekker eet....
WhatsApp my met jou prentjie van jou die jellie wat jy gemaak net na 072 768 8582

Kom bak en brou saam met my!



Facts about a butterfly

What are 5 facts about butterflies?

Butterfly wings are transparent. ...
Butterflies taste with their feet.
Butterflies enjoy an all-liquid diet.
Butterflies enjoy an all-liquid diet.
A butterfly that can't drink is in trouble.

Butterflies have four wings.
It is estimated that there are between 15,000 and 20,000 different species of butterfly.
As butterflies are cold-blooded, they can't fly or function properly if their body temperature falls below 13 degrees celsius.

How do you describe a butterfly to kids?

A butterfly is a flying insect with a small body and large, often colorful wings.
Some gardeners plant specific flowers that attract butterflies.
Butterflies are closely related to moths, which also have wings that are large in proportion to their bodies and antennae.

What makes a butterfly special?

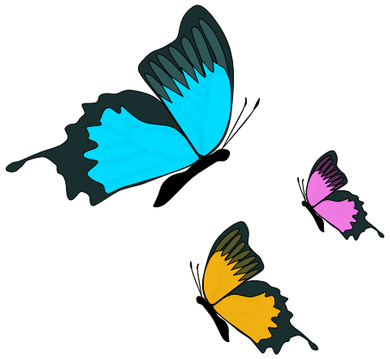
Butterfly wings are covered in tiny scales and they are the only insects with scaly wings.
Each scale on a butterflies wings are a single colour, either red, yellow, black or white. Butterfly colours, including green and blue, are created by light refracting (bending) on the butterfly's wings.

Where do butterflies sleep?

A quiescent state can be defined as "a state or period of inactivity or domarmancy". For butterflies, this means resting with their eyes open hidden in leaves, bushes or barks. They may often use their tarsi to hang upside down underneath leaves. They sleep under leaves to hide from predators.

Why do kids like butterflies?

It seems they are like flying flowers to kids, nectar feeders and are not even a pest or they don't harm us in any respect.
Also the metamorphosis of caterpillar to a butterfly is most fascinating.



How long does a butterfly live?

Most adult butterflies live only one or two weeks, but some species hibernate during the winter and may live several months.



What noise does a butterfly make?

A few species of moths and butterflies (not monarchs) make sound by rubbing or clicking together parts of their bodies, such as wings or legs. In some species this may be a means of communication between individuals and can play an important role in finding mates.

How many eggs does a butterfly lay?

Butterfly Life Cycle – For Educators
200-500 eggs
A butterfly usually lays 200-500 eggs which vary in shape and size depending on the species.
Most species hatch in four to five days, while others may take as long as three weeks.
Larva Stage: When the eggs hatch, tiny caterpillars begin feeding and growing

Sourced Google



Exams is no Jokes!

Give yourself enough time to study
Make sure your study space is organized
Use flow charts and diagrams
Practice on old exams
Explain your answers to others

Preparing for an exam can be stressful and time-consuming, but it doesn't have to be. There's no need to stress out or cram. By doing a couple of simple things ahead of time, you can ensure that you are confident and ready for anything that comes up on the test.

Start studying early. Give yourself more than enough time to review the material that was covered in class. You might want to gauge how soon to start studying by how much material you need to review. For instance, if you have to review material for an entire semester, you might want to start studying a few weeks prior. However, if you are just taking a test that covers material over a few chapters, a week prior or even three to four days may be sufficient.

Only you know how long it takes you to study, so you are the best judge of when to start studying.
If the class material is especially difficult for you, start studying early. Give yourself enough time to truly grasp the material, practice it and then review it.
Get a full night's sleep before the exam. Your brain needs time to subconsciously digest everything you've put into it, so start early so you don't have to stay up all night.

Read through the entirety of your notes that will be on the exam. It will refresh your memory of the material and help you remember what you learned.
It will also help to make you aware of all the information in your notes, where it is located in your notes so that you know where to find them, and what might be missing from your notes.
Decide if you think your notes are sufficient enough to study from. Did you miss any classes? Are some of your notes missing? If so, you might need to borrow someone else's notes.

Get some good notes. If you're not a good note taker, or if there are "holes" in your notes, then ask a friend if you can copy his or her notes. Good notes can make all the difference when you're studying.
They can explain content that the book doesn't explain well or highlight information and make it easier to understand and remember.

If you only have five pages on notes, but your friend has twenty, then you probably missed some important information. Compare your notes to your friend's to see where the holes are in your notes.

On the day of the exam, set your alarm at least two hours before the test. Scientists believe that a good night's rest is the key to better test scores.[11] An hour and a half before the exam, start running through all the themes and sub-topics in your head. Like always, check your notes if you get stuck. Use your flashcards to help you commit all the tiny details to memory if they're not already memorized. Stop studying at least 15 minutes before the exam, but an hour is preferable. If you've given yourself enough time to study, you should feel well prepared and relaxed.

Review past tests. If you have a friend who has taken the test the year or semester before, ask your friend if you can see his or her test. Take note of the questions that were answered and the answers that were marked correct and incorrect. If you are in college, some universities keep past exams from classes on file. Contact your professor about reviewing them.[

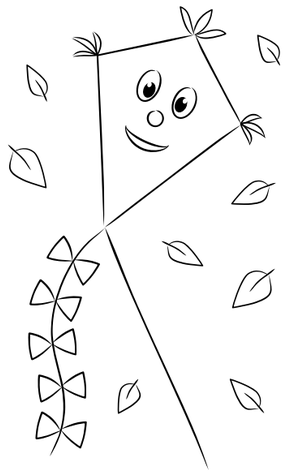
Although reviewing past exams might not give you the exact questions that will appear on your test, it will give you an idea of how the information will be tested.

It also will tell you how the test will be scored. You'll know if you should give long detailed answers or if your answers should be straight to the point. If you are able to review a test with answers on it, pay attention to answers that were given high marks and those that weren't. Also, pay attention to any notes in the margins that the teacher may have written explaining why points were taken off.

Ideas for Mother's day gifts

Spoil Mom with a cup of Coffee or tea





Colour in a picture for Mom

Spoil Mom with cup cakes



Spoil Mom with chocolate



Spoil Mom with flowers



Media house have some gift ideas for Mother's day 12 May!

Save the date and spoil Mom

MAGAZINE

Media House



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