Top Vibe

ONLINE

Kids Magazine

May Issue 34
2021

Keep your child healthy

"Learn your children how to save money."



Happy MoM Day

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Top Vibe
ONLINE
Kids Magazine

COMMENTS:

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MEDIA HOUSE:
TOP VIBE MAGAZINE
TOP VIBE KIDS MAGAZINE
GLAMOUR TALK MAGAZINE

1.

MEDIA HOUSE:
Meet the dream team our Ambassadors. You will read about them every month.

2.

Keep your children healthy this winter. Ensure that they eat a well -balanced meal, get plenty of sleep, wash their hands frequently.

Stay warm and cosy this winter.

3.

Kids winter fashion - we give you advise on how to buy winter clothing. Shop wise if you have a low budged.

4.

Heerlike kos vir jou kleinding.



REGULARS

1. EDITORS NOTE 03

Charmaine Britz CEO - MEDIA HOUSE
Top Vibe Magazine / Top Vibe Kids Magazine and Glamour Talk Magazine.

2. AMBASSADORS 07

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3. AMBASSADOR 10

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4. MODEL COVER PAGE 01

Anonymous

5. MODEL BACK PAGE 20

Anonymous



EDITORS NOTE

I'm so proud to introduce to you our Magazine with a NEW LOOK!
I trust that you will enjoy it as much as I did working on it.

The month of May is a special month for all Mother's and Mother's to be.
We celebrate Mother's Day on 9 May 2021.
Give Mom a hug and tell her that you love her but most of all thank her for everything that she do for you.

There is NO LOVE LIKE A MOTHER'S LOVE…

EDITOR & AMBASSADORS



• CEO Charmaine Britz

Meet the CEO of Top Vibe Kids Magazine Charmaine Britz.

She is in the media industry for twenty one years, this is her passion she love people and love to be creative.

She is mother of three boys and grandmother of two. Her aldest grand child Brandon is 4 years old and he is my life she said. The second grand child still growing in mom - waiting to find out if it is a boy or a girl.



• CHANEL RAUTENBACH

Meet the team who is responsible for the Top Vibe Kids Magazine. CEO Charmaine Britz and the Ambassadors working together to bring our readers something new every month.

Chanel Rautenbach is our new Ambassador, she needs to keep an eye on the other two, Dillan and Etienne they are the partners in crime…. Or should we call them the Three Mascateurs”
Always up to something new….

The three of them are very creative and always have new ideas.

Our little readers are important to us -

Top Vibe Kids Magazine will celebrate our 4th birthday in ……month.
This magazine is for the youngsters, they just love it.
With our new look, we decided to do something totally different.

We would like some input from our readers - is there something that you would like to read about send us an e-mail and we will look into it.

Etienne and Dillan, is very creative when it comes to anything, with them onboard it’s loads of fun.

We working on a project, where our readers must make a video about a subject and post it on our Facebook page the best three will win a gift hamper.
So keep on watching this space for any info about our video project.

With our very own “Three muscateurs” we promise to bring you loads of fun during the winter months to come.



• ETIENNE JOSEPH



• DILLAN Dé PAIVA

Keep children healthy during cold and flu season. Wash their hands frequently.



KEEP YOUR CHILDREN HEALTHY

SPECIAL EDITON

Winter is around the corner and unfortunately, so is the cold and flu season. While winter should be a time for sipping on hot coco. It is often overtaken by germs, infections, and illnesses.

Since children are especially pron to illness, you'll need to take extra steps to keep your kids healthy this winter.

We've compiled a list of tips that can boost your kids immune system this winter - use them to make this season a little more merry and bright.

The stronger your child's immune system is going into cold and flu season, the better. The best way to boost their immune system is with vitamins and nutriets - rich foods .

- Beef - contains zinc, which is vital in the production of white blood cells your child use to destroy bacteria.

BALANCED DIET

Give your children a well - balanced diet. Try to incorporate fruits that contain vitamin c. Boost your kids immune system this winter.



Most winter illnesses clear up on their own after only a few days, but some can turn into more serious medical issues. Contact your doctor.

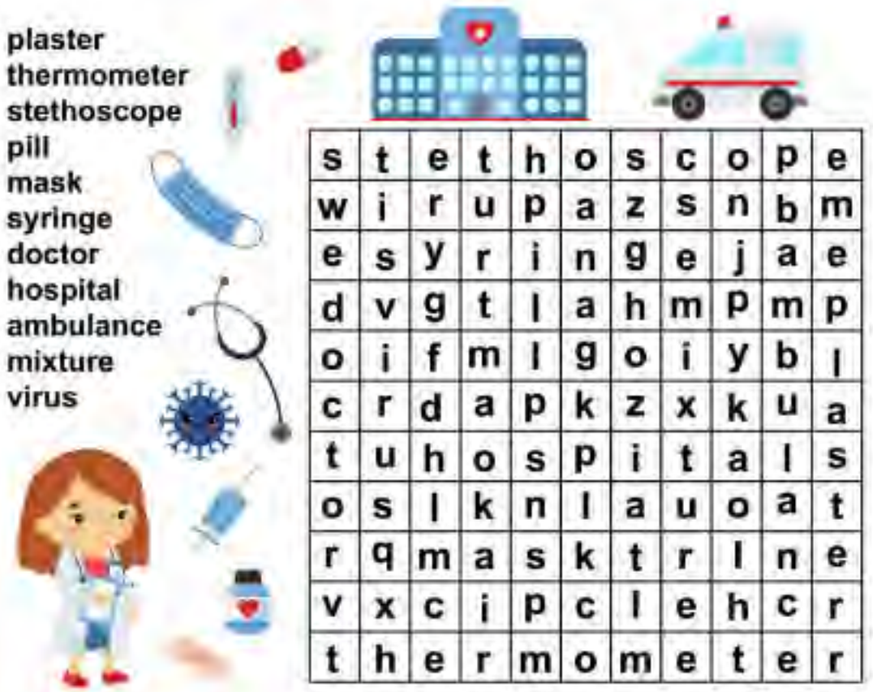
- Fruits - contain vitamin C like oranges, pamegranates,straw-berries and raspberries.
- Garliec - contains allicin, a compound that fights bacteria and infection.
- Yogurt contains probiotics - probiotics keep the digestive system free from disease causing germs.
- A cold glass of water -it fights infection and illness.

Teach your kids to wash their hands:

- Before and after each meal.
- After touching dirt, garbage, animals or another person.
- After sneezing, coughing, blowing their nose.

Ensure that your kids always wash their hands with soap and water for at least 30 seconds.

Let's have fun....



s	t	e	t	h	o	s	c	o	p	e
w	i	r	u	p	a	z	s	n	b	m
e	s	y	r	i	n	g	e	j	a	e
d	v	g	t	l	a	h	m	p	m	p
o	i	f	m	l	g	o	i	y	b	l
c	r	d	a	p	k	z	x	k	u	a
t	u	h	o	s	p	i	t	a	l	s
o	s	l	k	n	l	a	u	o	a	t
r	q	m	a	s	k	t	r	l	n	e
v	x	c	i	p	c	l	e	h	c	r
t	h	e	r	m	o	m	e	t	e	r

"It's time to have fun, grab your pencils."



Hope you will find all the words in our word search game.

Find 5 differences.

Give our Mia the bee some colour.



OWNING A PET



“A PET COMES WITH RESPONSIBILITY”

YOUR PET YOUR RESPONSIBILITY

Remember this before you ask for a pet. If you want a pet it will be your responsibility to feed them, clean after them, play with them and to groom them.

Having a pet comes with responsibilaty. Most of the time the children wants a pet and then it become mom’s responsibility but the everybody in the house just love the pet and nobody except mom take care of the pet.

If you really want a pet, make sure you will be responsible for it. Choose a pet like a bird in a cadge, or a fish in a bowl they will require little work.
Cats are easy pets to take care off, mostley they want to eat and sleep.

If you choose a pet, everyone in the family must feel comfortable with the pet. It’s a lifetime comitment you make to take care of the pet.
Wishing you all the best in taking care of your pet.

“Learn your children how to save money.”

As a parent you want the best for your children. This doesn’t necessarily mean you want them to have the best clothes, the latest toys or coolest gadgets. Most likely, it means you want them to be safe and secure and you want to lay a foundation they can build upon to do well in life.

The question, then, is whether you’re teaching your children a key lesson that will impact whether they do well. That lesson is about money.

Children at the age of seven will understand if your learn them the value of money. Explain what money is and how it is used.
Make purchases with cash, so they can see what you buy, pay and the change that you get.

Create opportunities to earn money. Kids need to have money of their own so they can learn how to make decisions about using it.

An allowance can accomplish that. However, you should consider giving them odd jobs to do for them to earn their allowance. Just about everyone values money they earn differently than money they receive.

Let them full-up the little piggy.



- Start with the basic at a young age.
- Create opportunities to earn money
- Help kids to make smart spending decisions.
- Teach kids how their money can grow.

FULL-UP YOUR LITTLE PIGGY

Learn your children from a young age to save money. Make them excited to save open a bank account for them. Learn them if you don’t need something, then you simply don’t buy it.





1. SOP

Sop is baie gesond en heerlik in die winter saam met 'n broodjie. So kry hulle groente in.

2. VRUGTE

Hou jou kind gesond die winter met vitamin C en baie vrugte.

3. HOT CHOC

Heerlike warm Hot Chocolate by maar 'n treffer, kinders is gek daar oor.

4. PIZZA

Wie hou nie van Pizza nie - oud en jonk is lief daarvoor. Maklik om saam skool toe te stuur.

5. SPEK TERTJIES

Spek tertjies vir die kosblik, sit jou kleinding se gunsteling vulsel in.



KOS VIR KINDERS

HEERLIKE KOS VIR JOU KLEINDING





Dit is baie belangrik dat jou kleinding genoeg eet gedurende die winter tydperk. Probeer soveel groente en vrugte gee om te eet. Vermy lekkergoed - suiker maak die immienstelsel swak.

Daar is niks so lekker as om te sien hoe jou kinders hulle kos geniet nie.

Maak vir hulle die kos interressant soos bv pizza gesiggies laat hulle jou help.
In sop kan jy baie groente verdoesel veral as jou kleinding nie van groente hou nie.

Ek hoop hulle hou van vrugte, want ek is versot op vrugte, jy kan heerlike vrugte drankies, of vrugte stokkies maak.
Selfs 'n lou warm melk met 'n bietjie kaneel net voor slaaptyd.

Die skool kosblik bly 'n uitdaging. Daar om kan jy heerlike spek terjies maak in 'n muffin pan - die kinders hou baie daarvan selfs ham en kaas happies die moontlikhede is eindeloos.

Hoop hierdie paar idees help - soms vergeet 'n mens net van die idees.

Eet lekker en bly gesond.

KIDS WINTER FASHION



With the winter approtching make sure that your children have warm clothes for the winter.
Before buying anything first see what winter clothes they have and what they can still use.
That way you will not spend unnessacery money.



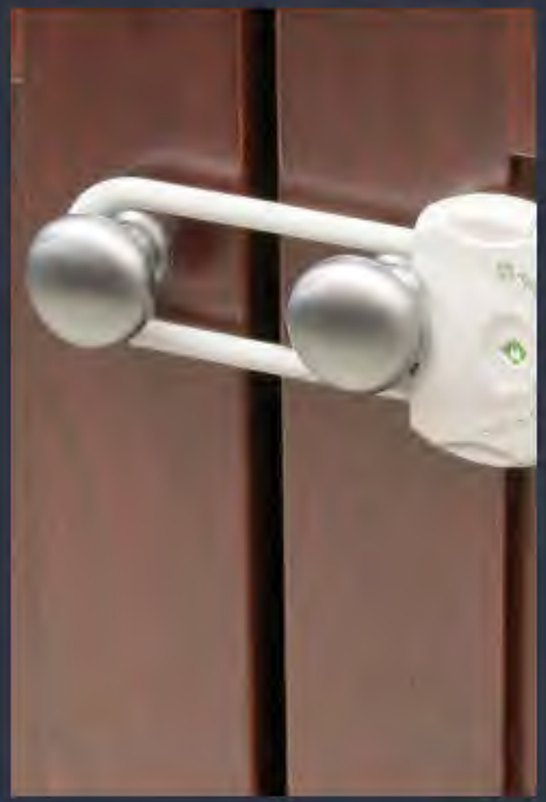


Always buy kids clothing that you can mix and match that way you don't need to buy alot of clothing









When your little one starts to crawl and walk, it's an exciting time that shows baby is healthy and getting stronger.
But this exciting time can quikly lead to all kind of dangers if your home is not childproof.

This is how to create a safe enviroment for a curious, exploring toddler.

Get safety locks to lock all cupboards and very important safety plugs.



HOW TO CHILDPROOF YOUR HOME

KITCHEN:

There are dangerous poisons like drain cleaner, bleach and other detergents in the kitchen area usually stored under the kitchen sink. Toddlers also love to watch and imitate what mom is doing, like reaching out to the stove and fiddling with pot.

- Roll up or remove tablecloths because little ones grab onto these to balance.
- Store cleaning products in the top cupboards away from your child's reach.
- Store sharp utensils out of reach or in locked drawer.
- When cooking, use the plates at the back of the stove - so Baby can't reach out and grab hot pots.
- Turn pot handles to face the back of the stove.
- Never leave applaince cables dangling for Baby to pull on.

BATHROOM:

Most children love water but this bath time joy has potential to be a deadly force - a child can drown in water as little as 4cm deep.

- Keep the toilet shut at all times.
- Keep buckets empty or thightly shut.
- Keep the bathtub empty.
- Close taps tightly.
- Never leave your little one unattended in a bath.



A childproof home means your little one can safely explore without getting into serious danger.
Make sure your home is childproof.

MAGAZINE

The look



JUNE - NEXT ISSUE:

Good night sleep / House rules / Kids birthday party's / Bedroom décor for chidrens room.