Top Vibe Online KIDS Magazine

Issue 22
2020

Mother's DAY

How to keep everyone entertained during the lock down



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Top Vibe Kids Magazine



Note from the Editor's desk - Charmaine

Hallo our little readers,

I, wonder what you guys are up to. With this virus going on and nobody is allowed to go outside.

This can't not be a good experience, been in the house the hole day. There is nothing that we can do about it, we just need to stay home and be safe.

Take the time to spend it with everybody in the house. Do things together as a family. Tidy up your closets and your room, its time to throw out the stuff that you don't need anymore. Please don't throw it away, put it in a bag and give it to the Charms of Hope Foundation.

We will donate it to less fortunate children in the Vaal.

We have something exiting coming up in May month.

Mothers day s the 10th of May. We have some great ideas on page 6 for you to spoil mom on this special day.

Use the time you have to make her something beautiful, while you busy remember to make something for Dad because Fathers Day is in June.

Now you little once have something to do. You can also use our colour in pictures as a gift.

Have fun and remember to clean up after yourself. Don't let Mom do all the work, help her and Dad in and around the house.

Do things together as a family.

Take care, be cool and please stay home so that you can be safe.

Take care till next month.
Love Auntie Charms





Top Vibe
Online KIDS Magazine

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Please write to us or contact us to share your opinion, ideas & comments. Charms P. O. Box 60130 Vaalpark 1948 or by E-mail: admin@topvibe.co.za

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HELP US SUPPORT THE WOMEN IN OUR COMMUNITY

Together, we can help make this world a better place for everyone

(Can be a old hand-bag that you don't use anymore)

CHARMS OF HOPE FOUNDATION

DONATE A HANDBAG WITH ANY GOODIES THAT YOU THINK A WOMEN NEEDS

For Example:
-perfume
-shampoo & conditioner
-soap
-something sweet
-under arm roll
-anything that you can think of that a women would appreciate

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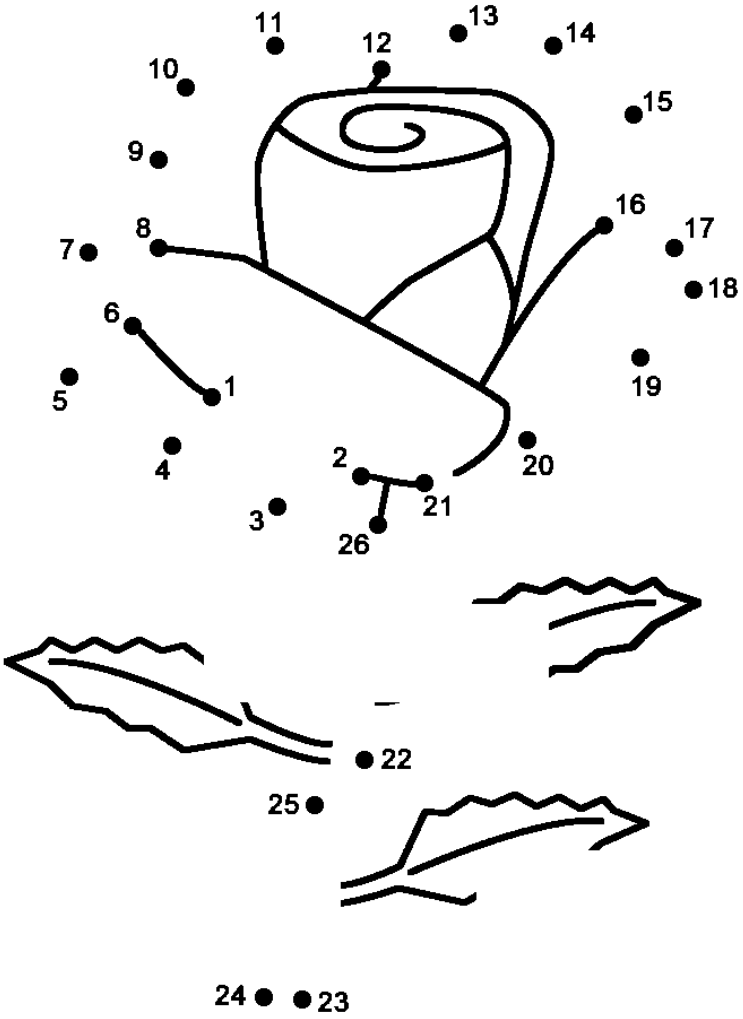
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Mom look here?















Spoil MOM on Mother's Day

The first special woman in almost everyone's life is their mother. So this Mother's Day, show how much you appreciate all she's done for you by particularly acknowledging this important day.



One of the most important things to do on Mother's Day is treat your mom with the kindness and courtesy she deserves. Here are several things to do for Mother's Day to help you make this one the best she's ever had.

Grow Your Relationship:
Bringing a lush Mother's Day bouquet beautifully arranged in a vase adds to the sweetness of the day. Take it to the next level by helping her start, cultivate, and nurture her garden. It'll be one of the best ways to grow your love for one another.

Add to her garden. Give her a new flower, plant, or tree to add to her garden. If your mother is an outdoorsy gardening type, she'll cherish a new rose bush, shrub, or tree that will grow and remind her of her children.
Design an herb garden. If your mom enjoys cooking, she'll love an outdoor or indoor herb garden. Label each herb and include instructions on how to care for them.
Give Her a Special Experience
Whatever your budget, you can create a one-of-a-kind experience that your mom will never forget. Experiential gifts are some of the best ways to make new memories.

Plan a getaway. Help your mom get away for a few days. Even if you can't join in on the fun, she'll appreciate your thoughtfulness. Cover all expenses and gratuities so there are no unexpected expenses.
Book a spa day. She took care of everyone else, now it's time for her to be pampered at a local day spa. She can have several services, including a hair style, massage, and manicure and pedicure. Remember to include a tip when you book the gift.
Cook a special meal. Make your mom's favorite and most decadent meal for her, including a dessert. She'll appreciate the thoughtful and most delicious gesture.

Choose a Gift With Meaning
When it comes to choosing a gift for Mother's Day, you'll likely be bombarded with ideas. Here are a few classic, but meaningful gifts that say you love your mom.

Design a collage. Put together a collage of photos from your family's past so she can enjoy reminiscing about her life.
Write a heartfelt thank you. Put together a list of things you learned from her over the years. Or, write a thank you note, letting her know how you feel about all she's done for you and your family throughout the years.
Make a slide show or video. Create a positive show of visual memories that will make her laugh and cry.
Monogram an item. Give her an item, such as a scarf, with her name on.

HOW TO KEEP EVERYONE ENTERTAINED DURING THE LOCKDOWN

South Africa is currently in a 21-day lockdown due to the Coronavirus (COVID-19) pandemic. We may feel overwhelmed, scared or uncertain about what lies ahead. We are also adjusting to new working from home (if we can), as well as keeping our kids safe and entertained while having to stay contained.

While we're all staying at home, working towards flattening the curve of the outbreak to help our healthcare system cope with the COVID-19 pandemic in South Africa, cabin fever may kick in.

We've compiled a list of activities to help you keep the cabin fever at bay while you're doing your bit to help keep your fellow South Africans safe.

For the kids:
Even though it would have been school holidays now, our kids need entertainment and stimulation while we are all home. Juggling taking care of your children with working from home can be stressful for parents and children alike. We also need to make sure that our kids keep to a routine to help them ease back into school when it starts again.

To make sure our littlies are entrained and stimulated, you can plan out some fun activities:

1. Set up a timetable for each day.

Ask your kids what they would like to do the next, and draw up a timetable. This way, it gives them a sense of autonomy. But do remember to suggest some balance as well with some structured or chosen activities.



Here's an example of a timetable from justmamma.com:

Breakfast
Chore time
The main activity of the day
Mid-Morning Snack
Free play
Lunch
Nap time / Quiet time
Outdoor play
Mid-afternoon snack
Screen time
Fitness Fun
Dinner / Bath Time / Bedtime
2. Get the kids to help out with chores.

Of course, chores need to be age-appropriate, but everyone in the house can chip in and do their part. Here are some chore ideas:

Putting toys and books away every day
Help to feed pets
Helping with laundry, like sorting out the clothing
Making their bed
Water the plants
Setting the table for dinner

Help to prepare lunch or dinner
Help to pack away the dishes after a meal
Help to pack away groceries
You can also reward chores with a kind of currency that they can spend on "luxury" snacks (like perhaps chocolate or some crisps) in mom's tuckshop.

Looking for Models for your event?





Photographer:Cara Prinsloo @carakiekie
Makeup: Janca Erasmus @plum.discoverbeauty
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give me colour





R120 set of 3

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Please be kind and support this drive to raise munch needed funds for "3 Homes of Hope" for with 50+ orphanage children.

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Call: 072 768 8582

To



Dignity Dreams



In disadvantage households struggling to survive the decision whether to buy a bread or a sanitary pad to manage a young girl's period is commonly made.
More often than not, the stomach wins.
Girls often resort to unhealthy alternatives such as old socks, newspapers ect just to be able to attend school.

1 WASHABLE PAD = 144 DISPOSABLE PADS
ONE WASHABLE PAD CAN MAKE A DIFFERENCE
R250 for one washable pad that will last 4 years

With the crowning of 2014 winner the beautiful Janet Potgieter, came new opportunities, dynamics and movement to give dignity back. "Think about what you will say to someone if you can't give then hope." The truth behind these came back to haunt Janet when she stood between 42 000 people in *Bulengo Displacement Camp in North - Kivu in the Eastern Democratic Republic of the Congo*, a mere 6 weeks after won this prestigious title.

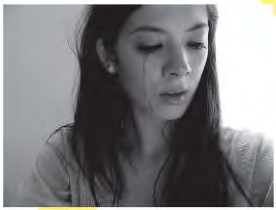
Meeting extraordinary women in horrific circumstances, she learnt that you CAN GIVE SOMEONE AT LEAST THEIR DIGNITY BACK.
Let's stand together and get INVOLVED in making a difference in someone's life and give back their dignity.

By donating you can keep a girl child in school during menstrual cycles for up to 4 years.

A section 18A will be issued to you for the total amount.

Please contact for the Vaaltriangle area:

Mrs SA Globe 2019 Erika Breytenbach - 072 777 2861 or Charmaine Britz 072 768 8582



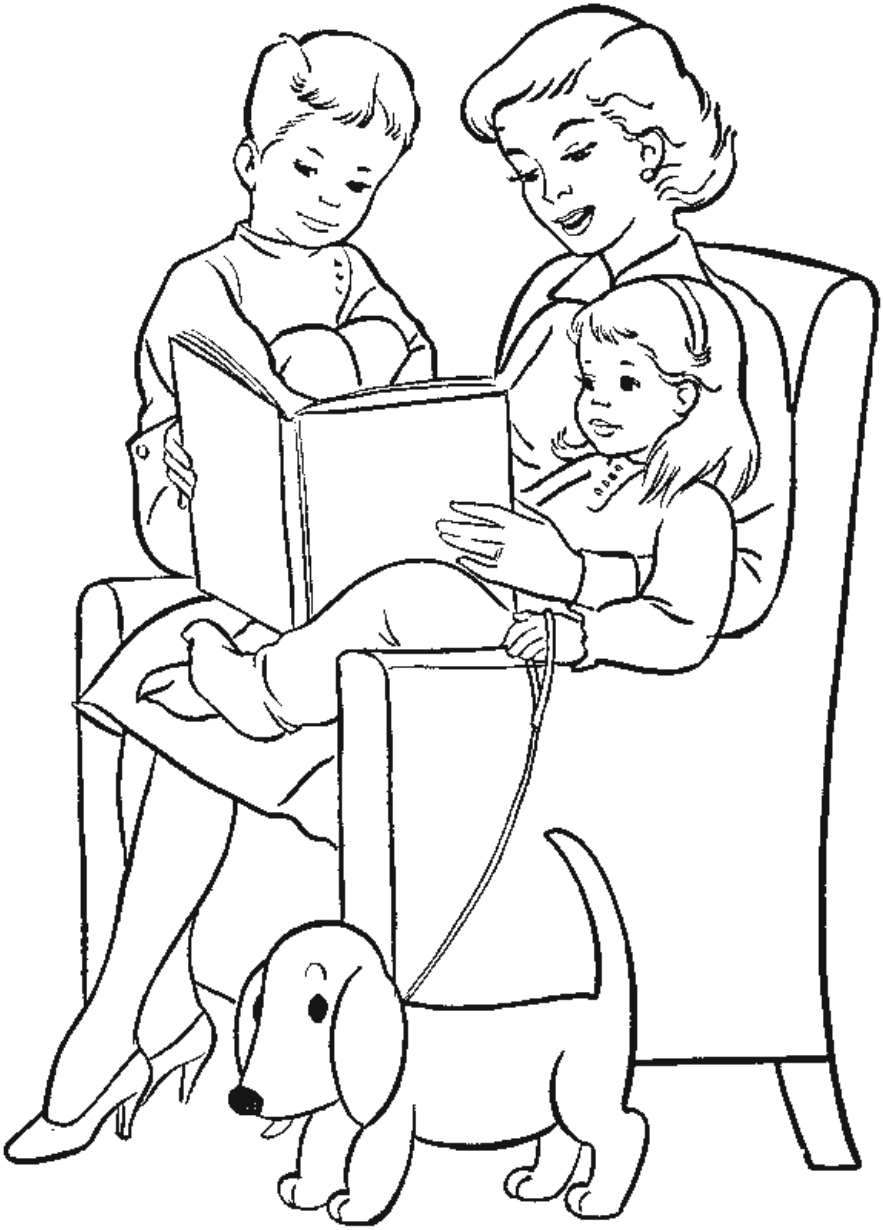
1 x WASHABLE PAD = 144 DISPOSABLE PADS

1 x WASHABLE PAD CAN MAKE A DIFFERENCE

R250 for one washable pad that will last 4 years



give me colour / kleur my in



PLEASE SUPPORT OUR PROJECTS FOR 2020



