Top Vibe

Kids Magazine

ONLINE

June Issue 35
2021

House Rules

Happy Fathers Day

Cover page Model

Casey-Lee Van Vuuren

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Top Vibe
ONLINE
Kids Magazine

COMMENTS:

Please send us an e-mail to admin@topvibe.co.za to share your opinion, ideas and comments.

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MEDIA HOUSE:
TOP VIBE MAGAZINE
TOP VIBE KIDS MAGAZINE
GLAMOUR TALK MAGAZINE
50+ MAGAZINE / TYDSKRIF

1.

MEDIA HOUSE:
Our Cover page and Back page will go to children posting their photos on our Facebook page.

2.

Good night sleep:
Help your children to have a good night sleep. It is important for children to get a good night sleep especially in the winter time.

3.

House Rules:

Do you have house rules in your house?
It is important to have house rules for children.

4.

Décor for your childs bedroom:

Planning the décor for your childs bedroom, we have a few ideas to help you.



REGULARS

1. EDITORS NOTE 03

Charmaine Britz CEO - MEDIA HOUSE
Top Vibe Magazine / Top Vibe Kids Magazine, Glamour Talk Magazine and 50+ Magazine/ Tydskrif.

2. AMBASSADORS 04

Top Vibe Kids Ambassadors: Dillan Dé Paiva and Etienne Joshep is our two partners in crime…. And Chanel need to keep a watchful eye over them

3. IT'S FUN TIME 08

We at Top Vibe Kids Magazine try to keep you busy with fun things to do. Hope you enjoy!

4. MODEL COVER PAGE 01

Our Cover page model: Casey-Lee Van Vuuren, she is 5 years old from Vanderbijlpark. Photo provided

5. MODEL BACK PAGE 20

Back page model - Zan'e Britz 5 years old from Vanderbijlpark. Photo provided



Photographer: Albertus Kriel
Venue: Turn 'n Tender - Vaal mall

EDITORS NOTE

I am looking forward to the months to come to bring out a magazine every month for you, our readers to enjoy.

Thank you Albertus Kriel for my Editors photos and to Turn 'n Tender Vaal mall for the Venue. It was fun working with Albertus.

With the ongoing Covid-19 we need to be extra careful and make sure to wear our masks and sanitise our hands. The approaching winter isn't making it easier.

I, myself got the flue, hopefully it will pass soon.

But on a positive note we will be looking for cover and back page models on our Facebook page.
Follow us on Facebook and to download the magazine go to www.topvibe.co.za

Take care till next month
Love

Charms

AMBASSADORS



• CHANEL RAUTENBACH

Teen beauty tips

Best way to use Vaseline:

- Before coloring your hair, apply on you hairline to avoid staining your skin.
- Use Vaseline as a brow gel to keep your brows in place all day long.
- Mix Vasiline and Vicks to remove dry, skin under your Feet.

Remember to look beyond the imperfection.

Have fun, love Chanel

Beauty tips for Teenagers:

Here is a few tips, I'd like to share feel free to try them out.

Iceing of the face:

Rap ice cubes in a cloth.
Place gently on your face and rub it over your face in a upward motion.
Apply for 15 min.

The benefit you may ask?

- **Boost your blood circulation**
- **Minimize pores**
- **Ease acne**
- **Instant glow**



• ETIENNE JOSEPH



HAPPY FATHER'S DAY





• DILLAN Dé PAIVA



Good night, sleep tight .



SLEEP

SPECIAL EDITON

Winter is around the corner and unfortunately, so is the cold and flu season. While winter should be a time for sipping on hot coco.
It is often overtaken by germs, infections, and illnesses.

Since children are especially pron to illness, you'll need to take extra steps to keep your kids healthy this winter.

We've compiled a list of tips that can boost your kids immune system this winter - use them to make this season a little more merry and bright.

The stronger your child's immune system is going into cold and flu season, the better. The best way to boost their immune system is with vitamins and nutriets - rich foods .

MAKE SURE YOUR CHILD GO TO BED AT THE SAME TIME

Make sure that your child go to bed at the same time every night.
Over weekends they can stay up a little bit longer.



Some tips to stay healthy This winter.

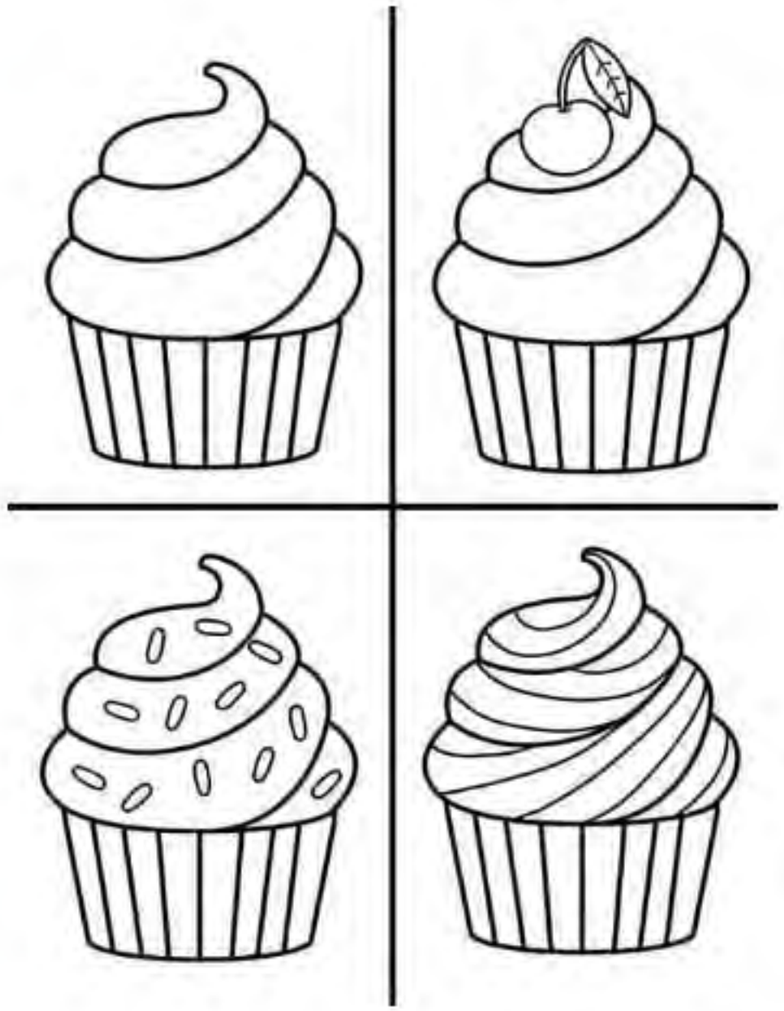
- Fruits - contain vitamin C like oranges, pamegranates,straw-berries and raspberries.
- Garliec - contains allicin, a compound that fights bacteria and infection.
- Yogurt contains probiot-ics - probiotics keep the digestive system free from disease causing germs.
- A cold glass of water -it fights infection and illness.

Teach your kids to wash their hands:

- Before and after each meal.
- After touching dirt, garbage, animals or another person.
- After sneezing, coughing, blowing their nose.

Ensure that your kids always

Let's have fun....



"It's time to have fun, grab your pencils."

New book

"My family of SUPER HERO'S





Skrywer: Zinhle T. Matthews



"Elke kind ongeag van sy geslag of ras, gaan homself soms in situasies bevind wat sy selfvertroue en moed uitdaag," sê die skrywer Zinhle T. Matthews.

Sal dit nie wonderlik wees as ons kinders kan toerus met die on-feilbare tegniek waarmee hulle vir die res van hulle lewens hierdie omstandighede kan hanteer nie?

Die boek word amptelik op 24 May bekendgestel.

Hierdie boek is 'n moet vir jou kinders se boekrak.

Geniet hierdie boek en word jou eie Super Hero saam met jou family.

Lekker Lees!!

HOUSE RULES



Say please and Thank you!

No fighting, bitting, scratching or Spitting.

No shouting indoors

No hateful words

Listen and respond

Take turns to talk

Remember we LOVE each other.

No running or kicking a ball in the house.

Do not walk with food - sit at a table and eat.

Keep your bedroom clean, pack away your toys.

NO means NO - don’t ask again

If there is something wrong talk to mom and dad.

“Do your House have rules?”

HOUSE RULES CAN CHANGE WHEN YOUR CHILDREN GROW OLDER

Don’t make to many rules.
Keep it simple and stick to the rules.
Rules can change according to the childrens age.
Give them some responsibility and hold them accountable.

Make sure everybody understand the rules.
If you don’t obey the rules there is consequences and what is it.











Gift ideas for Father's Day

Some gift ideas for Dad.

Wishing all our Grandfathers, Fathers and Fathers to be, a Happy Fathers day.
May God bless you and may all your dreams come true.

Spoil Dad this Fathers Day 20 June 2021





BLANKET Drive

Collecting **BLANKETS** to warm up the needy this winter.

All blankets to be collected Between 20 May - 6 June 2021



For more information contact
Meriska 083 643 4262
Or Charmaine 072 768 8582

INDOOR KIDS BIRTHDAY PARTY IDEAS



1.



2.

1. Douw and shapes to play with.

2. Paper-cups and a soft ball game.

3. Your own cup cake to decorate.

4. Clipboard with color in pictures and crayons



3.



4.

KIDS WINTER FASHION







STAY WARM THIS WINTER





With the winter approaching make sure that your children have warm clothes for the winter.

Before buying anything, first look at what winter clothes they have and what they can still use.

That way you will not spend unnessacery money.

Always buy kids clothing that you can mix and match that way you don't need to buy alot of clothing.

Keep them warm and safe this winter.



Bedroom for a girl

Always start with a little paint, it changes the room instantly.
Keep some paint just incase you need to do some touch ups.

Choose the furniture that it will last you a life time.
Leave room to add on as the child gets older. - Like a desk and chair for school work.

You can make a big diffirence by changing the curtens and bedding with some accessories for the bedroom. That way you can have a winter an summer look without spending a lot of money.

Put up some shelfs, for toys or books.
Table and chairs, where she can put her dolls when she play.

create toy boxes that can close that way the room will always look tidy.

Always remember saftey first, make sure they can not climb on stuff and fall.

Make sure the bedding is not to light and will not show dirt easy.

Enjoy revamping your childs bedroom.

Bedroom dècor for boys



Boys is all and all a different story.
You need to start with paint but a light grey.

Boys love a theme like spiderman, batman etc, but a theme can make it a bit difficult Try to use something like same or plain dark colors.

Put in a few toy boxes for all their toys. You can always put a ottoman in the room, where he and his friends can play games.

Make a nice book shelf where the books can be reached easy. Even a shelf where he can put his toy cars.

If your child love soft toys put a nice basket in the bedroom for all the soft toys, you can keep one on the bed.

Be careful not to clutter the bedroom remember your child need to play in the room if the weather is bad.

Hope we could help with this ideas.

MAGAZINE



Back page model Zan'e Britz

The look

JULY - NEXT ISSUE:

School holiday's / Saftey come first / Health Issues etc