Top Vibe

Online KIDS Magazine

Issue 6

Back to School

page 7

Happy NEW Year 2019

Mr & Miss Vibes

Entry form page 11

Best Dressed Valentine Photo Competition page 12

Skilar Arujun - page 4





Enter our Mr & Miss Vibes for 2019.Entry forms will be posted on our Facebook





Hallo julle woelwaters,

Die skoolvakansie staan einde se kant toe en daar is nog 'n paar dae oor voor die skool begin.
Vertel ons hoe was die vakansie?
Ek is baie nuuskierig om te weet.
(vra ma om te help).

En dan wil ek weet is jy opgewonde oor die nuwe skool jaar.
Hier by ons was ons druk besig die vakansie met beplanning vir die nuwe jaar wat voorlê.

Ons het lekker kompetisies waaraan julle kan deelneem, skryf sommer vandag nog in, moet dit nie misloop nie.
Onthou, vra vir ma en pa om te help.
Skryf in vir ons *Mr en Mej Vibes*, *Best dressed Valentine*, en ons *inkleur kompetisie.*

Hier is nou jou kans ons lekker prêt te hê saam met ons.
Sien jou volgende maand.
Geseënde nuwe jaar klein mensies.

Liefde Tannie Charms



Morning boy's and girls.

Aunt Stella, is also enjoying a little well deserved holiday. But it's almost over and I'm looking forward to the new year. Remember to play! Good luck with the first school day. Tell us how it was.

Play Therapy is an effective tool in assisting children and families who have experienced any of the following issues:

Social difficulties
Adjustment to separation and divorce
Anger and aggression
Sibling rivalry
Worry and anxiety
Self-esteem and identity issues
Children with learning difficulties
Adjusting to major life changes
Separation distress
Trauma
If you would like to book a session or find out more information, please contact Stella Jansen via email @ admin@stellasplaytherapy.co.za or 060 771 9407
Take care till next month
Love Aunt Stella

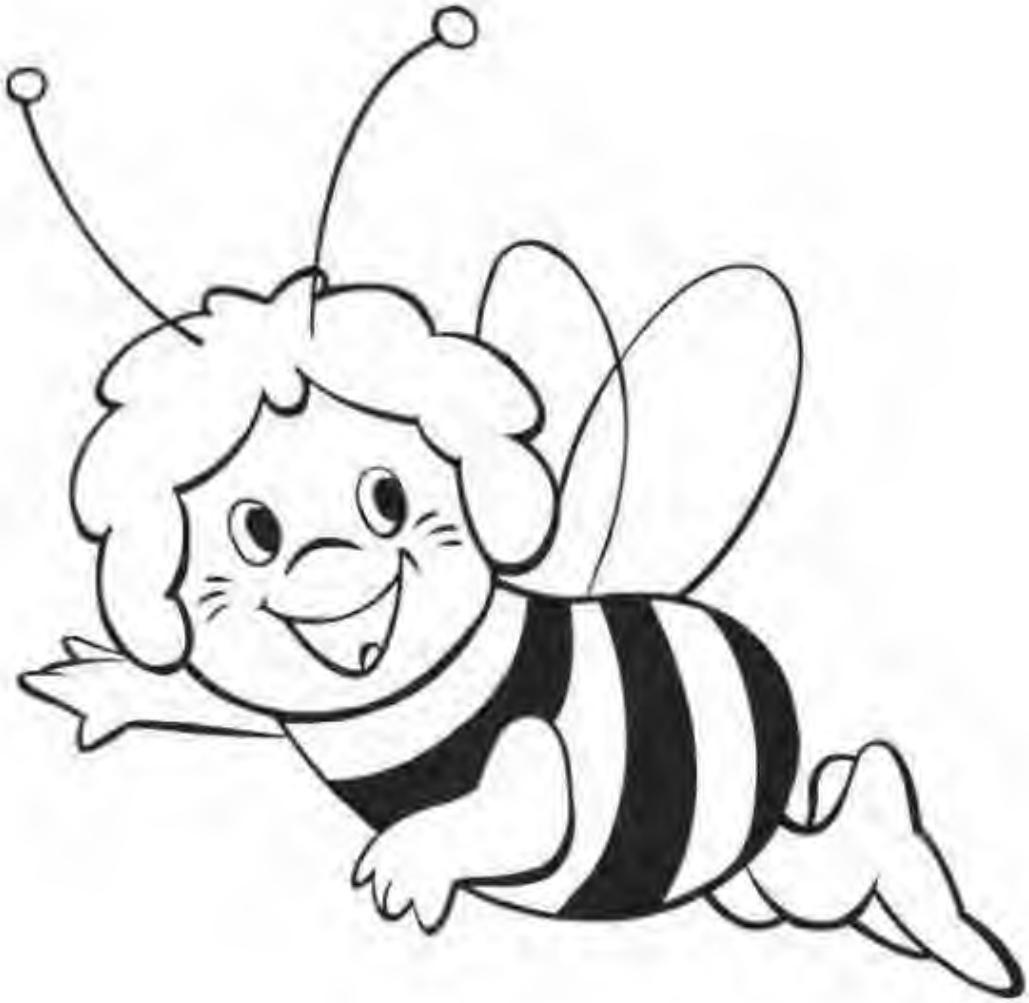
Top Vibe
Online KIDS Magazine
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Comments:
Please write to us or contact us to share your opinion, ideas & comments. Charms P. O. Box 60130 Vaalpark 1948 or by E-mail: admin@topvibe.co.za

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The views of other writers or articles in this Magazine are not necessarily the view of the editor.

give me colour / kleur my in



Cover Page guy

Skilar Arujun

Skilar is just 1 year and seven months old at the time of the entry to be on the cover page.
This handsome little guy knows everything about fashion that is for sure.
He is dressed for success!





Congratulations to our Cover page WINNERS of 2019

Well done to all our cover page winners. We promised you a exciting 2019. We are looking forward to have you on our cover.

We would like to see you be part of our photo competitions that we have.
There is great prizes up for grabs!
See entry form's in the magazine.

10 Ways to teach your children to be greatful

1. Say "Grace" before each meal.
Rather than lose its meaning, gratitude habituated through practice takes residence in the soul. Don't take anything for granted, especially food. "Thanks God," is foundational to the grateful life.

2. Expose them to reality.
Take your kids on mission trips to area where there is a shelter for homeless people. Showing is more powerful than telling.

3. Be grateful parents.
Kids learn from us 24-7—we don't get to choose that. So let's make sure they live with parents who are grateful for what they have, express it frequently, and back that up in the way they live.

4. Do not spoil them.
It's a fact—kids who have more stuff than they need don't even like what they have anymore. When parents help feed the ungrateful habit, we sabotage the growth of grace in our children. Think about it.

5. Make them earn stuff.
When kids miss the natural relationship between work and reward, they also lose the connection between good things and pleasure. It's tough to be grateful when things are acquired unnaturally.

6. Teach them to love God.
God teaches gratitude as a way of life. We can't teach our kids to be grateful without involving the Source of all we are grateful for. - **go to page 6**

Mamma kyk hier?





Back to School 2019

We do Sand Art @ Kids Parties over weekends.

GLITZ & GLAM Costume & Fashion Hire



Lemnos Building, Christiaan de Wet Street, S.E.1, Vanderbijlpark.

Contact: Amorie 082 940 9209

Extra Class



* Early Development Classes
* Afrikaanse Klasse Gr 1-12
* Math Classes Gr R-7
* English Classes Gr R-12

Contact Us:
Isabel Vosloo - 082 923 4310
isabel.vosloo04@gmail.com

Facebook:
Sasolburg Extra Classes





Droë Vrugte / Dry Friut

Charmaine 072 768 8582



Stuur 'n e-pos na charmaine@topvibe.co.za
Ek stuur 'n pryslys en bestelvorm.

10 Ways to teach your children to be greatful

7. Make sure they sometimes don't get what they want.
You're the dad, you're allowed to manipulate the playing deck for a good cause. Make sure—once in a while—the kids don't get the cheese.

8. Teach them to serve others.
Drive a weekly "Meals-on-Wheels" route together; serve the homeless; organize a gift drive; share with those who have nothing.

9. Teach them to be generous.
This is the next step. Generosity is not passing along our leftovers. Generosity is giving on a sacrificial level. Real generosity costs something. Real generosity is a huge step toward gratitude.

9. Teach them to be generous.
This is the next step. Generosity is not passing along our leftovers. Generosity is giving on a sacrificial level. Real generosity costs something. Real generosity is a huge step toward gratitude.

10. Never bail them out of responsibility.
When children are not allowed to own the consequences of their decisions or actions, they bypass fundamental lessons and fail to understand the reason for gratitude. If we think the lessons are too hard, they will never fully understand.

To advertise call Charmaine @ 072 768 8582

Rus in Vrede KARLA

Ons sal jou nooit vergeet nie



Bestel 1 sleutelhouer met twee name op vir R30 ons gee R20 vir Karla (1x stel **Jou naam** en **Karla** se naam om te wys dat jy Karla ondersteun) Ons vra steeds vir julle ondersteuning vir enige uitstaande mediese kostes.

Bestellings kan geplaas word by:
Tanya 082 726 8460 WhatsApp (TMOD 3D Printing)

Top Vibe Online KIDS Magazine **ondersteun die projek!**



Enjoy the last few days before the school starts

We are into 2019, which also means it's back to school for the littlest members of the family. Enjoy the last few days before the school starts.
With just a week or two to go, the kids might be feeling just a little anxious. The change in a child's usual environment; in this case a new school – pre-primary, primary and high school, and even moving onto the next grade, mean kids find it daunting and stressful to adapt.
But you're in luck! If the entire family's feeling a little nervous and on edge about starting anew, Bush has a few tips and tricks to bring calm to the remainder of your holiday. And best of all, it involves quality time and family bonding.

"Parent-child interaction has a calming effect on kids and helps to minimise stress. It means bonding as a family, which also acts as a channel of support for children, they feel safe and secure and are reminded that mom and dad are there for them every step of the way."
We recommends a few entertaining games fit for the whole family, such as cricket, soccer and even hopscotch.

So the summer holiday doesn't have to end just yet!
Here are a few other things to consider and games to play it has a calming effect on kids and helps to minimise stress. A few of the games we recommends includes:
Board games, Bikes and scooters
Lego.

The benefits of sensopathic play:
"Mom and dad, haul out all sorts of games and toys and let them play to their heart's content. It does wonders."



Game in classrooms: These African board games should be introduced into the classroom.

Movement matters.
We suggests the following fun, interactive movement games like Rough and tumble, Hide and seek. children don't get enough exercise.

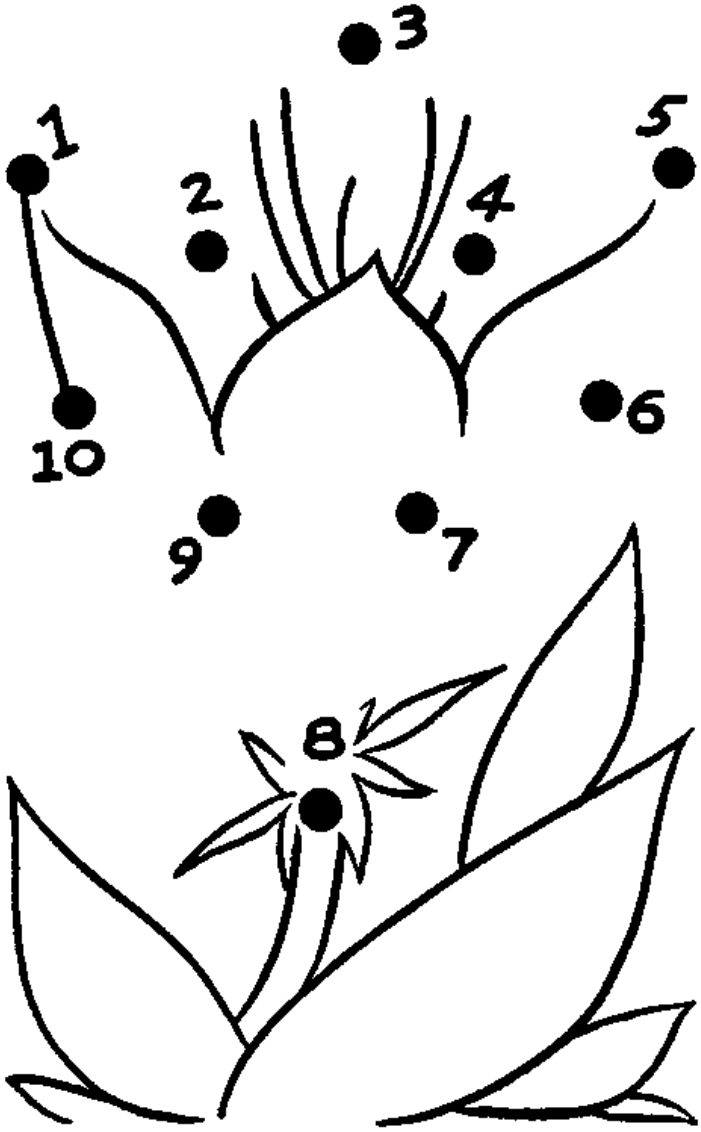
Approach the first day of school:
Try and make things a little easier on the kids so that they can ease into a routine and feel comfortable again.

The drop-off deal
If children are more anxious with one parent than with the other, simply swap drop-off roles and "don't feel guilty about it". Bush advises parents to be flexible and adaptable.
In time, and before you know, the kids, and you, will start feeling a little less tense. And if it doesn't happen immediately, in time, we're sure it will.

Essential Tips to Help Kids Settle Into a New School:
Visit the school first. If possible, before the first day of school begins
Take a tour of the school with your child
Make sure they know the route to and back from school if they walk.
Pack a special lunch box.
Talk to them ask how there day went.

Enjoy your fist school day.

Join the dot's





give me colour / kleur my in

Fashion Tips



Girls "Light" Casual wardrobe

Mix and Match

What does it include?

6 Tops
4 Bottoms
2 Dresses
1 Hoody



Spring / Summer



Boys "Neutral" Casual wardrobe

Mix and Match

What does it include?

6 Tops
5 Bottoms
1 Hoody



PHOTO COMPETITION:

HOSTED BY: Top Vibe Online KIDS Magazine

Charmaine 072 768 8582

Closing date:
09 February 2019

AGE CATEGORIES

0 - 1 2 - 3

4 - 5 6 - 9

Boys and Girls

PRIZES TO BE WON

Gift Hampers to the value of R400 Sash and Tiaras

Bank details:

Capitec Bank
Acc 1355 32 8487
Ref: Mr & Miss Vibes
Entry Free R150

Send proof of payment together with the photo and entry form to admin@topvibe.co.za

JUDGES

4 Independent Celebrity Judges

Judges decision is final and NO correspondence will be entered into thereafter.

Winner Announcement
14 February 2019

ENTRY FORM:

Name and Surname parent/ guardian: ----------

Name & Surname of the contestant: ----------

Age:------- Boy/Girl:------- Contact Nr:----------

E-mail Address:----------

Competition Rules:

1. Entry fees must be deposited into bank account.
2. Proof of payment, entry form and 2 x photos must be e-mailed to admin@topvibe.co.za
3. NO unpaid entries will be judged.
4. Entry fees are not refundable.
5. NO LATE ENTRIES.
6. Organisers has the right to change categories depending on entries.
7. Judges decision will be announced in 14 February 2019.

Photo of the Winners will be in the Top Vibe Kids Magazine and all social media platforms.

SPONSORS: Swimkidz 016 932 1279, Kiddie Hair Cut 072 703 4319, Roodia Pharmacy 016 971 2137 Fastway Couriers, 016 100 0050 and Ocean Basket VDB 016 932 3194

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KIDDIES CUT FAMILY HAIR SALON
072 703 4319

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016 971 2137

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016 100 0050

OceanBasket OB
016 932 3149

Upcoming Vibe Kids events 2019

- **COVER PAGE WINNERS**
- **Best dressed Valentine photo competition.**
- **New colour in Competitions.**
- **Mr & Miss Vibes photo competition.**
- **Easter Bunny (visiting pre-schools)**

Winter Fun program will start in May.

We will keep you informed, don't miss out on any fun that we have!

Follow us on Facebook, invite your Facebook FRIENDS to like and share our page!



Editor Charmaine 072 768 8582
E-mail admin@topvibe.co.za

Wishing you and your family a Blessed 2019, may all your dreams come true.. Make the best of the New year.



Sub-Editor Stella 060 771 9407
E-mail admin@topvibe.co.za

Positive Positive Positive Positive



PHOTO COMPETITION:

Best Dressed Valentine Competition

ENTRY FORM:
Name and Surname parent/ guardian: ----------

Name & Surname of the contestant: ----------

Age:------ Boy/Girl:------ Contact Nr:----------

E-mail Address:----------

AGE CATEGORIES
4 - 3 6 0
Boys and Girls

Love to dress up?

HOSTED BY:
Top Vibe Magazine

Bank details:
Capitec Bank:
Acc 1355 32 8487
Ref: Valentine Comp
Entry Free R100

AGE CATEGORIES
10 - 12 13-15
Boys and Girls

Closing date:
22 February 2019

Competition Rules:

1. Entry fees must be deposited into bank account.
2. Proof of payment, entry form and 1 x photos must be e-mailed to admin@topvibe.co.za
3. Only complete entries will be judged.
4. Entry fees are non refundable.
5. Age is the only limit.
6. Organisers have the right to change categories depending on entries.
7. Judges decision will be announced on 25 February 2019.

Photos of the Winners will be in the Top Vibe Kids Magazine and on social media platforms.

Queen Basket
Vanderbijlpark 016 [illegible] 3149

OB

For all your property needs
Elmarie Malan
084 578 7278
Property Direct