Top Vibe Online KIDS Magazine

Issue 19
2020



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Top Vibe Kids Magazine



Redakteurs nota

Charms

Liewe maatjies,

Die eerste maand van die nuwe jaar is al verby. Tyd gaan darm gou verby. Julle het nou al lekker julle voete gevind in die skool. Atletiek en rugby het nou begin, en julle maatjie is nou baie besig.

Ag dit is so lekker om terug by die skool te wees. Baie maatjies en so baie nuwe dinge om te leer.

Die skool maak mens so slim. Gelukkig help ons tydskrif jou om lekker te ontspan by die huis met ons inkleur prentjies.

Verras mamma met 'n mooi inkeur prentjie en vra mamma ons dit teen die yskas vas te sit. Ouma sal ook van 'n mooi prentjie hou.

Is daar van julle maartjies wat dalk by 'n model skool wil aansluit?

Vra bietjie vir mamma om op bladsy 8 te kyk.

Models Unlimited is vir oud en jonk en dit is baie pret om by aan te sluit.
Jy sal dit geniet.

Na ja, maatjies julle is ook so besig, ek verstaan maar maak tyd om die tydskrif te lees.



Top Vibe
Online KIDS Magazine

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COVER-PAGE 2020

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Mom look here?

















Make reading a part of every day. Try to read to your child for at least 15 minutes each day. ...
Hold your child while you read. Sit with your child on your lap as you read. ...
Read with fun in your voice. ...
Know when to stop. ...
Talk about the pictures. ...
Show your child the words.

From birth, babies and children are gathering skills they'll use in reading. The years between ages 3 and 5 are critical to reading growth, and some 5-year-olds are already in kindergarten. The best way to instill a love for and interest in reading is to simply read to your child.And yet, many parents don

At kindergarten, plan to spend a minimum of 20 minutes daily reading aloud to your child. At 1st grade, stretch the time to 30 minutes, and once your child is beginning to read on her own, use some of the time to listen to her read.

Activities with Short, Easy Reader Books
Book choice. Let your child choose their own books. ...
Tracking. Follow the words you or your child reads with a finger or reading pointer.
Reread. Children gain confidence and skill by reading familiar books more than once. ...
Take turns. ...
Write. ...
Background knowledge. ...
Add in tech.





BED TIME STORIES

5 Ways to Care for Your Hands

Like your face, your hands function as bridges to the world. You shake hands when you meet or greet someone for the first time and when you seal a deal. Your hands express your affection to those you love. They soothe sad children and those suffering from illness. Maybe you "talk" with yours. In any case, whenever you're interacting with others, your hands will probably spend some time in the spotlight.

The problem is that your hands are also essential tools. You use them for complex maneuvers and lowly chores.

And everyone is always telling you the importance of washing your hands. In the course of a day, your hands are exposed to all sorts of germs, dirt, harsh substances, sunlight and more. To make matters worse, the frequent washing that's designed to keep your hands sanitary also can keep them dry, cracked and wrinkled.

If neglected, your hands' skin may end up needing medical help. That said, your fingernails (and your spirits) might benefit from a professional manicure now and then.

Taking good care of your hands doesn't have to be a major production. There are things you can do every day to help your hands look and feel good. Develop a good routine and give your hands a helping hand.





You've heard it a million times: Washing your hands is the best thing you can do to keep from spreading bacteria, viruses and other nasty things to yourself, and from yourself to others.

Wash your hands frequently. If you make it a practice to wash your hands the right way, their look and feel shouldn't be a casualty of your healthy habits.

Wash your hands

Looking for Models for your event?





Photographer:Cara Prinsloo @carakiekie
Makeup: Janca Erasmus @plum.discoverbeauty
Designer:Milissa @dragonfly_by_m



Modeling School, Acting, Casting
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R120 set of 3

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Charmaine 072 768 8582 OR Erika - Mrs SA Globe 2019 -072 777 2861

Please be kind and support this drive to raise munch needed funds for "3 Homes of Hope" for with 50+ orphanage children.

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Dignity Dreams



In disadvantage households struggling to survive the decision whether to buy a bread or a sanitary pad to manage a young girl's period is commonly made.
More often than not, the stomach wins.
Girls often resort to unhealthy alternatives such as old socks, newspapers ect just to be able to attend school.

1 WASHABLE PAD = 144 DISPOSABLE PADS
ONE WASHABLE PAD CAN MAKE A DIFFERENCE
R250 for one washable pad that will last 4 years

With the crowning of 2014 winner the beautiful Janet Potgieter, came new opportunities, dynamics and movement to give dignity back. "Think about what you will say to someone if you can't give then hope." The truth behind these came back to haunt Janet when she stood between 42 000 people in *Bulengo Displacement Camp in North - Kivu in the Eastern Democratic Republic of the Congo*, a mere 6 weeks after won this prestigious title.

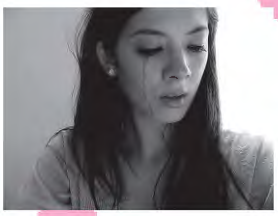
Meeting extraordinary women in horrific circumstances, she learnt that you CAN GIVE SOMEONE AT LEAST THEIR DIGNITY BACK.
Let's stand together and get INVOLVED in making a difference in someone's life and give back their dignity.

By donating you can keep a girl child in school during menstrual cycles for up to 4 years.

A section 18A will be issued to you for the total amount.

Please contact for the Vaaltriangle area:

Mrs SA Globe 2019 Erika Breytenbach - 072 777 2861 or Charmaine Britz 072 768 8582





1 x WASHABLE PAD = 144 DISPOSABLE PADS

1 x WASHABLE PAD CAN MAKE A DIFFERENCE

R250 for one washable pad that will last 4 years

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Please support the Charms of Hope project!
We need cloths, toiletries, food ect
please help us so that we can help others

We need your support

Please donate:
Soap, face cloth
body lotion, toothpaste
any thing would be welcome.

LOVE & CARE PROJECT 2020

Drop off point:

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Cell: 067 821 1440

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Mrs Africa
SHE IS AFRICA