Top Vibe

Online KIDS Magazine

Issue 5

Vakansie kos vir die langpad! BI 4

Please help Karla! - see page 6

Christiaan Vincent Mostert

Geseënde Kersfees / Merry Christmas





Enter our Mr & Miss Vibes for 2019.Entry forms will be posted on our Facebook



Redakteurs Nota..



Liewe maatjies,

Ek is seker julle is vreeslik opgewonde!
Die skool sluit amper dan begin die vakansie en Kersfees lê om die draai.
Wat kan nou lekkerder wees.
Gaan jy dalk see toe of bosveld toe die vakansie?
Dalk gaan jy tuis bly, wat ookal jy die vakansie doen, doen dit saam met ons.

Ons Desember uitgawe het meer inkleur prentjies vir jou om in te kleur. Lekker vakansie kos vir die langpad met speletjies wat julle in die motor kan speel. Belangrik onthou net vir mamma om die tydskrif af te laai van ons webwerf af.
Nou ja maatjies, hoop julle het hard geleer en dat julle goeie rapporte gaan kry.
Baie belangrik onthou om vir Kersvader 'n briefie te stuur waarin jy vir hom vra wat jy graag vir Kersfees wil hê.
Onthou om oukersaand koekies en melk uit te sit vir Kersvader.
Nou moet ek maar groet, geniet julle vakansie, lekker speel, en soet wees. Geseënde Kersfees vir julle. Tannie Charms

Sub-Redakteurs nota..



Hallo julle mooi klein mensies

Die jaar is verby en die vakansie het amper begin.
Is julle so opgewonde soos Tannie Stella?

Gann julle bietjie weg vir die vakansie? Onthou om elke oomblik saam met mamma en pappa te geniet.

Rus nou lekker uit maatjies, want volgende jaar is propvol opwinding ons beplan baie lekker dinge vir julle.

Die maand gesels Tannie Stella bietjie oor kieme. Ek wil julle bietjie bewus maak van kieme.
Vra mamma om vir julle Tannie Stella se stukkie oor Hygiene te lees.

Geseënde Kersfees en voorspoedige nuwe jaar

Tot volgende maand weer

Soet wees. Tannie Stella.

Top Vibe
Online KIDS Magazine

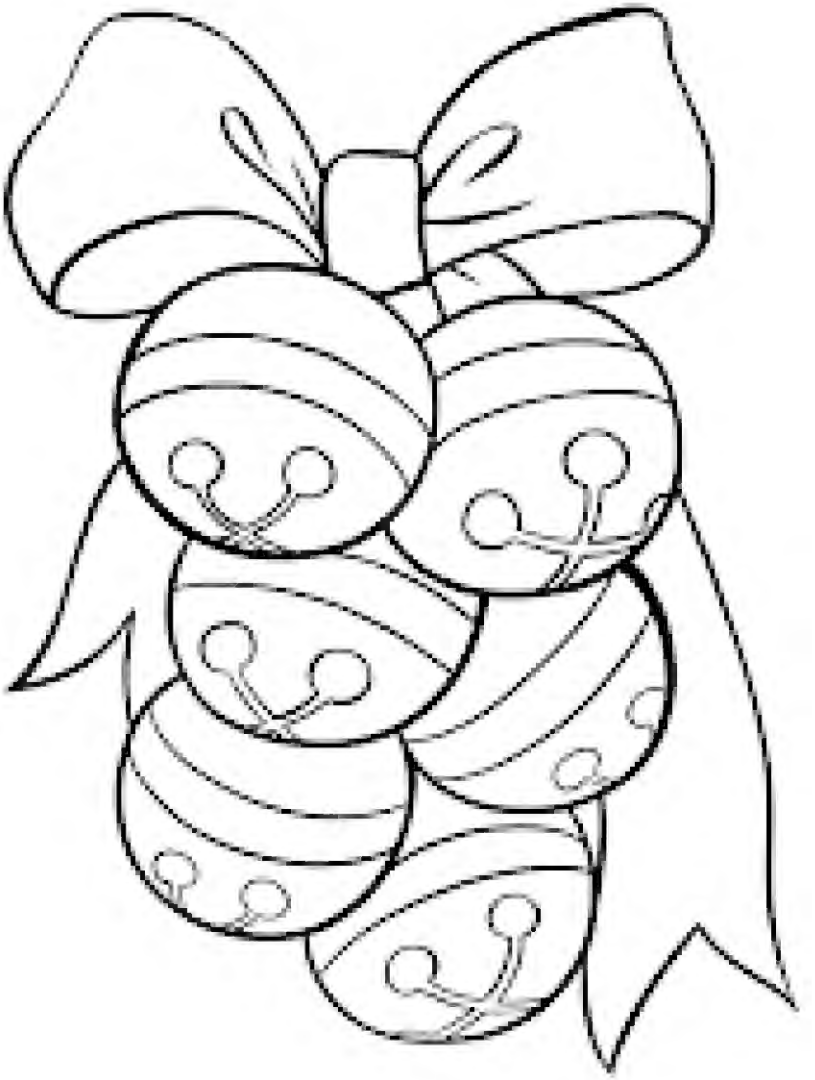
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give me colour / kleur my in



Vakansie kos vir die langpad!

Hoera dit is vakansie tyd!
Hier is nou 'n paar kos idees vir die langpad!

Julle kan mamma nou lekker help om die eetgoed voor te berei. Heerlike tuis-gemaakte eetgoed.

Onthou was eers julle hande voor julle mamma help. Onthou om drinkgoed in te pak en 'n nat lappie om die hande skoon te maak nadat julle geeët het. Met die magies vol kan julle nou lekker speletjies speel in die motor.





OGGEND GEBED

Dankie Liewe Jesus vir 'n soete nagrus. Hou asseblief my handjie vas vandag! Amen.

TAFEL GEBED

Seën die kos VOOR ons, die familie LANGS ons, en die liefde TUSSEN ons. Amen.

SLAAP GEBED

Dankie Liewe Jesus,dat U, my opgepas het vandag. Laat my asseblief lekker slaap en mooi drompies droom. Amen

Bestel jou Droë Vrugte:

Stuur 'n e-pos! en ek stuur 'n pryslys en bestelvorm.

E-mail:charmaine@topvibe.co.za



2019

* Back to School.
* Fashion Tips in January Issue.
* Best dress Valentine photo Competition.
* New colour in Competitions.
* Mr & Miss Vibes.
* Easter Bunny. (visiting pre-schools)
* Winter Fun.

Mamma's loer hier?





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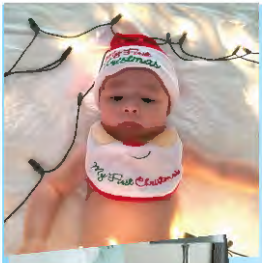
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PHOTO COMPETITION:





Ons voorblad Manneltjie.

My naam is Christiaan Mostert, ek is maar net 4 maande oud. Sondag besluit mamma en pappa dit is nou foto tyd...
Ek is nie baie lus vir die storie nie.
Maar toe ek hoor dit gaan op die voorblad van 'n *Kids Magazine* wees, kyk toe geniet ek die gedoente!

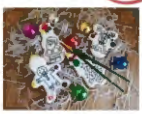
Dit is my heel eerste Kersfees ek weet nie wat om te verwag nie ek sal maar net probeer rustig wees.

Ek geniet nogal al die nuwe dinge. Ek hoop julle geniet die feestyd gedoente.
Dankie vir die beste mamma en pappa, o, en ouma en oupa is die BESTE hulle is so cool!! xox

Louvelia's Biscuits



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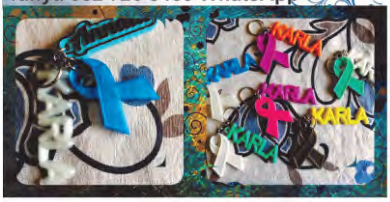
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Mom can we please HELP Karla?

Teaching Your Child Personal Hygiene.

Teaching the basics of proper personal hygiene is important for keeping kids healthy and clean.
It's especially important for young children to practice good hygiene.

▪ particularly hand washing because they spend so much of their time in close contact with each other in the classroom, sharing everything from desks and chairs to germs. And when your child reaches adolescence hormonal changes will lead to increase production of oils in skin and hair and an increase in body odour.

That's when you will be glad you didn't wait till then to instil good healthy and hygiene habits! Some good personal hygiene practices to teach your child.

1. Teach proper hand washing - The most important health an hygiene habit to teach your child to wash his or her hands, especially after coming home from school or playing outside and before eating. Hand washing is, without a doubt one of the best ways to prevent the spread of germs and illnesses. With younger children, you may need to remind them from time to time not to splash and dash - run their hands for two seconds under the tap without soap and call it done.

Make sure your child uses soap and lathers for at least 15 seconds (with the tap turned off conserve water) before rinsing.

2. Tech him/ her to cover sneezes and coughs - Germs can travel far and wide on a sneeze or chough.
Get your child into the habit of covering his/her mouth and nose with a tissue (or his/ her arm if hi can't reach a tissue fast enough) when he sneezes



or coughs.

3. Encourage good dental health and hygiene - young children have the motor skills necessary to do a fairly job of brushing teeth on their own (though you may still want to take a quick turn until he's 6 or 7).
Get your child into the habit of flossing and brushing his tongue to avoid bad breath

Get a fun timer to help your child brush longer, like a cool little hourglass filled with blue sand.

4. Set up regular bath time - Many parents find that evenings baths are a nice way to relax a child before bed. And bathing the night before can help ease the morning rush.

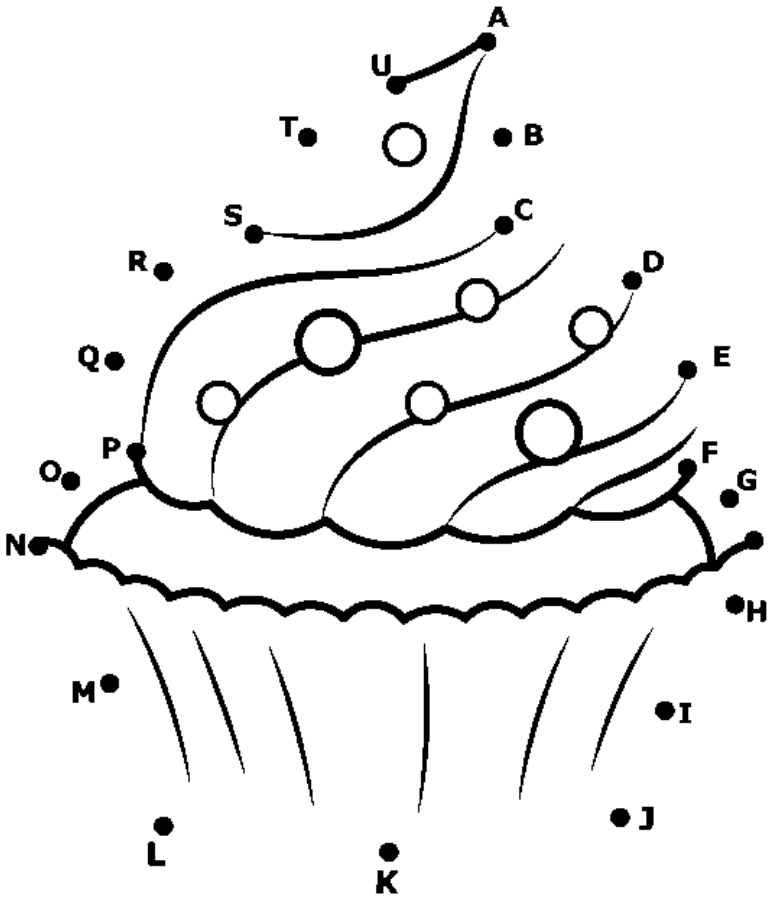
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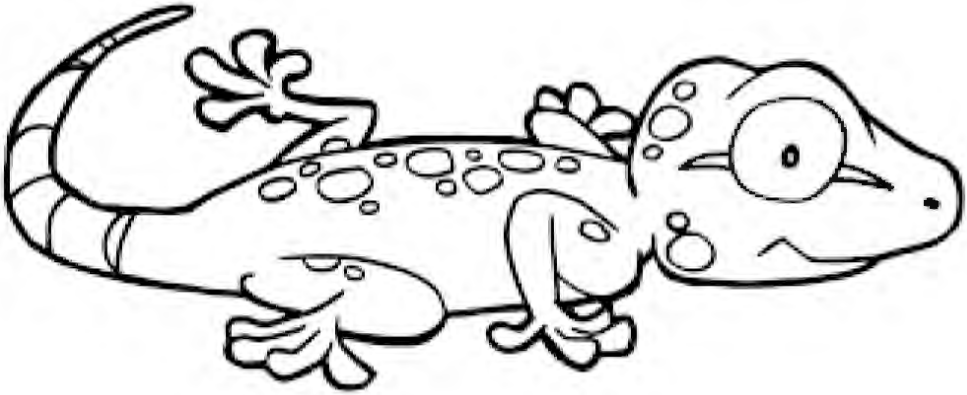
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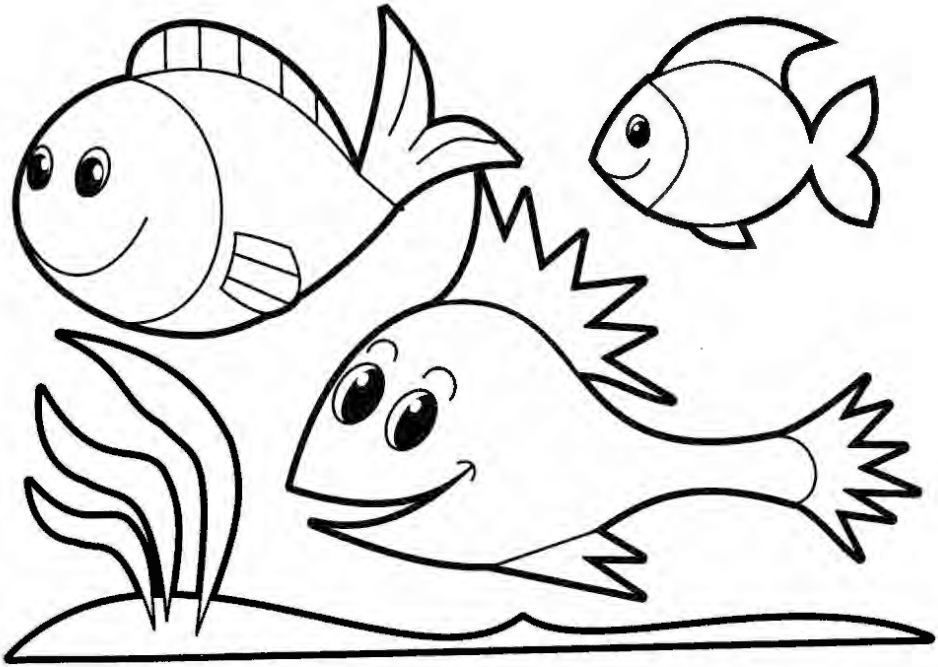
STELLA'S
-PLAY THERAPY-
HELPING YOUR CHILD GROW

Join the dot's





give me colour / kleur my in



4 IDEAS For Making Travelling with kids fun!

Say what you See



1. Say what you see

This game can be played in the car. Say what you see like for example. I see a school - then somebody must say there is children in the school.



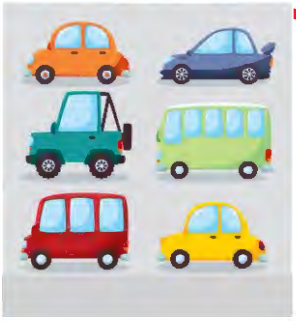




2. I spy with my Little eye.



I spy with my little eye something that starts with the letter S.
S - stands for Searing wheel.



3.

Spot the colours of the cars.

1. choose a colour and see how many cars you can spot with the same colour
2. With in 5 minutes

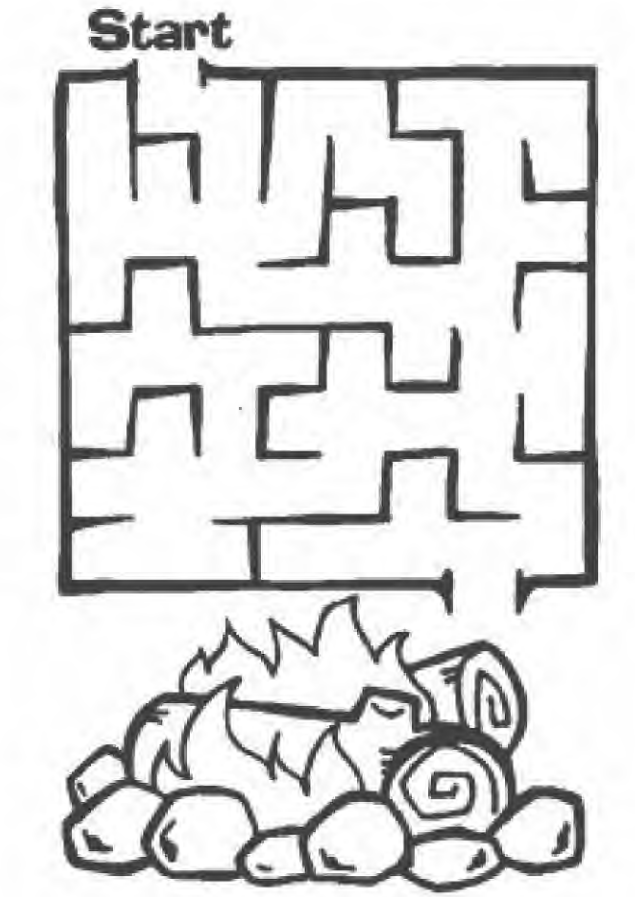


4.

Road trip Bingo

1. Make a card for each one in the car with images than can be on the road.
2. Every time you spot something on your card, mark it.
3. It must be in a line from left to right or top to bottom.
4. If your line if full you are the winner.

Vind die kampvuur/ Find the campfire





Geseënde Kersfees!

Ons wens dat jy 'n wonderlike Kersfees geniet! Mag julle veilig ry en julle vakansie terdeë geniet. Onthou ons wil graag van julle hoor. "Post vakansie fotos op ons Facebookblad"

Ons wil graag deel in die pret!

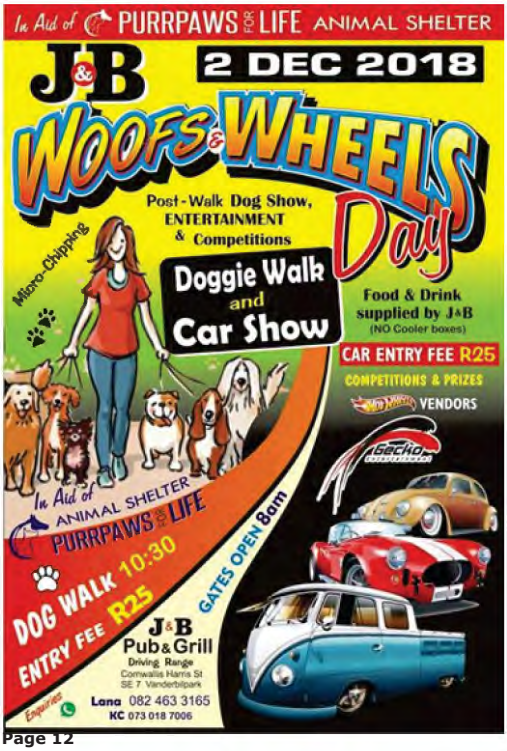
Lekker vakansie hou julle!
Soet wees xox



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Baie geluk!

Baie geluk Micayla, jy is die wenner van ons inkleur kompetisie.

Dankie aan al ons deelneemers ons het 46 inskrywings ontvang.

Met Kersfees om die draai stuur julle prentjies vroeg in.



Micayla van der Walt 7 jaar oud

Mamma plaas asseblief Micayla se foto op ons Faceboek blad met haar geskenkpak.

Inkleur kompetisie Nr 5 is reeds opgelaai gaan loer gerus.
Stuur jou prentjie na admin@topvibe.co.za of WhatsApp na 072 768 8582.

Lekker inkleur! Ons gaan lekker pret goed doen in 2019.

Sien julle dan.....