Top Vibe Magazine

ONLINE
SEPTEMBER ISSUE 136
2020



Elzett Swanepoel

Owner A Cut Above meats & Feeds



see page 6

show me
IFM 102.2
VAAL 24
I'M ON YOUR PHONE!!

From the Editor's desk...



Editor's picture: Charmaine Britz
Photographer: Charmaine Janse van Rensburg

The beautiful Zonicka Van Heerden (The face of Aloe Finesse) joined ***Top Vibe Magazine*** as the brand ambassador, we are looking forward to this adventure together and we know that this will be amazing.

Top Vibe Magazine is the proud media sponsor for the Mr & Miss Vaal 2020/2021. This is a prestigious event for the Vaal. The search is on for the next Mr & Miss Vaal. With the organisers working hard behind the scenes to ensure that you experience the best entertainment. Follow the Mr & Miss Vaal on Facebook don't you dare miss out!!!

We promised you great fun, now the family can take part and join in the fun. We are hosting a competition where we are looking for Mom and Son/s to drop a picture of Mom and Son/s in our comment section under the competition post. The competition will open 8 - 14 September so make sure to keep an eye on our Facebook page

We haven't forgotten about you Dad and your little princess (girl/s) you are also welcome to take part and enjoy the fun with us, the competition date for Dad's and their little girls will open 14 - 18 September.

To take part in the competition is very easy you simply have to go and follow and like us on Facebook- *Top Vibe Kids Magazine* **or** *Charmaine Britz (Top Vibe Kids Magazine)*

Every month there will be different competitions so ensure that you always keep an eye out for the latest that we have to offer

There is still a lot that needs to be done so from me, please take care and be safe. Keep on sanitizing and wear your mask.

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Top Vibe Magazine

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Pregnant Fairy

October 2020 Cover page!

We are searching for you the pregnant Fairy to be on our Cover. Drop only 1 photo of yourself in our comment section. Name & Surname

Open: 20 Aug - Close: 7 Sep



Wicker Clothing Matternity Dres Worth R500



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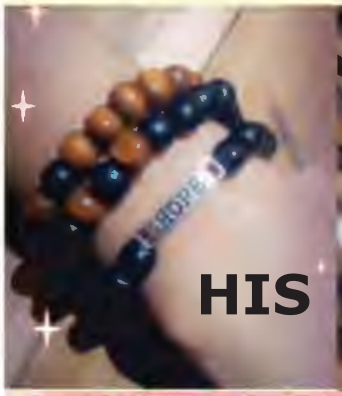
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Dignity Dream
Sanitary pads for Girls

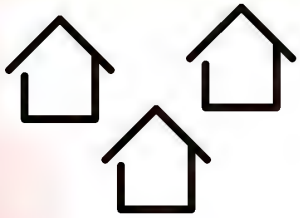


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Angel Wings



Jabes





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Owner Elzett Swanepoel opened the butchery on 6 June 2020. This is not your ordinary butchery, but then again Elzett proud owner is everything but ordinary.

A Cut Above Meats and Feeds is a beautiful butchery, where you as client feel at home.

A Cut Above is a specialty butchery which strives to serve the highest quality meats and cut to the customer specifications.
This butchery sells beef, free-range poultry, fresh pork and lamb. We will also sell wild game and/or other special requests from our clients.

Products is purchased as whole animals and butchered in house by our trained butchers.
Our sales staff will offer suggestions of substitutions to help our customers fulfill their order to make sure that all our customers leave satisfied.

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Business hours: Monday - Friday 7:30 - 17:00 / Saturday 8:00 - 14:00

9 Things All Girls Should Understand About Being A



1. To act like a lady, think like one

Society has the habit of stigmatizing all behaviors that are seen as "feminine." Crying, getting hurt, wanting kids, marriage, believing in true love, the list is endless. The only way for you to succeed in this world is by being who you are. You are not a man and therefor cannot think, act or behave like one and neither should you have any intention of doing so. Own your femininity and get things done in true woman fashion.

2. You can achieve all your goals through good old fashioned hard work

You do not have to sleep your way to the top, we do not have to see your sex tape, you don't have to be on reality TV, you don't have to be the center of controversy. Hard work, persistence, intelligence, resilience, ambition, education, these are assets that have stood the test of time and they are a proven formula to realizing even your wildest dreams.

3. Women make exceptional leaders

What do General Motors, Hewlett Packard, Oracle, Xerox Corporation, Avon Products, Yahoo!, Pepsi and IBM (to name a few) have in common? they are all Fortune 500 companies and they all have female CEO's. Yes, there is room for women in the boardroom and they are doing a pretty darn good job at it. Most importantly, they have paved the way for the younger generation. We are not the majority, not because we cannot do it but because we were not given access to those roles – but all that is changing as more and more women are filling executive positions in big corporations.

Act like lady
4. There is no trade off between having a family and having a career

Putting off marriage and having kids in pursuit of a career is a preconceived misconception highly popularized by the mass media. You can do both, simultaneously or consecutively; either way it is achievable and worth aspiring to.

Family.
5. Do not pride yourself in having no female friends and only male friends.

Growing up as women, we were told that we could not get along with other women, that other women were jealous of our successes and good looks. How many of your turmoils are caused by envy and hate from other women? Not much. Life is hard enough as it is, and people (men and women alike) will not always like you. You will come to find the importance of sticking together as women to open those doors and become trend setters in some very male dominated industries. Most victims of rape and abuse are women; the people who can sympathize and show more compassion towards those victims are women too. We are not opposition but each other's support structure.

Friends

6. If you find a good man, keep him and work on it.

In the name of independence we have been told to not be too relationship focused. any women who expresses a desire to be in a healthy and loving relationship is seen as weak and lacks ambition. Unless your ultimate goal is to be single forever, do not be apologetic for wanting to make your relationship work and priding yourself in having a good man. It's human to want love and even better to find it.

Notebook love

7. Acceptance is freedom.

If you have some pounds to shed and need to adopt a healthier lifestyle, by all means you should always strive to be better. If you have a forehead that sticks out, there's no need to spend half your life fussing and obsessing over it. No one cares. The thing with insecurities is, you're the only one who notices them. Everybody else is too busy with their own life. A man who loves you will accept you with your A-cup breast size and love you regardless

Taller
8. Intelligence is sexy

Better than a new pair of heels, nothing is more attractive than a smart and educated woman. The thing with being a dumb pretty girl is that it gets really old, really fast. A woman who can engage in intellectual conversation from politics, economics, philosophy, arts and science is always a keeper. You do not have to be an expert in everything. Just be informed, be clued up, stay updated and form an opinion from education and not twitter feeds.

9. Playing hard to get is not sexy
Intelligence kelly

No need to make him go though hoops to get to you. Be yourself, be approachable, be sincere and if he is worthy, he will earn you eventually. The thing with hard to get: it's usually for show and some boys will put on the show just to prove something to people or convince themselves of their own worthiness. Commitment isn't chasing someone for two years; commitment is staying with someone even when things aren't so rosy and breezy.



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Daddy's Little Girl

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