Top Vibe

ONLINE Magazine

ISSUE 126 2019



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Editor's Note.



Editor's picture: Charmaine Britz
Photographer: Charmaine Janse van Rensburg



I'm astound to think that Top Vibe Magazine celebrate 11 years in business. There where times that I wanted to give up. But in my hart I knew that it was not even an option. I need to go on not only for myself but for my advertisers and readers. Most of all there also were times when I just love what I do.

I would like to thank my loyal advertisers for 11 years thank to for walking this path with me. My readers thank you for reading the magazine for the feedback over the years. Thank you for those messages saying that you just love this magazine.

I was blessed because out of Top Vibe Magazine came Top Vibe Kids Magazine and recently the new Talk magazine.
This is my passion, to work with people, to help people and to spread good news.

Over the years, I have met amazing people, went to stunning red carpet events, and I still enjoying it every moment.

I would like to say thank you Mr Jan Bekker a loyal client who is advertising his business, CompMed Medical Service with us for the past 13 years.
Our clients become friends.

I'm blessed to have wonderful clients that believe in our way of marketing.

Thank you once again Mr Jan Bekker you are the best.
To all our other clients thank you we appreciate you.

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Jan Bekker 082 881 8307

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Big thank you to all our readers. Thank you to my family for your support and love.

Thank you take care till next month.
Love Charms

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Charmaine @ 072 768 8582
or E mail: admin@topvibe.co.za

Top Vibe Magazine

Comments:
Please write to us or contact us to share your opinion, ideas & comments.
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CEO Top Vibe Magazine

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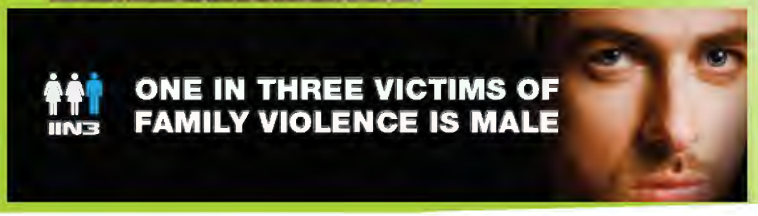




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3 Homes of Hope



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PUZZLE PROJECT

Donate your old puzzle (with all the pieces) or Sponsor a NEW puzzle for our project.

All puzzles will go to old age homes. AND any puzzles for children will go to children

DROP OFF ZONE
Nr 1 Macowen Street, Vanderbijlpark
Call: Charms of Hope Ambassador
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We care! Do you care?

With the crowning of 2014 winner the beautiful Janet Potgieter, came new opportunities, dynamics and movement to give dignity back. “Think about what you will say to someone if you can’t give then hope.” The truth behind these came back to haunt Janet when she stood between 42 000 people in Bulengo Displacement Camp in North - Kivu in the Eastern Democratic Republic of the Congo, a mere 6 weeks after won this prestigious title.

Meeting extraordinary women in horrific circumstances, she learnt that you CAN GIVE SOMEONE AT LEAST THEIR DIGNITY BACK.

Let’s stand together and get INVOLVED in making a difference in someone’s life and give back their dignity. By donating you can keep a girl child in school during menstrual cycles for up to 4 years.

A section 18A will be issued to you for the total amount.



Dignity Dreams & Charms of Hope Foundation
Erika 072 777 2861 or Charmaine 072 768 8582

Please follow and like us on Facebook Charms of Hope!

It’s almost Christmas time, and it is sad to know that there is children without any think to eat on Christmas day, let alone getting a gift.

YOU can make a differents by choosing a name tag on our special decorated tree. We will buy that child a gift from you.

Lets make a child happy this Christmas. Blessings



SAVE WATER

Save Water Now
1. Limit your Shower time.
We all know that the shower is the place where we practice our audition for Idols, ponder life's most meaningful questions and think up witty comebacks that we needed a week ago. But did you know that taking showers that last 5 minutes or less can save up to 21 000 litres of water a year?

2. Switch the water off while Shaving or Brushing your Teeth.
If you're at the sink, don't let the water run while you brush your teeth or shave. If you're in the shower – switch the water off while shaving your legs (this also makes it a bit easier to not get attacked by water while you awkwardly try to reach your ankle).

3. Only wash Plates when Necessary.
This may be the student in me talking but you don't have to put a plate in the sink if it only had a sandwich or some Oreos on it. If you swipe the crumbs into the bin – it's as good as new. Just don't let your dog lick peanut butter off the plate and pretend it's clean. I beg of you. Even better yet – use paper plates. This is water saving at its best.

4. Fix any Leaks.
Get someone who knows what they're doing to fix any leaks in your house. Because if leaky taps drip constantly they can waste up to 40 000 litres a year. That's a lot of water!

5. Water your Garden when the sun is down.
Watering your garden in the early morning or late evening allows the grass and plants to soak up water without it being evaporated by the sun. This can save up to 100 litres each time. If you have a dog, you can make washing your dog and watering the garden the same event.

6. Water your plants with recycled water.
If the ice in your drink has melted or you have water left in the pot from making some pasta, you can use this to wThe your plants (wait for the pasta water to cool down first though). You can actually use any water that doesn't have poisonous chemicals in it – this is called grey water. Find out more about it on the Greywater Action website.

7. Recycle.
Recycling plastics and other household waste actually saves water. (Why? Because creating new products requires water and if you recycle then companies don't have to create new materials from scratch).

You can get some cheap plastic bins –they don't have to be colour coded, just label them for plastic, paper, tin and organic waste and start recycling. If you live in a complex, you can usually speak to the trustees about getting communal recycling bins.

8. Use grey water to Flush Toilets.
If you don't have a shower or enjoy baths, you can use the water from your bath to flush your toilets. After you're done bathing, fill a bucket with your bath water and pour it in the toilet tank or bowl. If you take a shower, you can use a bucket to collect water while you shower – just stand in the shower and let the water collect as you do your regular shower routine. This method also gives you a free arm workout – carrying buckets of water back and forth is actually a lot of work. #freegym

9. Only wash Full Loads of Clothes and Dishes.
This one is simple. Don't start the cycle if the machine isn't full. This goes for your washing machine and dishwasher.

10. The ol' brick in the toilet.
Now it doesn't have to be a brick – you can use a plastic bottle or a cup (there's space here to be creative).





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SAVE WATER



idea is to displace water inside the tank so that it then fills up with less water. For each use, it refills and flushes with less water.

Be a Water Warrior
These are only a few of the ways you can save water. There are many more ways on the Internet. You can even speak to your friends, schoolmates, parents, family or community to see if they have any creative ideas. Or you could be more hands-on and create a D.I.Y. water saving device (this sounds like a good way to productively procrastinate to me). Just remember – water is love, water is life. Save our most precious resource.

EduConnect 2Cents
The Western Cape and surrounds is in a dire situation with the water shortage. With less than three months of water left, it's time to really pull up our socks and make a noticeable effort to save water.

Educate your children how to save water.

Use bathwater for the garden.
Don't let the tap run when brushing teeth.
Rather take a shower than a bath.

Put a bucket out to catch rain water ect.



DREAM HOLIDAY

IT ALL STARTS WITH A DREAM



Life can be incredibly demanding. We all deserve a break now and again to recharge our batteries, spend quality time with our loved ones and enjoy the fruits of our hard work.

Holiday facility that assurance and security, which ensures that you always have the opportunity to take a well-deserved break when you need it the most.
Make sure to hand-picked you holiday accommodation across exclusive resorts in South Africa.

Many will never go on their dream holiday. They'll daydream, saying 'One day', but then they'll put it off for a time that may never come. Today, we're saying no to that sentiment and yes to putting our money where our mouth is.

Perhaps you want to explore your own backyard or venture further abroad to soak in exotic destinations. The world is packed with stunning vistas, charming towns, and fascinating cultures just waiting to be discovered and enjoyed.

So, where do you get started? From booking accommodation to sorting out your passport or visa, planning that dream holiday can be somewhat overwhelming – not to mention that thought that often creeps in when you're about to fall asleep at night: Have I forgotten something?
That's why we've created the ultimate step-by-step travel guide for planning your dream holiday end-to-end. Take a look at the topics below to get started!

We've got you covered:

Choose your destination
Do your research
Check your passport & visa requirements
Protect your holiday
Book flights & accommodation
Visit your doctor
Pack & secure your bags
Plan how you'll get around
Make your travel budget fly further

1. Choose your dream destination Ask your friends and family

When planning your vacation, the first step is to decide where you'd like to go and what you'd like to do. Are you looking to head overseas, or would you prefer to explore Australia? If you're unsure, asking family and friends is often a good place to start as they can provide recommendations based on their own experiences and what they think you'll enjoy. From these conversations, you may whittle down your list of potential destinations to your top five.

The most popular overseas travel destinations
If you are heading overseas, another way you can refine your list of potential destinations is to see where other Aussie travellers tend to frequent.

CLARENS

HONEYSUCKLE
Accommodation in Clarens

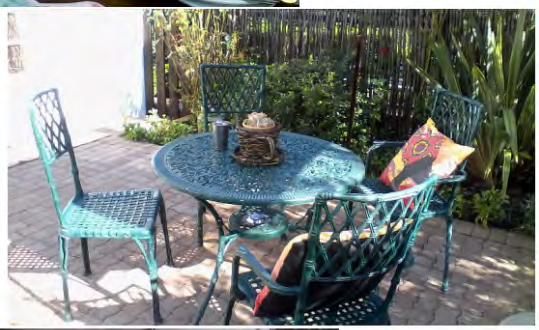
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Top Vibe Magazine &

GREAT MOMENTS AT THEIR GREATEST VAALMALL

Movie Review



RACHELTJIE DE BEER

★★★★

Director: Matthys Boshoff.

Writers: Matthys Boshoff, Brett Michael Innes

Stars: Marius Weyers, Sandra Prinsloo, Antoinette Louw | See full cast & crew.

Our review: ★★★★

Rachel de Beer made the ultimate sacrifice to save her brother, Dirkie. During a cold winter trek to south-eastern Transvaal in 1843, the children were separated from their father and eventually succumbed to the elements, taking shelter for the night. The South African legend has led to genealogical studies to identify the family and story's historicity. It has strong parallels with that of Hazel Miner, who became a national heroine after similar actions at a time when the story of Rachel de Beer was first popularised. History or legend, it's an important and stirring tale that has ingratiated itself in Afrikaner culture and identity. While the story has already been committed to literature, it has now been preserved in film history thanks to the period drama, Die Verhaal van Racheltjie de Beer or The Story of Racheltjie de Beer.

While the tale is well-known, there's some mystery surrounding the circumstances that led the de Beer family to that fateful blizzard. To help set the scene and explore important themes around family, we're introduced to young Racheltjie days before her defining act. Five years after their mother died, Herman and his children were heading up-country looking to start a new life in the virgin gold fields. Staying a few nights with a hospitable rural family in order to regroup for the rest of the trek, a coming storm seems destined to change everything.

Don't miss this movie!



GREAT MOMENTS AT THEIR GREATEST VAALMALL



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