Top Vibe Magazine

ISSUE 109- 2018







Happy Fathers Day! 17 June 2018









Top 10 reasons to advertise your business

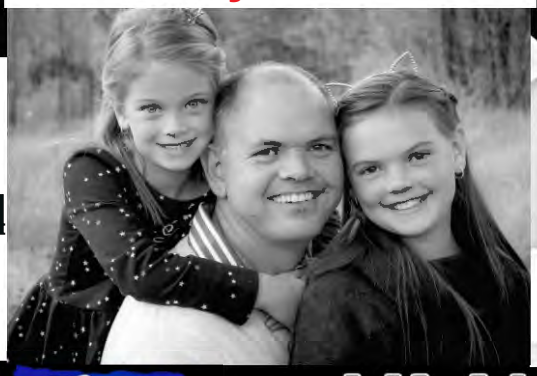


Photo & venue *Diary* - by Charmaine 083 681 1514



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Redakteurs nota.



Fotograaf: Charmaine Janse van Rensburg

Junie maand is nie net die maand waarin die winter amptelik begin nie, maar dit is ook Vadersdag in Junie.

Manne, dit is nou julle beurt om bederf te word. Julle verdien dit!! Om Man en Pa te wees is nie al-dag 'n maklike taak nie.
Ons vroue sien dit raak, ons waardeer julle en al sê ons dit die elke dag vir julle nie.
Julle werk hard, is moeg, soms kwaai en geiriteerd.
Julle sorg met liefde en deurnis vir julle gesin.

Dankie dat julle daar is om ons lewe 'n beter plek te maak.
God is ons Hemelse Vader en die man is die vader van sy kinders.
Daar word gesê dat meisiekinders se eerste ervaring van liefde en respek van haar pa af kom. As haar pa haar met liefde en respek behandel dal sy eendag hierdie einskappe in haar lewensmaat soek.
Daar word ook gesê dat 'n seun ook daardie einskappe van sy pa kry, en dat hy dit eendag aan sy vrou sal oordra.
Is dit waar? of is dit net 'n miete. Ek persoonlik dink dit is baie waar.

Wat is jou verhouding as pa met jou vrou en kinders?
Is jy die pa na wie jou kinders kan opsien en wens dat hulle eendag soos jy kan wees. Of is dit andersom.

Pa's speel die hoofrol in 'n gesin, maar wanneer hy en ma saam staan is daar nie 'n sterker band nie. Die kinders in daardie huis sal eendag suksesvole volwassenes wees.
Die seuns sal hulle gesin gelukkig maak en hulle sal opsien na hom as die hoof van die huis.
Die dogters sal hulle mans ondersteun en saam sal hulle in die weë van die Here wandel.

My wens vir elke pa is om sy plek as die vader van die huis vol te staan en dat elke gesin saam sal staan, sodat daar gelukkige jongmense kan wees, wat dan ook eendag ouers van kinders sal wees.

Ons wêreld se mense het seer en daar is so baie gebroke gesinne. Elkeen is net te trots in homself om eerste dinge reg te maak. Kom ons vat hande en bou gelukkige gesinne.

Geniet jou Vadersdag!!! Pa's ek glo julle gaan lekker bederf word.
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Top Vibe Magazine

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NOMMER 37

NOMMER 37, 'n rolprent deur Gambit Films, word gedurende die week van 9 tot 16 Maart 2018 op die groot-skerm bekendgestel by die SXSW- rolprentfees in Texas Dit is een van slegs 44 films, deur debuutfilmmakers, wat hiervoor gekies is uit 8 160 inskrywings van regoor die wêreld. Die kortfilm is reeds in 2016 bekroon met 'n SAFTA -toekenning vir Beste Kortfilm en die projek beloof voort te bou op hierdie sukses, plaaslik en oorsee.

"Wanneer 'n fliek se naam ***NOMMER 37*** is en in 'n fiktiewe area van die Kaapse Vlaktes afspeel, is dit maklik om aan te neem dat dit oor bekendes gaan - maar dit doen nie. Dit is deur en deur 'n misdaadriller wat elke oomblik meer spanningsvol raak. Dit gaan oor alles wat vir 'n paartjie kan skeefloop wanneer depressie, nuuskierigheid, gierigheid, vrees en slegte keuses saamgegooi word," sê regisseur en skrywer Nosipho Dumisa oor haar debuutspeelfilm. Nosipho wat oorspronklik van Durban afkom, maar tans in die Kaap woon, was al die regisseur van verskeie advertensies, televisiereeks, en realiteitsvoorskoue, leefstyl programme en kortfilms. Sy het onlangs oor die regie behartig van twee episodes van danZ vir kykNET & Kie en is een van die vervaardigers van die gewilde kykNET sepie, Suidoosters.

Nommer 37, wat afspeel in 'n fiktiewe woonstelblok genaamd Haven Mansions in Dumisa se weergawe van die buurt op die Kaap se Vlaktes, bied 'n kykie deur die oë van 'n bittererge eks- krimineel wat deur die wêreld waarvan hy eens so deel was opgekou en uitgespoeg is. *"As kind, het ek graag na rillers, gruwels, aksie- en romantiese flieks gekyk. Dit was vir my opwindend om aan 'n rolprent wat belangrike sosiale temas in ons gemeenskap onbeskaamd ondersoek, en net so onbeskaamd weergee as vermaak,"* vertel Nosipho verder.

Irshaad Ally, wat bekend is as Rhafiek in Sudooster en Gasant in Four Corners, is baie opgewonde om deel te wees van hierdie produksie. " Ek is al deel van hierdie projek sedert die kortfilm in 2014 vervaardig is. Sedertdien was daar baie uitdagings om te oorkom, maar vier jaar later word die fliek uiteindelik vrygestel.

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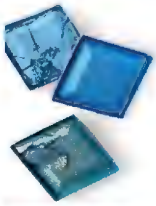
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World Blood Donor Day 14 June 2018

This day is dedicated to a worldwide celebration of those who donate blood regularly. Once again, the South Africa National Blood Service (SANBS) will use this occasion to create awareness, and thank and honour donors.

Regularly donating blood ensures that our blood service can collect sufficient amounts of save blood to meet demands, with one donation being used to save up to three lives.



Blood donor benefits:

As it saving lives wasn't enough, it turns out donating blood can have a positive impact on our own health.

* It keeps your iron levels in check, lowering your risk of heart disease and accelerate ageing.

* Ongoing research has found evidence that donating blood decreases your risk of certain cancers. By getting rid of blood, your body works to create new blood cells, which inevitably leads to better health.

* If you're overweight or have a history of cardiovascular disease, donating blood is a way to manage your heart condition and lose a few kilos.
Speak to your doctor about how regularly you can donate.

* Doing something selfless is good for your stress levels and general warm, fuzzy feeling!









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Koffie winkels of Restaurante

Ek het 'n voorliefde vir koffie winkels, ek geniet dit net om rustig aan 'n koppie koffie te sip en dan vir die mense dop te hou.
O, en mense is darm vreeslik intressant.
Miskien hou jy ook daarvan om vir mense te sit en kyk.

Daar is altyd die twee verliefde duifies wat koer -koer in mekaar se ore en dan is daar die gevalle wat jy duidelik kan sien dat die twee is nie veronderstel om so te ontmoet nie.
Dit is so ooglopend amper tasbaar. Ek kan maar net glimlag.

Man en vrou praat nie 'n woord net mekaar nie of knor so onderlanks vir mekaar.Hulle eet of drink gewoonlik iets sonder om 'n woord te sê.

Die gesin: Pa, ma en kinders nou kyk daar is nou vir jou 'n tafel om dop te hou. Daar is drie gevalle of waar die kinders die plek afbreek en ma en pa sien niks. Die geval waar daar die heetyd vir die kinders beduie word.
Hulle mag nie roer nie.
Laasgenoemde is waar pa en ma besig is met die selfone en die kinders sit maar daar en eet of is ook maar net daar.



Dan praat ek nie eers van die kelners nie.... o, mense darm.

Wil jy die kersie op die koek sit dan gaan jy na 'n Mall toe gaan op 'n Saterdag. Sit so dat jy so 90 grade uitkyk het oor die eetplek en oor die looparea van die Mall.

Sjoe die mense wat daar rond loop, die klere drag fassineer my die meeste. Elkeen met sy/haar eie uniekse styl.
Ek sal my sit en verwonder aan hoe sommige mense aantrek.
Selfs kan ek myself in een van daai uitrustings sien.
Party maal kry ek maar net 'n smile en dink hoe op aarde kan mens so aantrek. Ek het gedink slaapklere is vir by die huis waar jy privaat is - ek was seker maar verkeer.

Daar is 'n ketting winkel wat 'n kennis bord opgesit het wat sê "NO PAJAMAS / GEEN NAGKLERE NIE"

Dit bly vir my 'n lekker ontsnapping van die allerdaagse dinge.

Na so uitstappie voel ek weer goed oor myself en die lewe.
Dit laat my altyd glimlag!



Volgende keer wanneer jy 'n koffie gaan drink, kyk rond en kyk of jy ook kan sien wat ek sien.

Geniet jou koffie en glimlagte is goed vir jou.

OH, HONEY!

Dry, winter-beaten locks got you down? Not this year. Treat your tresses with this DIY coconut oil; and honey hair mask to rehydrate, condition and keep your hair looking fabulous.

WHAT YOU WILL NEED:
Coconut oil 1 tbsp
Raw honey 1 tbsp
Sauce pan
Towel
Shower cap



WHAT TO DO:

STEP 1:
Scoop the coconut oil and honey into a sauce pan and heat on the stove over a low heat until melted, stirring gently to combine. Remove from the heat and leave until the mixture is cool enough to touch, but not so cool that the coconut oil hardens.

STEP 2:
Wet your hair and part it into two sections. Apply the mask generously from top to bottom, paying the most attention to the ends.

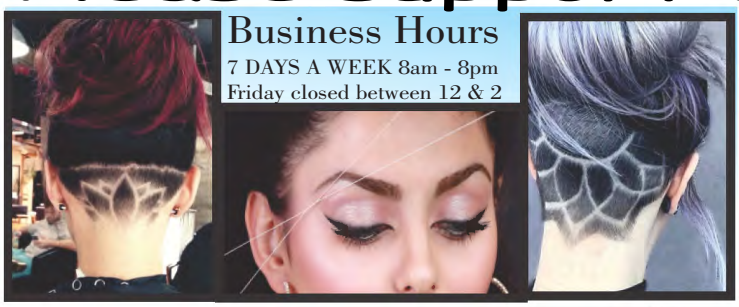
STEP 3:
Put your hair in a low bun before covering with a shower cap. This will help the mask deeply penetrate your strands.
Let is soak in for 20-25 minutes.

STEP 4:
When time's up, hop in the shower to shampoo and condition your hair as normal, making sure to massage out any remaining oily residue.
Give your hair this sweet treat only once a week for best results.

TOP TIP:
Cover your shoulders with a towel so that the mixture doesn't get on to your clothing and leave oil marks



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GREAT MOMENTS AT THEIR GREATEST

VAALMALL

Movie Review



Rampage

★★★★

Director: Brad Peyton
Budget: 120 million USD
Distributed by: Warner Bros.
Production companies: Warner Bros., New Line Cinema, Wrigley Pictures, Flynn Picture Company

Our Rating: ★★★★

Global icon Dwayne Johnson headlines the action adventure "Rampage," directed by Brad Peyton. Johnson stars as primatologist Davis Okoye, a man who keeps people at a distance but shares an unshakable bond with George, the extraordinarily intelligent, incredibly rare albino silverback gorilla who has been in his care since he rescued the young orphan from poachers. But a rogue genetic experiment gone awry mutates this gentle ape into a raging creature of enormous size. To make matters worse, it's soon discovered there are other similarly altered animals. As these newly created alpha predators tear across North America, destroying everything in their path, Okoye teams with discredited geneticist Kate Caldwell (Naomie Harris) to secure an antidote, fighting his way through an ever-changing battlefield, not only to halt a global catastrophe but to save the fearsome creature that was once his friend.

Rampage is one of those movies not to be missed. We rated the movie 4 stars, take the family to a an movie night enjoy the movie. I, did!!



GREAT MOMENTS AT THEIR GREATEST

Top Vibe Magazine

PROJEK

WARM HARTE VIR WARM HANDE.

Top Vibe Magazine is bekend vir hulle goedhartigheid. Maar ons het die hulp van die publiek nodig om so 'n projek suksesvol te maak.

Ons weet tye is moeilik en als word duurder, maar ons wil tog vra of jy jou hart sal oop maak vir ons projek.

Ons fokus is op ons oues van dae, hulle het al so baie opgeoffer deur die jare. Wil jy 'n bejaarde se hart laat warm klop?

Ons benodig die volgende:

Handeroom (enige geur).
Handskoene (gekoop of self gemaak).
Tee / cup a soup.

Hierdie items kan by die volgende punte afgegee word voor of op die 15 Junie 2018.

* **Dr. Q. D. Fourie**
  1 Verdi Straat, SW5, Vanderbijlpark.

* **Salon Zanique Elegance**
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* **Roodia Apteek**
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DATUM VERLENG NA 15 JUNIE



TOP 10 REASONS TO ADVERTISE YOUR BUSINESS

Advertising can be one of the most vital aspects of a business. It is the most direct and important connection to the consumer. When consumers feel personally connected to an advertisement they are more likely to visit your business. Some businesses question whether or not it will be worth it to invest in advertising and that is a big mistake. Here are ten reasons why Advertising is a company's best friend.

10. Advertising generates brand loyalty- Advertising allows for companies to target their customers and form a lasting connection with them. It instills a sense of familiarity and trust within the consumer, ensuring that they remain loyal to your business. Advertisements use images, words, and ideas that target your desired demographic and encourages them to stay devoted to your business.

9. Advertising increases company traffic- Many consumers are more likely to visit a business after viewing an advertisement. More consumers mean more sales and more business for you. *A survey of more than 3,000 companies found that advertisers who maintained or expanded advertising over a five-year period saw their sales increase an average of 100 percent, and companies that cut advertising grew at a less than half the rate of those who advertised steadily.

8. Advertising gives your company a positive image- Advertising tells your consumers and your competitors that you are open and ready for business. Dynamic and positive advertising can entice consumers to your business regardless of the economy and competition.

7. Advertising attracts new customers- The market is constantly changing and new consumers are moving in and out of your area. New consumers mean a new target audience that your advertisements will reach. Advertising shows consumers that are new to the market that your business is the top of the line and the one that they want to visit.

6. Advertising promotes repeat business- With all of the choices consumers are able to make, many once loyal consumers have strayed from previous businesses in search of other options. Advertising reminds your consumers why they choose your business in the first place and why they should continue to choose you in the future.

5. Advertising helps your business compete- There are only so many consumers in the market that are willing to buy your product at any given time. Advertising helps businesses stay ahead of the game while competing with other businesses. Advertising is how you convince the consumer that you are the one they should choose.

4. Advertising produces continuous business- Not every consumer is going to need your business's product today, but everyday there will always be a new consumer ready to buy. Advertising makes sure that the consumer knows that when they are in need, your business will be there to help them. A continuous amount of consumers visiting your business is the first step to increase your sales. The more consumers you have, the more business you will have. Advertising creates business now and in the

Advertising creates business now and in the future.

3. Advertising keeps your business at the top of your consumer's mind- With so many options available to consumers often they will want to shop around and compare different products. Advertising ensures that your company is always at the front of a consumer's mind reminding them why they should choose you.

2. Advertising keeps your consumer up to date- When a new product or event is ready to launch, advertising allows your consumer to be informed and aware of the details. Advertising does the work for your consumer, as opposed to forcing your consumer to hunt down the information.

1. Advertising makes your company money- What it comes down to is; Advertising works. Advertising attracts customers to your business and increases your sales. When consumers see strong and positive advertisements they are more willing to buy and ready to choose your business. Invest in advertising for your business and you will watch it grow and succeed.

It pay's to advertise



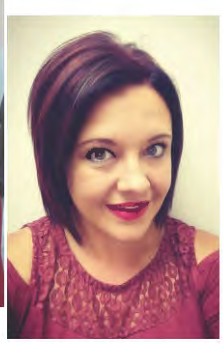
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With this device you will be able to get the ***Ultimate Hollywood Treatment****! This treatment is popular before red carpet events and glamorous functions!*
This revolutionary laser treatment is **completely painless** with **minimal-to-zero** downtime. Beneficial for people with **oily skin, blackheads, enlarged pores, dull skin** and **acne**. A laser procedure from SL Lasers for enhancing the skin's radiance and promoting a smooth, glowing complexion. It gives an instant improvement to your skin tone and texture. Also known as 'Carbon Laser Skin Rejuvenation' or 'China Doll Peel'.

BUT WAIT - THERE'S MORE...

Book three Carbon Peel Laser Treatments and get an amazing 20% DISCOUNT!
NO Pain, NO downtime. Only beautiful, glowing skin!

BOOK NOW



CARBON LASER PEEL TREATMENT!

With this device you can get the Number 1 Hollywood Carbon Peel Laser Treatment! Recommended for the following:

- *Acne Removal*
- *Wrinkles*
- *Lines Removal*
- *Dead Skin Removal*
- *Anti-ageing*
- *Younger Looking Skin*
- *Razor Bumps Removal*

ADVANTAGES

- *Improvement in pore size*
- *Improvement in active acne*
- *Increased tone of the skin*
- *Collagen and elastin stimulation*
- *A cleaner complexion*

NEW! *Pay for your* ***Carbon Laser Peel Treatment*** *with your EDCON Group store card!*

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