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Vanderbijlpark, Vereeniging, Meyerton, Sasolburg and Vaalpark

Issue 85
2016



Abigail en Leone van Niekerk

Youth Day 16 June 2016

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Redakteurs nota.



Die lewe loop soms snaakse draaie met 'n mens, soms wonder mens oor baie dinge, die hoekom en die waarom. Die mens is 'n einaardige wese daar moet altyd drama wees, en as daar nie is nie dan veroorsaak ons drama. Maar drama moet deel wees van ons lewe.

Het jy al ooit 'n boek gelees of na 'n fliek gekyk en gevoel dat die skrywer of rigiseur van jou praat.? Ek het al baie, ek wil vandag iets met julle deel. Die fliek *"Uitvlucht"* van Reghardt van den Berg en Clara Joubert van den Berg is 'n baie diep fliek, die fliek laat jou met nuwe oë na jouself kyk. Self-ontdekking en vergifnis.

Almal maak foute niemand is perfek nie. Maak vrede daarmee en staan op en maak 'n verskil en kyk die wêreld vierkantig in die oë.
Die fliek laat jou lag en huil en vat jou terug na God. Wanneer dinge sleg gaan dan vlug mens na jou binne kamer om God te soek.

Soms kry ons seer, en dan kan ons niks mooi sien in die lewe nie. En wanneer iemand jou teleurstel, dink mens almal is bidriëers.
Soms verkies ons om die slagoffer te wees, dit is moeilik om optestaan en aan te gaan. Om oor te begin is nooit maklik nie ons maak almal foute solank ons daaruit iets kan leer.

Hierdie fliek vat jou terug na die werklikheid van ons daaglikse lewe. Daar is families wat swaar kry onder die druk van alkoholmisbruik, kindermishandeling armoede, liefdesdriehoek, stukkende mense en tog ook omgee mense.

Ek wil jou graag nooi om hierdie fliek te gaan kyk, jy sal nie spuit wees nie. *"Uitvlucht"* is 'n fliek wat jou laat dink oor jou lewe, en waar jy staan met God en jou verhouding. Hulle leer jou van huil, lag, liefde maar ook van Hoop, daar is altyd hoop maak nie saak wat gebeur nie.

Welgedaan aan al die cast en crew vir julle goeie werk! Hierdie is 'n puik, fliek wat jy nie mag misloop nie.

Groete Charms Xox

Top Vibe Magazine

Comments:
Please write to us or contact us to share your opinion, ideas & comments.

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Henrico Coetzer



se treffer enkelsnit - Soos Reën, word bekend-gestel!

Soos Reën *geskryf deur Joshua Na Die Reën*

Daar was geen twyfel dat Henrico Coetzer (23) die èèn is wat sy nuwe liedjie, Soos Reën moet sing nie.So het die bekroonde sanger, Joshia Na Die Reën, gedink toe hy die nuweling van Pretoria die eerste keer hoor sing.

Henrico het nie gras onder sy voete laat groei nie en dadelki ingestem. ', Paar weke later was hy in die opname ateltee en vandag word die nuwe treffer amptelik vrygestel.
"Dis 'n voorreg as iemand met 'n mooi stem 'n liedjie wil sing wat ek geskryf het. Henrico is iemand wat baie kan byvoeg tot die Afrikaanse musiek bedryf," sê Joshua Na Die Reën.

Vir Henrico was dit 'n groot eer on die liedjie te sing. Hy het sangopleiding gekryby die sanger, Chris Coetzer Die Tenore) en sedert hy 18-jaar oud is open hy reeds vertonings vir gewilde sangers soos Bobby van Jaarsverld, sy sussie Karlien, Theuns Jordaan en Corlea Botha om maar net 'n paar te noem. Dit is juis by een van Bobby se vertonings dat sy pad met Joshua Na Die Reën gekruis het. By diè spesifieke vertoning van Bobby het Joshua Na die Reën vir Bobby op die klavier begelei en dadelik notiesie van Henrico geneem.
"Ek was oppad huis toe, toe ek weer sien klop hy aan my kar se venster. Ek het oopgemaak en toe vertel hy my dat hy 'n nuwe liedjie geskryf het, Soos Reën en hy dink dit sal perfek werk met my stem" sê Henrico.
Henrico kon sy ore nie glo nie en kort voor lank was hy besig om..."want jy is vir my soos reën op die vlakte van my siel wat liefde nooit geken het nie..toe vang jy my toe ek wil val..." te sing in die studio.

As kannetjie van vyf het sy ouers al gewaarsku- sing gaan hy eendag sing. En diè eendag is nou.
"Dis my passie en al wat ek nog wou doen," vertel Henrico wat as kind gereeld vertonings aanmekaar gesit het. Dan het hy en sy sussie dit vir die familie op-gevoer. "Talente word nie sommer net vir jou gegee nie. Dis 'n verantwoordelikheid om dit te ontwikkel en te gebruik." Ek is mal oor die lirieke van Soos reën, Dis heeltemal iets anders. Dis nie net 'n liedjie nie, dis 'n gedig en vertel 'n storie. Dit kan vir elkeen wat dit hoor iets anders beteken. Ek wil musiek maak wat mense se harte aanraak," sê Henrico wat van kleins af hou van dig.

Die treffers is deel van sy tweede CD, "Dis wie ek is.." Buiten Joshua Na Die Reën,is daar ook lirieke deur Bobby van Jaarsveld, Johan Oberholzer, Hilandi du Toit en natuurlik Henrico self.

"Die album sê wie is ek is, en elke liedjie kom van diep uit my hart. Sonder enige pretensie," sê Henrico, wat nie net sag op die oor is nie, maar ook op die oog.
En nee dames, die sexy man is nog nie opgeraap nie. Maar van een ding kan ons seker wees, hy gaan nog baie knieë lam maak. Daaroor bloos hy net en skud sy kop. Buiten sing is die dinge wat hom regtig gelukkig maak om ander te help.
"Ek glo dit is belangrik om jou deel vir liefdadiheid te doen en probeer om elke nou en dan iewers,show te doen."

Sosiale media platform:

Facebook:
https://www.facebook.com/Henrico-288839707819172/?fref=ts
Twitter:
Henrico_Coetzer

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Die van Niekerk sussies op hulle pad na sukses



Abigail van Niekerk n Gr. 6 leerling van Laerskool Vryheidsmonument wat waarik 'n klein botteltjie gif. Abigail, is 'n uit-blinker op Akademies, Sport en Kultuur vlakke.

Skool is vir haar baie belangrik en sy geniet dit elke dag. Sy doen sports 1200m, hoog-spring, 75m + 100m hekkies en sy is ook gekies om deur te gaan na die D7 byeenkoms.

Abigail speel graag netbal en hokkie. Hou van Kultuur – Drama, wat Del Arte Kunsfees. NEA (National Eisteddfod) Redenaars waar sy al met vele toekennings weg gestap het.

Haar model loopbaan wat reeds in 2009 begin het. Talle titels ingepalm en selfs al in 2012 in Bulgeria deelgeneem. In 2013 in New York en 2014 op die MFC Cruise na Portuguese eiland.

Fondse is maar moeilik om bymekaar te kry en sy kon nie 2015 aan Miss International World in Turkey gaan deel neem het nie.

Wat het alles in 2016 gebeur tot dus ver:

Miss King & Queens, Mej Junior Inter skole, Talent Africa waar sy gekies is vir die New York span en SA Kampeioenskappe waar sy ook gekies is vir die LA span.

Tussen deur was dit NEA drama en ATKV Redenaars en Liga Netbal.

Sy help ook graag by die DBV , minder bevooregde mense en oumense.

Daar is geen rus kans in Abigail se besige lewe nie. Graag wil sy eendag 'n veearts word maar haar grootste droom is om 'n Aktriese te wees en in New York te kan bly en werk.

Sy glimlag altyd en is so 'n spontane klein dametjie .

Kleinsus Leone van Niekerk, laat nie op haar wag nie. Al is sy nou eers in Gr.2 volg sy duidelik in ousus se voetspore. Sy is 'n leerling van Laerskool Vryheidsmonument.

Leone werk baie hard in die skool en is pligsgetrou. Sy speel graag Netbal en Hokkie. Sy is baie lief vir Del Arte Kunsfees.

Haar model loopbaan het in 2013 begin en sy het ook in 2013 in New York en 2014 op die MFC Cruise na Portugeuse eiland deelgeneem waar sy met die wen titels weg gestap het.

Sy help ook graag mense en diere, is altyd vriendelik en behulpsaam.

Leone het in 2016 deelgeneem aan Mej Junior Skole . Talent Africa waar sy gekies is vir die New York span en SA Kampeioenskappe waar sy ook gekies is vir die LA span.

Hulle is mekaar se grootste ondersteuners en loop die pad saam na sukses. Twee susters wat baie na aan mekaar is, help mekaar en kyk op na mekaar. Die twee het 'n baie hegde band.

Hou gerus die twee jong dames dop hulle gaan die wêreld aan die praat hê.

Die van Niekerk ouers, is dierbare mense, mense, mense met hulle voete plat op die aarde. Mens kan nou maar net vir jouself dink dat hulle baie besig is met die tweetjies se loopbaan. Ons as ouers is natuurlik baie trots op die twee.



Top Vibe Magazine wil julle alles wat mooi is toewens op julle lewenspad. Julle is 'n groot inspirasie vir die jeug in ons land. Ons glo dit julle nog groot hoogtes sal beruik.

Onthou Jeugdag op 16 Junie 2016.

Die fotos van Abigail en Leone is deur die ouers verskaf.

Save data

Always seem to be running out of data? Here's how to make it last longer using your favorite apps.

1.
WhatsApp:

Sending 11 messages and receiving 45 messages every day, uses about 14.4 MB per month in data= R30

How to save:
Use for text messages only.

2.
YouTube

Watching a video in HD (high definition)uses up to 44MB per minute = R70



How to save:

Change you video settings to 360p (uses 5.6MB per minute)
480p (uses7.5MB per minute)

3.
Facebook

Using Facebook every day to browse photos, watch videos and chat can use up to 90MB an hour = R180.

How to save:

Download Facebook Lite from the Google Play Store (play.google.com) it is designed to use less data, especially in areas that don't have good connectivity.

Disable Video Auto play: go to the settings menu on Facebook. Select Account Settings > Video and Photos > Auto play (under video settings section)> never Auto play Videos.

What's going on in the background?

If you don't close apps after using them they're constantly updating and checking for new information, ultimately chipping a way at your data- even if your phone is switched off!

How to save:

1. Close apps after you've used them like this:

1.1 Press the "Recent Apps" button at the bottom of the screen next to the "black" and "home" button - it looks like two overlapping rectangles.

1.2 Swipe the App you want to close.

2. Download the Opera Max App. It will let you know with Smart Alerts which Apps use t much data.

Chris Forrest return to the stage with "Who's Your Daddy?



He may be one of South Africa's most sought after comedians and whizz in the kitchen(having gained the title of Celebrity Master chef SA in 2015) but Chris Forrest's greatest achievement is his family.

In his hilariously honest one-man-show, Who's Your Daddy? Chris sheds some light on his experiences of becoming a father. His number one golden rule is "Don't argue with a pregnant women!"- And that's coming from experience!. From pregnancy to birth, sleepless nights, dirty diapers and everything in between, the show is a clueless dad's guide to fatherhood. He shares valuable tips about what really happens and how to deal with it.

Chris will be talking Who's Your Daddy? Around the country this year. He will be in Welkom the 28th May and followed up by a 3 week run from the 31st May to 18th June at the Auto & General Theater on the Square in Sandton. The show returns to the National Arts Festival in Grahamstown and then to Mafikeng on the 6th August. More shows to be announced shortly.
Written by Chris Forrest and directed by Bevan Cullinan, this laugh-a-minute show is a must see for anyone who is a parent, expecting a baby, hoping to become a parent or who knows a parent or just fans of great comedy.
Chris' unique dry sense of humor, his quick wit and intelligent comedy has made him one of the country's most popular comedians.

Having started out in the 90's, Chris has worked in almost every facet of comedy. Equally at home Mcing and evening or just doing a spot, Chris has performed on every worthwhile comedy club, show-case and festival - locally and abroad.
Proudly brought to you by Huggies, expecting moms-to -be might even stand the chance to win a handy hamper.

"Witty, funny, masterpiece" - Cue Magazine
"60 hilarious minutes" - Artsmart
" What I love about the show is that Chris was completely honest" - El Broide.
"Forrest manages to not only have the audiences laughing at him, but also sympathising with him"- Helen Herimbi. The Star Tonight.

Tour dates:

Date: 31 May - 18 June 2016
Venue: Auto & General Theater on the Square, Sandton (Nelson Mandela Square, Sandton City)
Tickets: R150, available at www.strictlytickets.com

Date: 30 June 1st-2nd and 4th-9th July 2016
Venue: Scout Hall, Grahamstown
Tickets: R70

Date: 6 August 2016
Venue: Mmabatho Palms, Mafikeng (Nelson Mandela Drive, Mmabatho)
Tickets: R100, available at Computickets

Social Media: Twitter: @chrisForrestSA
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Media enquiries: Monica Steyn Cell: 082 452 2095

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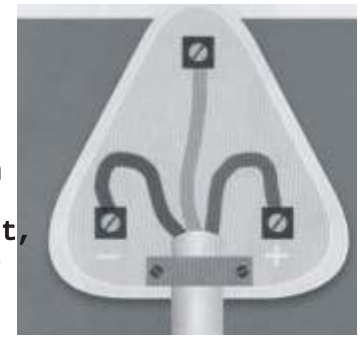
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Your life sorted

Find new uses for old household items and learn how to fix a plug.

FIX A PLUG

Here's how to change the plug on your household appliance.



1. Open the plug from the back. The brown wire goes to the right, the blue wire goes to the left.
2. Connect the positive(+) to the brown(live)
3. Connect the negative(-) to the blue (neutral)
4. The last wire is the earth. This is usually green or yellow. Connect this to the top of the plug.

Make your clothes last longer:

Always wash the towels separately from the clothes. Toweling is thicker than clothes material. When it rubs against your clothes in the wash it creates tiny balls called pilling, and damage your clothes.

Streak-free Mirrors:

Make a cleaning spray by pouring equal parts white vinegar and water into a spray bottle. Add about three drops of dishwashing liquid and shake well. Use on windows, mirrors, kitchen counters tops and so on. The vinegar is a great disinfectant and the soap help to get rid of dirt.

Recycle it:

DIY scourer Scrub dirty pots and pans with the plastic mesh bag that onions or oranges come in. Roll up the bag , scour away the grime and discard.

Garbage bin odours:
Cover the bottom of your garbage bin with old newspapers to soak up leaks and odours.

Revive plants:

Sprinkle the tea leaves from used tea bags on the soil of pot plants. The leaves are full of minerals and help improve soil quality.

Tip:

. Wear old clothes when working with bleach because it may splatter.
. Wear rubber cloves when you work with chemicals.
. Be carful when you work with poison, use cloves.



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Ocean Basket - Riverside Blvd (016) 932 3149	★★★
Nando's Vanderbijlpark - (016) 933 3060	★★★★
Horse & River- Vanderbijlpark - (016) 932 3095	★★★
Cappello- Riverside-(016)932 0120	/
Steers - Vaalpark - (016) 971 2866	/
Wimpy President Hyper - (016) 985 1240	★★
Panarottis The Zone Rosebank Mall (011) 325 8085	★
Faraday Pub&Grill- Vanderbijlpark (016)	★
Giramundo- Vanderbijlpark (016) 932 1242	★★★★
NOT RATED YET	
Be My Guest- Vaalpark -	not rated yet
J&B Pub & Grill Vanderbijlpark	not rated yet

SMS your review to 081 468 6594 - Restaurant Name + Rating out of 5. ONLY SMS'S FOR RATING.

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The public's reviews have been tallied and some of the Restaurant stars has been shattered. Above is the up-dated results of the reviews.

Keep on sending your review.

DIY TIP FOR THE MONTH



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http://moldesedicasmoda.blogspot.com

Thank you..

We at Top Vibe Magazine would like to thank each and everyone who contributed in racing money to help baby Ninna. We know times are tough but we also know that the Vaal is a caring community.

Thank you we still need some money, for more information call Charmaine on 072 768 8582.

Celebrate Youth day 16 June 2016



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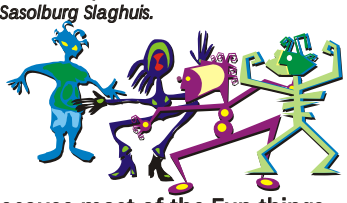
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So onthou ek, Limpie Basson.

Deur: Gèrard Rudolf.



Dis glo vandag 19 Mei oorlede Limpie Basson se verjaarsdag.

Hier is 'n storie oor hom:

Gedurende die vroë 90's het ek, net as 'n jong en honger akteur incdie Kaap aangekom het, by Limpie in sy groot ou Victoriaanse huis in Nuwe Kerk straat 'n kamer gehuur.
Dit was 'n besonderse huis. Behalwe vir Limpie se wonderlike versameling Suid Afrikaanse kunswerke en antieke meubels wat geskrik het vir niks, was Limpie ook 'n Springbok opgaarder. Limpie het amper niks weg gegooi nie. Daar was stapels koerante in die gange, bokse met fotos en ou teaterprogramme, boeke, tydskrifte...
Ewenwel, een oggend sit ek saam met Limpie en tee drink (hy was 'n Groot teeliefhebber) in 'n klein beige vertrekkie net so af van sy kombuis af. Hy was ook 'n kettingroker (Lucky Strike Plains).
En so sit ek en hy en gesels en rook, en in die gang van die gesprek kyk ek na 'n klein gietysterkandelaar wat bo die tafel gehang het.

Ek sê toe: "Limpie, wie de hel het die yster armpies van daai kandelaar goud gesprei?"
Limpie check die kandelaar uit, tip sy Lucky in die oorvol asbak voor hom, en begin daai dun laggie van hom lag.
"Nee", sê hy, "die ding is nie gesprei nie. Dis jare se nikotien wat so aan hom sit. En jy dink seker die mure is beige geverf ook..." Hy staan op, stap na so klein landskapskildery teen die muur toe, lig dit weg van die muur af en wys vir my die perfekte wit vierkant agter die skildery.
"Sien jy", glag hy, "die muur was wit toe ek in die sestigerjare hier ingetrek het. Dis 30 jaar se Lucky Strikes wat hom so beige geverf het."
Limpie was 'n dierbare Prins van 'n mens.

Rus rustig, Limps. Ons mis jou. En ek hoop die Luckies is goedkoop en altyd beskikbaar by die corner kaffie in jou nuwe woonbuurt.

"Sometime's Everybody need a hug"





Sê jou Sê: Het jy gedagtes, menings, stories of voorstelle om met ons te deel? Stuur 'n e-pos: charmaine@topvibe.co.za of pos 'n brief na Posbus 60130 Vaalpark 1946
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