Top Vibe Magazine

Free!

Vanderbijlpark, Vereeniging, Meyerton, Sasolburg and Vaalpark

Issue 50



Danie "Pitt Bull" van Heerden

To Advertise in Top Vibe Magazine
Call: 072 768 8582

TFM 102.2 RADIO
Info-Fun-Music

Mini- Top Vibe Magazine NOW in Deneysville area

show me



Editors note.....

Winter Time again

That time of the year again, winter time...brrrr.
This is the time that we need to take more care of ourselves. We need to drink all our vitamins and supplements. We need to take extra skin care with lots of vitamin E body lotion.
We need to take more regular pedicure and manicures. Yes Sir, you can have one as well it is not only for the lady's!!
Do not stop drinking water, just because its winter, you can rather drink warm water with honey or lemon in it.
Make your winter time special, by taking long worm bathes, with a cup of hot chocolate with marsh-mallows in it.
Rather go to bed reading a book, then to sit and watch a movie.

Take the winter time to do things in and around the house, and when summer get to knock on your door you can just have fun with friends and family. In winter time you can catch up with reading or movies. Enjoy some time in front of a fire, have a glass of wine and try to make the best of winter.

There is a lot of things one can do over the winter period. Clean out you cupboards, and throw out al the clothes that you do not wear. Take it to a charity organization.
Sharpen up your cooking and baking skills by experimenting in the winter, you will have a nice smell around the house and the kitchen will be nice and hot.

Do some knitting, painting anything just make sure that you have fun in the winter.
Have a nice warm month of July and take care, don't forget to drink your vitamins!!!!

Don't forget the wine route.
Top Vibe greetings
Love - Charms

Charms XOX

Top Vibe Magazine

Comments:
Please write to us or contact us to share your opinion, ideas & comments.
Charms
P.O. Box 60130
Vaalpark
1948
e -mail: charmaine@topvibe.co.za
facebook: Topvibe-magazine Vaaltraingle
Twitter: charmaine@topvibemagazine
Website: www.topvibe.co.za
Competition sms line: "Topvibe" 45522

Find us on Facebook twitter show me

Copyright:
Content of Top Vibe Magazine is protected by copyright. No part of this publication may be reproduced or used in any form whatsoever with out prior settlement with the editor.

Owner / Sales Rep:
Charmaine: 072 768 8582

Proofreader:
Tersia: Afrikaans
Hillary (Niche Vibe Networx) English

Photographer:
Sharon: 072 599 9066

Disclaimer:
The Editor or the publisher cannot be held responsible for damages or consequences of any errors or omissions neither do they stand warranty for the performance of any article, letter and/or advertisement. ***The views of other writers or articles in this Magazine are not necessarily the view of the editor.***
Please support our advertisers ---- They support Top Vibe



Lanè Steyn - Face of the Vaal May 2013:

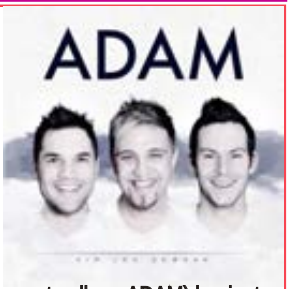
Ek is Lané Steyn, 23 jaar oud en woon in Vaalpark Ek hou van dans, fotografie en wynproe.

Ek is tans 'n Student by NWU Vaalkampus (Bcom HR) ek wil 'n Arbeidsverhoudinge konseltant word.

Sal graag by 'n vakbond wil werk as verteenwordiger. Ek sal my eie kierplek / cocktail bar & musiek lounge begin.

Ek is 'n mense-mens en hou daarvan om tyd saam met vriende en familie te spandeer. Hou veral daarvan om nuwe mense te ontmoet en van nuwe kulture te leer. Ek kom uit 'n gesin wat Christelike waardes hoog ag. Een van my groot passies is dans en ek kyk graag na teater produksies. Ek glo musiek praat vir mense as daar net nie meer woorde is nie.

ADAM - Vir jou gemaak.



ADAM se tweede studio album, Vir jou gemaak, bevat 14 oorspronklike liedjies uit penne van die drie talentvolle skrywers, sangers en musikante (Hugo Ludik, Joe Foster en Reynardt Hugo).

Die proses om hierdie album bymekaar te sit het reeds in 2011 (kort na die vrystelling van hulle eerste album ADAM) begin, toe hulle reeds die eerste liedjie geskryf het vir die tweede album.
Die ongekende sukses van ADAM se dubuut album het natuurlik gelei tot 'n propvol toerskedule landwyd.

Dit het 'n geleentheid geskep vir die drie manne om baie nouer saam te werk ten opsigte van die skryf van liedjies vir die tweede album. Die gevolg was dat die meeste liedjies op die album geskryf is met meer as een ADAM-lid se insette en idees. Die resultaat: ADAM se beste werk nog! Veertien splinternuwe liedjies, elk met die potensiaal om 'n treffer in eie reg te word.

Die titel, Vit jou gemaak, is die uitvloeisel van die ongelooflike lojale aanhangers wat ADAM opgebou en gevestig het. Terugvoer vanaf aanhangers het bewys dat die liedjies baie persoonlike betekenisse en verbintenisse vir baie mense ontwikkel het.
ADAM is lank nie meer onbekend nie! Hulle het reeds hule verskyning op byna elke televisie program gemaak en hulle eerste enkelsnit "Kasteel" is reeds besig om verskeie radio stasies en Suid - Afrika se treffer parades te klim. Hulle het in 2011 'n Ghoema toekenning gewen vir "Beste Nuweling" en maak vir die eerste keer gedurende Oktober 2012 hulle verskyning by Huisgenoot Skouspel.

Vir meer inligting kontak:
Alishia van Deventer (Storm Rekordz)
Sel: 083 635 4717.

Twee van Top Vibe Magazine leseres staan die kans om 'n CD van ADAM - VIR JOU GEMAAK te wen!!!



My cup cake

Come and have a cup cake with me, grab a cup of tea while you're at it. I would like to let you in on a secret.

To spray tan? (Caribbean tan) Or not to spray tan.

I would like to start by saying that I decided to try this myself just to get the feeling and to find out, what the fuss is all about. There are different opinions and versions of what a spray tan is all about. These are the facts and the way I experienced it.

First things first, I made an appointment at Face and Body in Vaalpark. On my arrival at the salon, the ladies greeted me in a very friendly manner and when I asked information about the spray tan, Elza, the owner answers all my question patiently.

These are the questions and answers:

1. **Question**: Is a spray tan safe? **Answer:** Yes it is very safe even a pregnant woman can be spray tanned.
2. **Question**: How long does the tan last? **Answer:** 10 - 14 day's - can be longer depends on how you look after your tan.
3. **Question:** Will I look orange or Yellow? **Answer:** No it looks natural.
4. **Question:** Will the tan wash off? **Answer:** No, it only fades like a " normal" sun tan.
5. **Question**: How long does it take to get a spray tan? **Answer:** 10 minutes.

Important Information before your Spray Tan:

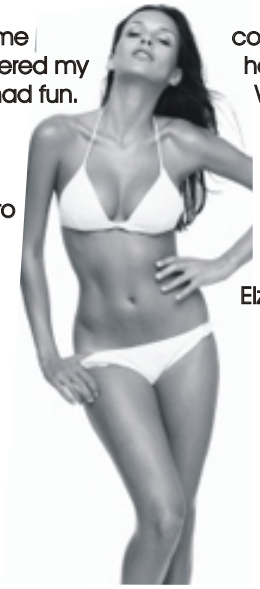
- Shave and exfoliate the night before your tan (very important)
- No moisturizer on face and body the day of your spray.
- No make up.
- No deodorant/perfume.
- Bring something loose and dark to wear after your tan.
- No exposure to water or physical exercise for 8 hours after your tan.

How to take care of your Caribbean spray tan: (to get the best out of your tan)

1. Do not take a bath for 8 Hours after your spray tan.
2. Rather take a shower, than to soak in the bath.
3. Use non perfume body lotion.
4. Do not use perfume on your body (rather use it on your clothes.

Armed with all this information, I decided that I wanted to do the spray tan, just so I could get that spray tanned feeling too. But then it struck me, I would have to take off all my clothes!, (you can wear a two peace swim suit, but normally you want to tan with out any lines). Yes, I am shy!!!! Oops, problem!.

Elza assured me there is nothing to be shy about and put me completely at ease, as we went into the spray tan cubical or tent as they call it. While in the cubicle, Elza covered my hair before starting the process. I was really comfortable because she was so professional. I actually had fun. While I waited for the tan to dry, I had a cup of coffee and while enjoying the coffee she blow me dry.



I couldn't believe it, I was bronze tanned in 10 minutes! I must say I can recommend it to anybody. If you like to keep your tan all year round, this is the option to go.

Charmaine from ***Top Vibe Magazine*** would like to thank Elza from ***Face and Body Vaalpark*** for the royal and professional service.

For more information on the Caribbean spray tan see the advert on page 6.

Staying empowered and committed to living a sober drug free life.



SANCA Vaal Triangle is a non - profit organisation dedicated to the prevention and treatment of individuals and families affected by addiction.
Many addicts and their loved ones believe that there is a magic pill that will cure an addiction forever.
Unfortunately, this is not the case.
Whether it's an addiction to a substance (e.g. Drug or alcohol) or behaviour like gambling, the reality does not rely a quick - fix mentality. Managing an addiction problem is not dissimilar to managing diabetes or hypertension, both of which are chronic conditions. The trick is for recovering addict is to alter their lifestyle to support sober habits.

When Ryk Neethling was asked as to how he remain motivated even on day when he didn't want to swim:
"Just get up and do it! It is such moments that champions are born"

A recovering addict needs to constantly face challenges without falling back on their addiction. Being surrounded by a sober and constructive support system is core to successful recovery.
This can include family, sober friends and support of an addiction treatment centre like SANCA Vaal Triangle. Building positive influences into a recovering addict's lifestyle dramatically increases the chances for recovery.
Recovering from drug addiction isn't easy, but strong support system is vital to staying motivated, receiving on - going guidance and making the journey more bearable for the addict.

If you are a recovering addict, try these tips:

* Lean on close friends and family - Having the support of friends and family members is an invaluable asset in recovery. If you're reluctant to turn to your loved ones because you've let them down before consider going to couples counseling or family therapy. SANCA Vaal Triangle offers professional counseling to recovering addicts and their families. Should a relapse occur, do not give up! Meet up with your counselor at SANCA Vaal Triangle to help you re - strategies your recovery plan. In order to stay sober you must have a recovery plan and stick to it.

* Build a sober social network and new healthy, balanced lifestyle- If your previous social life revolved around drugs, you may need to make some new connections. It's important to have sober friends who will support your recovery. Try taking a class, exercise, practice a new hobby, joining a church or civic group, volunteering, or attending events in your community.

* Consider moving in to a sober living home - Sober living homes provide a safe, supportive place to live while you're recovering from drug addiction. They are a good option if you don't have a stable home or a drug - free living environment to go to.

* Make support meetings and counseling a priority - SANCA Vaal Triangle offers a recovery support group. Be sure to attend meeting regularly. Spending time with people who understand exactly what you are going through can be very healing in recovery. You can also benefit from the shared experiences of the group members and continually learn new sets of knowledge and skills to remain focused on recovery and not relapsing. Depending on the type of addiction, such commitment can range from 1 -4 years.
This is not a long time when you bear in mind the skills you will gain to support you through the rest of your life1

" A week without a meeting makes one weak." AA quote.

SANCA Vaal Triangle is a Non - Profit Organisation.

For professional help in addiction and awareness talks.
Contact SANCA Vaal Triangle: (016) 933 2055
Facebook: SANCA Vaal Triangle.
E-mail: sancavaal@mweb.co.za

Changed Hearts - Changed Minds - Changed Lives.

Niche Vibe Networx

Niche Vibe Networx extends its reach…

Hello to all of our Niche Vibe Networx members and fellow loyal readers. As an affiliate networking circle, Niche Vibe Networx connects and partners with entrepreneurs in the Vaal Triangle area. We also believe in imparting knowledge and skills to empower business owners to be the best that they can be.

Niche Vibe Networx is broadening its networking reach on social media platforms. We have started by creating a Facebook page. Simply search for Niche Vibe Networx on Facebook. We would like to invite all readers and members to visit our Facebook Page and support the page. We will be updating the page frequently and would like to begin an interactive forum discussing real themes that impact business people in the Vaal Triangle and beyond. If you are an existing member of Niche Vibe Networx, we would also like to encourage you to showcase your business on our Facebook page.

Niche Vibe Networx is also proud to be presenting our first themed workshop in July 2013. All details will be posted on our Facebook page. Professional trainers and coaches will be facilitating this workshop, which is aimed at developing a personal vision prioritising and avoiding all the above-mentioned lifestyle traps. We are committed to enabling and empowering our members and interested individuals in gaining access to such knowledge and skills.

If you are keen to attend and find out more about joining Niche Vibe Networx or attending our workshops, please contact us! We are passionate about developing and connecting with fellow entrepreneurs and business owners in the Vaal Triangle.

Written by Kevin Holcroft

(Life Coach & Business Consultant) – a Niche Vibe Networx member and contributor.

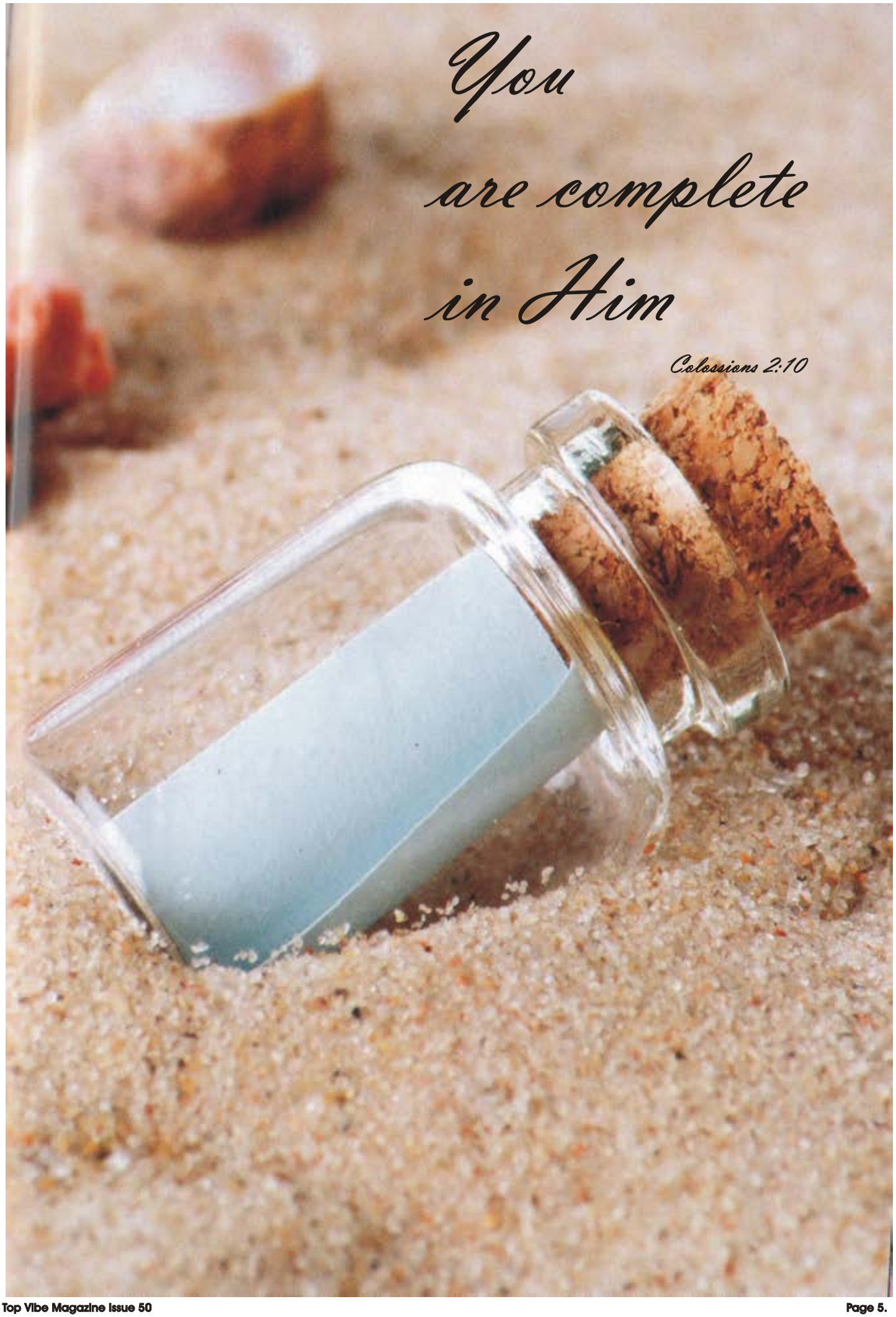
Facebook Page: Niche Vibe Networx

Contact Details:

Hillary 082-347-9533
nichenetworx@gmail.com
www.nichevibenetworx.co.za

Charmaine 072-768-8582
charmstopvibe@vodamail.co.za
www.topvibe.co.za

Don't miss out on any thing!!!!


You
are complete
in Him
Colossians 2:10

Business Cards

GEMSBOK AUTO C.C.
Tune-up Centre
Repair to Most Makes of Vehicles • Minor / Major Lube Services
Engin & Clutch Overhauls • Steering Racks • Shocks • Ball Joints
Brakes • Propshafts • Wheel Bearings • Fuel Diagnostics
Road Worthy To All Makes of Vehicles
Albert: 083 3557912
RMI APPROVED
Tel: 016 981 5517

Hair Extensions Studio
Suppliers of affordable 100% hair extensions and accessories @ factory prices
"Clip on" also available
To salons and the public
Elsabe 082 771 8040
Tel: 016 931 1286
33 Livingstone Boulevard, VDBP
www.hairextensionsunlimited.co.za

Mini - Top Vibe Magazine
To advertise in Mini- Top Vibe Magazine
Deneysville, Oranjeville, Vaal Marina area.
Call: Charmaine 072 768 8582
Call: Hillary 082 347 9533

Dashing Divas Hair Studio
54 Fitzsimons Street, SE6 Vanderbijlpark.
Hair colour, great cuts, blow waves,
Up-styles and high lights.
Mens cut, children cut.
"Come and relax while we do our magic"
Cell: Monique @ 074 9128 652
Cell: Ruzaan @ 071 215 7787

FREE
Top Vibe Magazine
Fun Magazine to read.
Adverts & Advertorial's to tell the readers more about your business.
Charmaine 072 768 8582
Email. charmstopvibe@vodamail.co.za
Find us on Facebook

face & body
beauty salon
Elza Oosthuizen
083 393 5820
Your Therapist
office: 016 971 1331
www.face-body.co.za

Verspreiding van Pamflette
Ons WAARBORG die verspreiding van jou pamflette!
Vanderbijlpark · Vaalpark
Sasolburg · Vereeniging
Kontak Charmaine - 072 768 8582

Dashing Divas Beauty 2
Perfection Beauty Salon
54 Fitzsimons Street, SE 6 Vanderbijlpark.
Waxing, gel nails, eyebrow tint.
Make up for occasions.
Acrylic nails the best nail art!!!
"We make our client our friend"
Cell: Winonia @ 082 8309442

Shop & Go
CAR WASH
Jaco 072 440 1248
Riverside Blvd Shopping Centre
Frikkie Meyer Blvd, Next to Dros

LIQUOR CITY
THE LIQUOR BOYS
Ricky da Costa
Cell: 083 634 8778
vanderbijl@liquorcity.co.za
Tel: 016 932 2158
Shop 14, Riverside Mall
c/o Chopin & Frikkie Meyer

Business Cards



Bandanas

To order call:
Charms 072 768 8582



Niche profiling **Vibe** media **Networx** networking

Join the Networx today and we will help you to network and promote your business.

Hillary 082 347 9533
E-mail: nichnetworx@gmail.com
Charmaine: 072 768 8582
E-mail: charmaine@topvibe.co.za

SNOETE & SNORRE HONDE BADHUIS



Ria
083 261 0161

Kom haal en aflaai diens beskikbaar

Maplestraat 9
S.E.3
Vanderbijlpark

ENSCO MOTOR ENGINEERING (PTY)LTD.
MOTOR ENGENEURSWERKE (EMDS) LTD.

Japie Enslin
083 451 3226

4 EDISON BLVD • P. O. BOX 1150
VANDERBIJLPARK • 1900
TEL: (016) 931-1738/39 • FAX: (016) 981-8413

*** Reboring * Crank grinding Cylinder head**
*** Skimming / Repairs * Engine rebuilding**

DR. QUINTEN D. FOURIE
MBBCH (WITS)
GENERAL, TRAVEL AND AESTHETIC PRACTITIONER
(BOTOX & FILLERS)
PR 0375065 MP 0630715
TEL: (016) 971 2052/3
DENT-O-MED CENTRE
KRUIS AVENUE
VANDERBIJLPARK, 1948



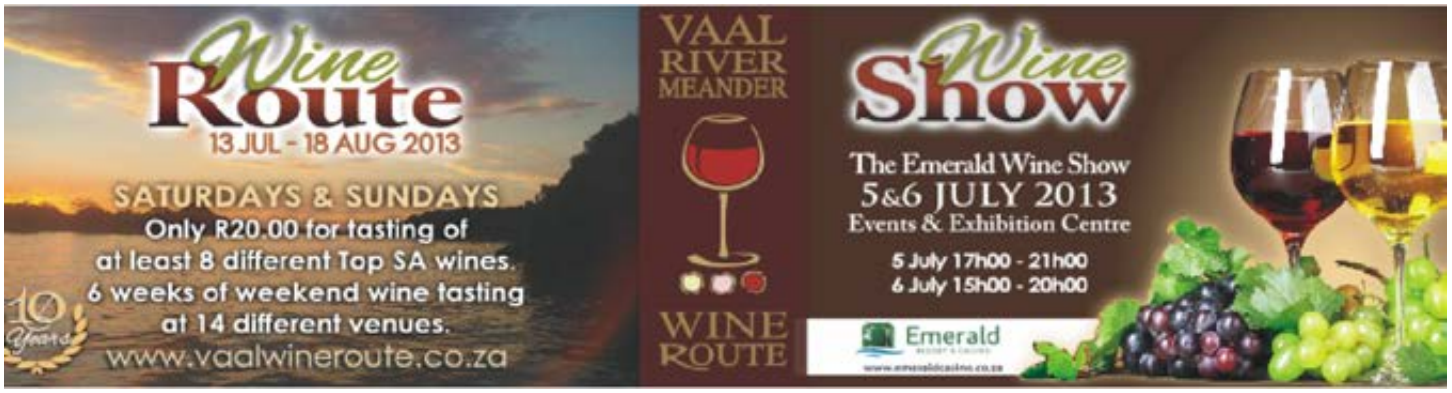
Compmed Medical Aid Services

Jan Bekker: 082 881 8307
(016) 423 5796



H/V ORWELL 16 &
GENERAL HERTZOGWEG
VEREENIGING
E- mail: bekker@compmed.co.za





Business Cards



RIVERSIDE BOULEVARD
Your Convenience Centre
(016) 932 3097



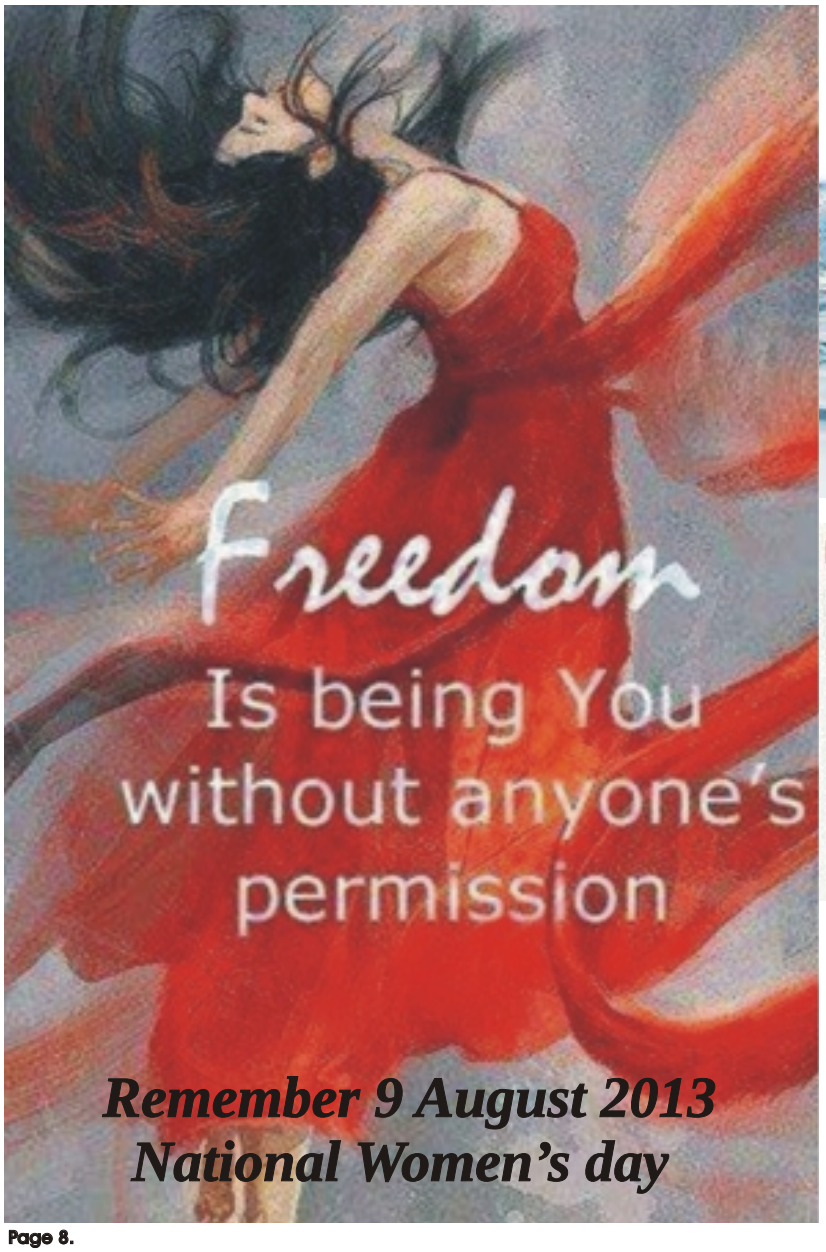
Life Coach

Until you get back to basics, it can be difficult to move forward.

- Self-confidence & self-esteem
- Career development
- Overcoming anxiety & depression
- Improving health & fitness
- Lifestyle issues & relationships.

BACK 2 BASICS

Contact: Kevin 083 322 4281(holcroftsa@gmail.com)



Stop and smell the roses





" Ses Snare" Live by Vereeniging Barnyard.

Wow, wat 'n indrukwekkende vertoning!!!! Hierdie mans het ongelooflike talent.

Hulle noem hulleself Ses Snare, en dit is hulle inderdaad. Elkeen kunstenaar in eie reg. Ek het baie lank laas iemand gesien met so baie talent.

Dit was 'n vertoning wat mens nie gou sal vergeet nie. Mens sit letterlik op die punt van jou stoel, net te bang jy mis iets.
Hierdie is 'n vertoning wat mens nie mag misloop nie en sou jy dit wel mis, gaan koop gerus, hulle DVD of nuwe CD jy sal nie spyt wees nie. Dit is elke sent die moeite-werd.

Hou gerus die sosiale-kalender dop om na 'n vertoning van hulle te gaan kyk. Ses Snare het die musiek wêreld met 'n storm getref.

Danie "Pitbull" van Heerden.

My naam is Danie van Heerden 'pitbull' ek is 26 jaar oud. Ek het my loopbaan met boks begin, geboks maar net 1 amateur boks geveg gehad en dit was nie vir my nie. Ek het besluit om te stoei en gestoei vir 1 jaar by "Doustyl stoei club" in Dunkenville en my Sedibeng kleure verower en ook 2de plek in die SA'S.

Ek het die 3de Oktober 2009 begin met MMA (Mix Martial Arts) by James Vermaak ek het my eerste geveg die 30ste Oktober teen Brandon Dean geveg, en het hom gewen 1ste rondte (2min 56sec) Brandon was dadelik gek oor die Mix Martial Art styl en het daarna 2 "fights" op 1 aand gehad Ek het Anthony Jardine en Saen Craig altwee gewen, alhoewel Sean amper my been gebreek het. Ek kon nie loop vir 2 weke na daai geveg nie maar dit was baie lekker. Ek het R13 000 gekry.

Ek het James Vermaak verlaat en in met EFC -Africa (Extreme Fighting Afrika het 'n opponent geveg van hou gewen en R45 000 gekry vir die gewig (93kg tot 120kg) teen Norman teen JP Joubert. Toe moes ek Jake Els 'n gewen.



Brambly gaan train. Ek het toe 'n kontrak met gekry Championship) die grootse MMA Organisasie in "Usten Texas" en ook gewen 1ste ronte met 'n uitklop geveg. Daarna was ek op vir kontender in swaar Wessels ek het die geveg verloor asook die geveg 2 keer werêld kampioen in "kick boxing" en hom

Dit is toe dat ek besef ek moet gewig afgeskaal na light heavy weight

verloor omdat ek die kleinste swaargewig was ek (84 tot 93kg) my kontrak was ook klaar met EFC.

Ek het 'n ou geveg van USA en hom gewen. Scheepers verloor en hy het my neus 1ste rondte. Daarna oorgeskuif na Walter verloor oor punte, daarna teen Craig Fourie Wentd geskuif na "Tapout Accademy in Alberton Meyersdal Mall figer 4 by EFC en teen Donavin Hawkey baklei in die weke vir daai geweg en hom gewen in die en het toe teen Gareth Mclellan verloor tot 93kg) en weer van onder af begin. My volgende geveg was teen Jason wenner kry 'n kans om die champ te fight gemaakte ring ter waarde van R30 000

eerste rondte daarna het ek die geveg teen Jeremy gebreuk toe teen Craig Fourie en hom gewen in die Wentd my huidige coach teen Migiel Opperman weer baklei en weer gewen. Ek het saam met Walter Northklif saam met Wiekus Swart, getrain ook in Dweyne Hurn. Ek het weer 'n kontrak gekry met die middel gewig (77kg tot 84kg) ek het 25kg verloor in 3 1ste rondte. Daarna is ek weer op vir no 1 contender ek het weer terug geskuif light heavy weight to (84kg Ek het teen Dain Neveling baklei en gewen 1ste ronte. Curverwell vir no1 plek op die rang lys in Africa die JP Joubert vir die EFC - Africa belt en EFC hand as 'n bonus wanneer ek die titel kry .

Ek hou nie van boks nie dit is basic en daar is nie 'n beperking an grepe nie, MMA gedisiplineerde sport. Mens moet reg en hard oefen en positief krag gee elke dag om lewe deur te maak.

moeilik vir my. MMA is nuut elke dag. Mens bly leer is n kombinasie van boks, "Mutai,ju jitsu",dis 'n baie

bly in die HERE glo alhoewel dis hy wat ons, ons My vrou Schanny is my grootse ondersteuner.

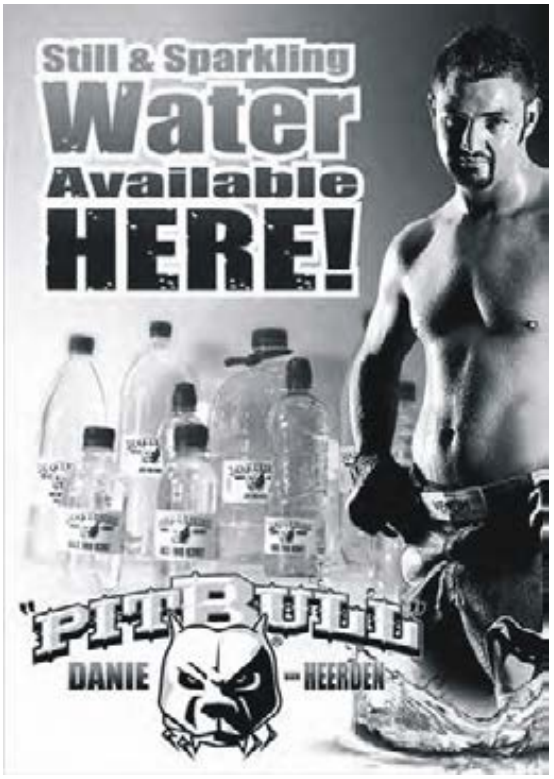
Ek wil graag dankie sê vir al my vriende, familie, fans en borge (Cuztomcuz, ADC motor cycle, Slater gym) sonder jul is dit nie moontlik nie.

Jul kan my volg op twitter @daniepitbull - Of facebook fan page www.facebook.daniepitbullvanheerden.co.za

Ek het ook my eie still en sparkling water. Kontak Alta 0837800307 vir meer inligting en pryse.

Ek doen graag my deel vir die "Kanker Organisasie", en werk saam met Kevin du Plessis.

Kom vat hande saam met ons ek kom ons maak 'n verskil, dankie Top Vibe vir die geleentheid en blootstelling!!!!



Kids Cancer

Kids cancer Foundation is a foundation whose main goal is to put smiles on the faces of kids with cancer. There are so many children in South Africa with cancer. And they have to go through chemotherapy as well as radiation just to try and prolong their live's.

Every time that the have to go in it hurts and it takes a strain on the family. So many Parents even had to give up their jobs just to be able to be with their kids during this hard time.

What we do is, we raise funds, collect toys and even clothes so that we can help them out. With the funds we buy their every day needs like toiletries, food, and even try to help out with bills.

It would be wonderful if you guys could assist us with our goal and let's put some smiles on the kids faces.



Kevin du Plessis

Kids cancer foundation

kdpfitness@mweb.co.za

Kevin du Plessis: 078 406 4099

Top Vibe Give aways

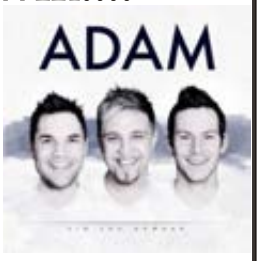


Congratulations to our DVD winners of Issue 49:

Mev Maggie Brand:- Vanderbijlpark
Mev Ria Jackson:- Vanderbijlpark

Thank you for everybody that took part in the giveaway.
Thank you to the sponsors for the prizes in our giveaway.

Competition: Cd's to win!!!!



2 ADAM cd's are up for grabs!!!!!!!!!

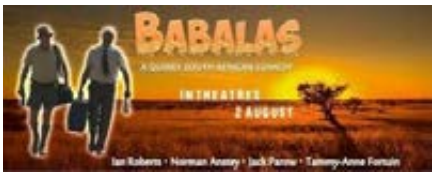
Question:

Name all three members of the group ADAM?

Win by simply answering the question correctly.
SMS "Topvibe" the answer, your name and contact details to 45522 SMS'S cost R1.50 PER SMS.

Entries close 26 July 2013.
Winner will be notified by SMS on 27 July 2013.
You may enter as many times as you wish to incease your chances of winning.

Good Luck!! Thank you to "Star Burst" sponsoring the cd's.



The movie BABALAS will be in theaters from 2 August!!

Upcoming Events in





3 July:-	Die Boer en die Scot: Barnyard Vereeniging @ 20:00 R100p/p
13 July:-	Gerhard Steyn Barnyard Vereeniging Contact (016) 454 8388
28 July:-	Rocco de Villiers Barnyard R140 p/p Contact: (016) 454 8388
31July: -	Tom Jones Tribute @ The Barnyard Vereeniging
01 Aug:-	Tom Jones Tribute @ The Barnyard Vereeniging

For more info on Upcoming events go to:

www.showmevaal.co.za/vaal
www.ifmradio.co.za Tune into the best radio station IFM 102.2

With Compliments of showme, IFM 102.2 & Top Vibe Magazine.

Top Vibe Magazine
072 768 8582











The Vaal Triangle's Preferred marketing Choice

Best radio station in town



Marketing (016) 889 4304/4404/4407/3488/2380
Studio 083 902 1022 Office (016) 889 2014
Fax 086 226 2014 SMS Line
www.ifmradio.co.za 41022 (R1.50 per sms)

Read your Top Vibe Magazine NOW on www.topvibe.co.za

wallArt®
Wall Decor
Bring your walls to life

FLOORS & BLINDS World
Tel: 016 932 5622



THE SHACK
Minnaar Str, Vaalpark (Next door to Abrahamsrust Resort)
Cell: 083-629-7148 / 082-443-2603
GPS: S26®45 min 50.9 E27®49 min 63.4





BODY FUEL EXPRESS STORE - RIVERSIDE BOULEVARD, OPPOSITE OCEAN BASKET - Tel: 016 9822212



Wat se ons leesers van Top Vibe op facebook, Twitter of WhatsApp!

Daleen de Lange: What an awesome Magazine!!! (Facebook)

Sharon: Ek kan nie wag dat die tydskrif beskikbaar raak nie, ek geniet dit en lees hom elke maand van hoek tot kant. (Facebook inbox)

Veronica de Beer: Ek lief die Magazine, ek en my gesin lees dit, ja die kleintjie kyk net prentjies en babbel tussen in. (Twitter)



Kyk net hier na die foto links, hoe word *Top Vibe Magazine* gelees. Hulle gee nie veel kommentaar nie, maar kan nie wag om te sien wat is daar in die Magazine om te lees nie.

Baie dankie vir julle boodskappe, sms'e op facebook, Twitter en WhatsApp. Dit is heerlik om van julle te hoor!!!

Hou hierdie spasie dop, gee jou kommentaar en jy mag dalk net jou boodskap in ons volgende Top Vibe lees!!!!

Ons gaan ook kommentaar oor Mini-Top Vibe plaas....



Every day Top Vibe will post a question on facebook and Twitter. It is fun!!!!!! Give your overall comment and we will publish it.....