Top Vibe Magazine

ONLINE
AUGUST ISSUE 135
2020

Meet Zonicka and Niel Face of Aloe FINESSE Skin | Body

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Dr Q Fourie is joining Dr Bester see page 8

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From the Editor's desk...

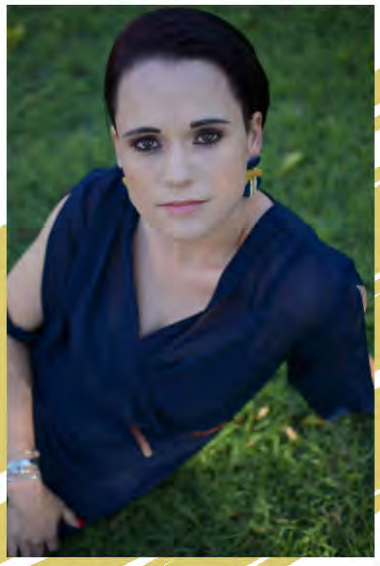


Editor's picture: Charmaine Britz
Photographer: Charmaine Janse van Rensburg

What an privilege to announce that ***Top Vibe Magazine*** will celebrate our 12th birthday in November. ***Top Vibe Kids Magazine*** is 2 years in business. We took the time to create a new magazine ***Glamour Talk Mag*** something totally different.

We are so excited to also announce that the beautiful Zonicka Van Heerden (The face of Aloe Finesse) will also be joining ***Top Vibe Magazine*** as the brand ambassador, we are looking forward to this adventure together and we know that this will be amazing. Welcome to the family Zonicka, we wish you all the best and together we can take ***Top Vibe Magazine*** to the next level.

The month of August has arrived and of course August is Women's month. We call on the stronger business women to encourage other business women to take hands and stand tall together, the business world for a woman can be a very difficult and sometimes lonely world and this is why we as women need to stand together and support each other wherever we can because together we are stronger and we can achieve so much more.



Zonicka van Heerden -
Ambassador Top Vibe Magazine

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To a super woman:

Your worth is not in the things you do
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You go beyond your limit in life
You are so strong from inside
You sacrifice for that one smile
You are there for people you love all the while
You are a true woman of substance
And a big salute to you in life

Happy women's day to you!
Being so pure and true!
Woman

Take care till next month.
Charms x0x



Top Vibe Magazine

Comments:
Please write to us or contact us to share your opinion, ideas & comments.
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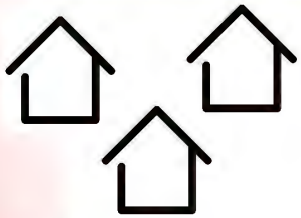


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Zonicka Van Heerden



Face of

Aloe FINESSE
Skin | Body



Niel Erasmus

The lovely Zonicka Charmaine Du Toit, was an only child raised by a single mother for 18 years. She never knew her father. Zonicka went to numerous Primary Schools and two High schools.

I started working as a cashier at CSP in Vereeniging.
I soon filled the position of Financial Manager.
Got married at the age of 20 and had my first daughter at 21, my son at 23 and my second daughter at 30.

I lived in Vereeniging for most of my life. My hobbies consists of being a mom's taxi and driving my kids up and down to any sport or school activities and extra classes but even if I embarrass them from time to time, I would say they know I'm their biggest fan and supporter and I won't choose any hobby above this one.

I'm part of the Secret Saints Meyerton team and love helping our schools feeding scheme. It's always been close to my heart to help people and especially children.
I entered this year's Face of Aloe Finesse 2020/2021, to support a company owned by a woman.
I never had any hopes of winning. I was so surprised but yet so grateful and thankful for the platform to show women that no matter what your age, a mother of three with short hair and even wrinkles, can enter a skin care competition and win.
I'm so grateful for the opportunity to be the face of the amazing natural Aloe Finesse Skin care range.

I've always had a passion for fashion and always dreamed of owning my own boutique. In February this year I started selling clothes, shoes and Maternity wear for women from a small room at Green Feather Gift Shop in Meyerton. As you know Covid-19 hit and we had to close. I'm proud to announce that my dream of opening my own boutique came true. ***Wicker Clothing*** will open the 1st of August at the same premises of ***Models Unlimited and Aloe Finesse day spa at the c/o Zambesi and Limpopo Street in Three Rivers, Vereeniging.*** Thank you to the women who believed in me and that they are willing to walk this mile with me, I thank God for this wonderful opportunity and for sending them across my path. Bless us all Lord, in our new journey together.
Zonicka Van Heerden

Well known Niel Erasmus, 1st Prince in the Mr and Miss Vaal 2019/2020 pageant. Also the Face of Aloe Finesse.

Every person dreams BIG. As a young boy I had a heart full of hope and a mind filled with dreams.
One of those dreams was to play professional cricket.
I still aspire to achieve and pursue this dream.
I believe you must work for the life you dream off and that anything you put your mind to is possible with hard work and commitment.

I am 20 years old and I'm currently employed at McKinnon Chain in Vereeniging.
On weekends I assist with sanitizing and decontaminating against Covid - 19 at Ladylike Pest Tech for extra money to further my studies.

I am grateful to be the face of Aloe Finesse. Real men do take care of their skin.
The modelling industry is a great learning curve, creating self- confidence, interesting fun, and inspirational and opened many doors for me. I have worked with great people including some of the Vaal's most talented people and brands.

My aim in life is to make people laugh, to make a difference in life, one smile at a time.
Charity work is close to my heart, every act of kindness is a seed planted to better the future of all.

I have been faced with many obstacles and challenges in my professional, sport and modelling career.
My Christian beliefs has taught me that working hard and giving your best is what matters. I was very fortunate being the Captain of the 0/17 SA rural cricket team and representing Gauteng on many occasions.

I thank my Almighty God for blessing me with my talent, strength, courage, grace and a wonderful support system.

Never let fear get in the way of your dreams - always believe, dream BIG, work hard and enjoy every moment Live life to the fullest.
Niel Erasmus.

Three divers doctors take hands to serve the community



Dr. Marius Bester

Dr. Marius Bester is the Owner and Director of Drs Mabude & Bester inc.
He started his private practice in Vanderbijlpark 2003 after he obtained his MBChB from Pretoria University in 2000. His passion for emergency medicine led him to Co-own and serve as the Clinical Director of Emfuleni Mediclinic and Lenmed Randfontein Hospital emergency rooms. He has a love for sport and fitness and represented the Golden Lions U19 and U21 level. This motivated him to complete his master's degree (Msc.) and graduated Cum Laude in 2016 from Pretoria University. He has also been invited to do his Ph.D.(doctoral) in Emergency medicine at Pretoria University, researching sudden cardiac death in athletes.

Dr. Bester's research thesis was accepted and was presented at 2018 FIMS World Sports Medicine Congress in Rio, Brazil. Dr. Bester is World Rugby and SA Rugby certified to serve as match day doctor. He has served in this position in numerous SA Rugby affiliated youth weeks as well as Chief Match Day Doctor for the Springboks during South Africa vs. England 2018 series. He also on occasion serves as Team Doctor for the Golden Lions Currie Cup Super 15 and U21 teams. He has a keen interest in sport related concussions and is looking forward to broadening his knowledge in this area. Besides sports medicine, he is also a very competent General practitioner with a busy practice in Vanderbijlpark treating various conditions and diseases. He also practices aesthetic medicine including botulinum toxin and dermal fillers. He uses regenerative medicine to treat so of his sport patients with Platelet Rich Plasma.

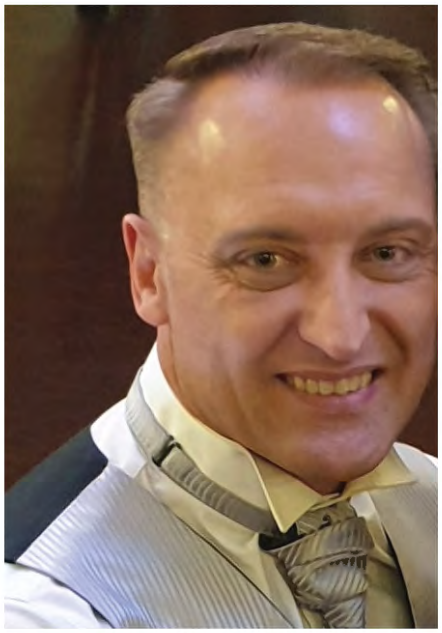
Dr. Quinten Fourie recently joined Dr. Bester's practice. His medical career started with Bsc Chemistry and Physiology and B.Cur (nursing) at Pretoria University, which he was the top student and obtained various awards. He was selected for medicine graduated with his MBBCh degree at Wits University in 2005.

General Practice made him realize that there are many fields he enjoys. He also developed an interest in Aesthetic including advanced botulinum toxin treatments, dermal fillers, threading, sclerotherapy, regenerative medicine with PRP, and sexual rejuvenation with P-and V shot.

Dr. Fourie also has a special interest in musculoskeletal injuries including as sport and have been involved in multiple(ante- aging) as a holistic approach to his patients. He is also involved in medical media being involved in multiple magazines writing informative articles. Currently, he is the Health Expert for BLOSS and BLOSS Africa magazines. Dr, Fourie obtained multiple certificates in Travel (Yellow Fever licensed), Dispensing (DOH), Aesthetic, Integrative medicine, Genetics and Paediatric Nutrition (Boston,)



Dr. Quinten Fourie



Dr. Danny Dennewill has joined Dr. Marius Bester in 2019.
He obtained a Bsc. Human physiology from the University of Pretoria in 1997, after which he studied dentistry and obtained his BChD at Pretoria University in 2002.

He spend 15 years in the Netherlands as a general dentist. Twelve of these years he had his own private practice. He returned to South Africa to continue his dentistry career in the Vaal Triangle as General Dental Surgeon.

He has special interests in Aesthetic dentistry including botulinum toxin, facial, and lip dermal fillers.
He also offers endodontology (diseases and injuries of the soft tissue inside a tooth), as well as prosthodontics like crowns and bridges.

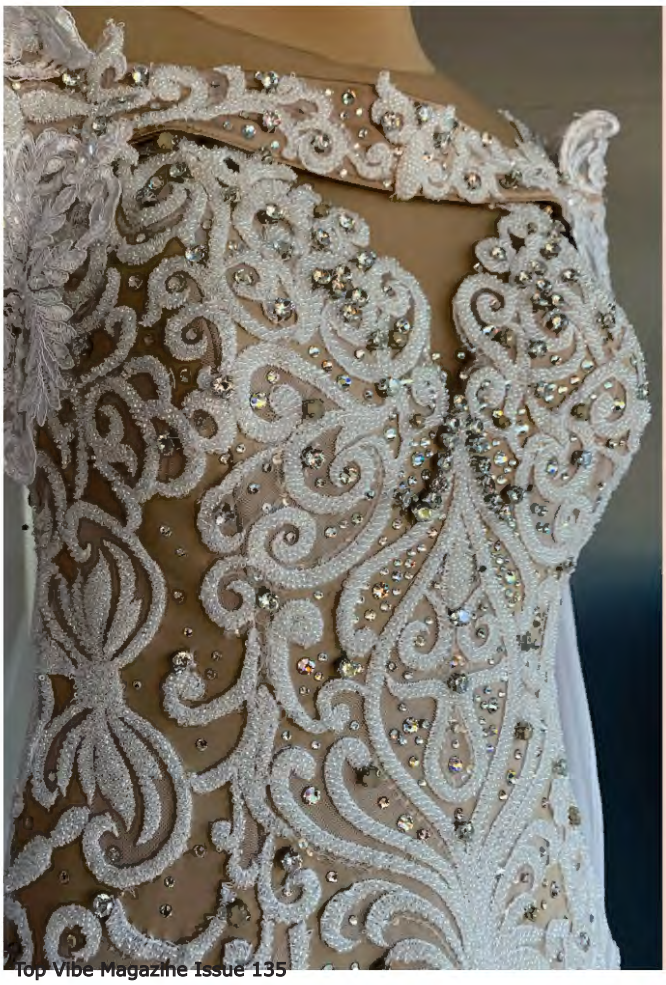
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Happy Women's month



In South Africa, 9 August is Women's Day and the month of August is National Women's Month. This is an opportunity to celebrate women's achievements and the important role that women of all races and religions have played and continue to play in South African society.

On 9 August 1956, more than 20 000 women from all walks of life united in a mass demonstration to the Union Buildings in Pretoria. They protested against the unjust pass laws enforced on women in South Africa.

The women were led by Lilian Ngoyi - a trade unionist and political activist, Helen Joseph, Albertina Sisulu, and Sophia Williams-De Bruyn.

Important role

In remembrance of what South African women achieved on that day, 9 August has been declared as National Women's Day and is a public holiday in South Africa. Women's month is an opportunity to celebrate and reflect on women's achievements, as well as the problems they have faced in the struggle to be free and the important role they continue to play in society. Apart from their traditional roles as mothers, wives and caregivers, statistics show that women are making great progress in business, politics, academic and economic careers with more and more women reaching top positions.

Entrepreneurs

Government is committed to empowering women and helping them to reach their highest potential. For example, the South African Women Entrepreneurs Network (SAWEN) is an initiative of the Department of Trade and Industry. It is a networking forum committed to advancing women in business.

Its main objective is to bring business women together to talk about the challenges they face. The network gathers and updates a database of women-owned businesses and services. It also helps with training and developing of business skills.

Make a difference

Women of South Africa, be proud of what you have achieved. Let the achievements of those who went before you inspire you to unlock your own strength and motivate you to make a difference in your family, your community or your country.

Go out and celebrate the women that you are. Go out and make a difference this Women's Month!

International Women's Day:

Equal rights, equal opportunities, progress for all This year is the 99th anniversary of International Women's Day, which is marked on 8 March every year by many countries throughout the world. The theme for 2010 is "Equal Rights, Equal Opportunities, Progress for All. "The focus of International Women's Day ranges from showing respect, appreciation and love towards women, to celebrating women's economic, political and social achievements.

Empower all women celebrate Women's Day 9 August 2020



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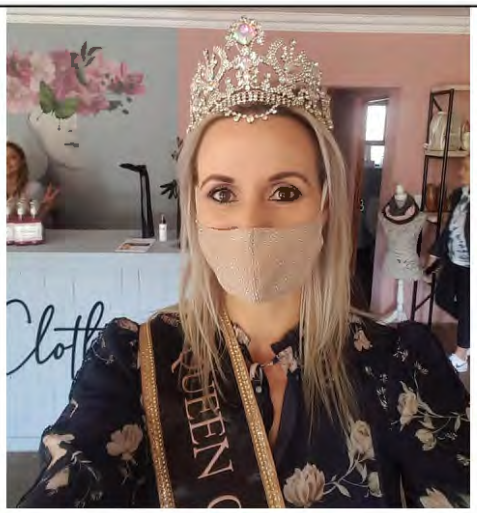
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