Glamour Talk Mag

Online

August Issue 2021

Happy Women's Day
9 Aug 2021

DOZI
Dis Hoekom



EVERY DAY IS A GLAMOROUS DAY WITH GLAMOUR TALK MAG

VAAL PAGEANT

Semi - Finalists
Miss Petit's - Mr Teen's

BAOBAB
SUPER FRUIT POWDER

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Glamour Talk Magazine

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Please send an e-mail to admin@topvibe.co.za to share your opinion, ideas and comments.

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1.

Baobab:

Stay healthy by eating healthy. Baobab super fruit supports your immune system, fights inflammation and enhances digestion while you enjoy the light subtly tangy flavor

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Dozi - Dis hoekom:

Find out more about Dozi - Dis Hoekom



REGULARS

1. EDITORS NOTE **03**

Editor - Charmaine Britz owner of Media House with magazine's like Glamour Talk Magazine / Top Vibe Magazine and Top Vibe Kids Magazine & 50+ Magazine

2. AMBASSADOR **04**

Our Glamour Talk Magazine Ambassador Ané Oosthuysen will bring you something new every month.

3. AMBASSADOR **05**

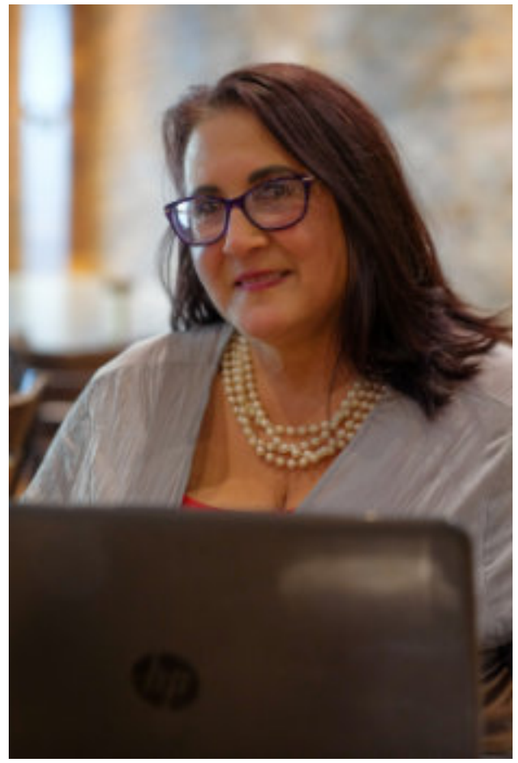
Our Glamour Talk Magazine Ambassador Sherlain Holmes will bring you something new every month.

4. COVER PAGE: **01**

We celebrate our 1st Birthday in the month of August.

5. BACK PAGE MODEL **26**

Photo provided by anonymous -



Photographer: Albertus Kriel
Venue: Turn 'n Tender Vaal mall

EDITORS NOTE

Very greatfull that the month of July is in the past, it was a month with great challenges.

Glamour bring you the Finalists in the Vaal pageant in the following Categories:
Miss Petite
Mr Petite
Miss Pre- Teen
Mr Pre-Teen
Miss Teen
Mr Teen

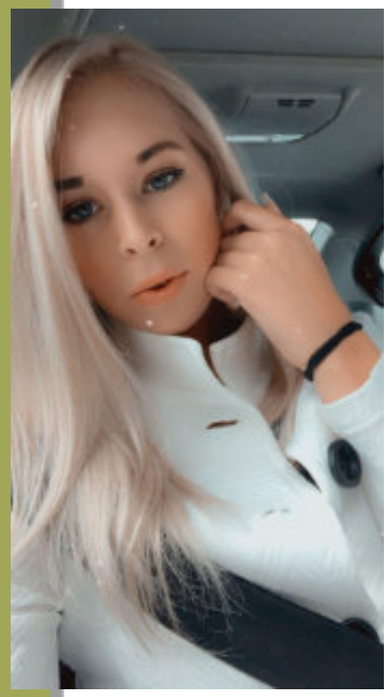
We are proud to announce that we are a Sponsor for the Vaal Pageant.

Follow us on our Social media pages.

Take care
Love
Charms

AMBASSADORS

Sherlain Holmes & Ané Oosthuysen



Sherlain Holmes

Our youth is our future. It has been laid in my heart to talk about our youth and youth empowerment that not only you as a parent can do but as a family member or friend.

The kids follow in their parents footsteps until they are fully developed, and even after being fully develop they still follow their mother or father's footsteps.

Four important things to a healthy youth development is.
1. Positive sense of health
2. Self control
3. Dicision making skills
4. A moral system of belief.

We need to realize that criticism is the clothing of flesh an it needs to pull others down to lift itself up, that still does not give anyone the right to criticize.
If we can share our love, support and kindness to youth, they will embrace their flaws and embrace the flaws of others.You must be the role model for your kids today.
You are the King or Queen you always wanted to be

Follow me on Social Media.

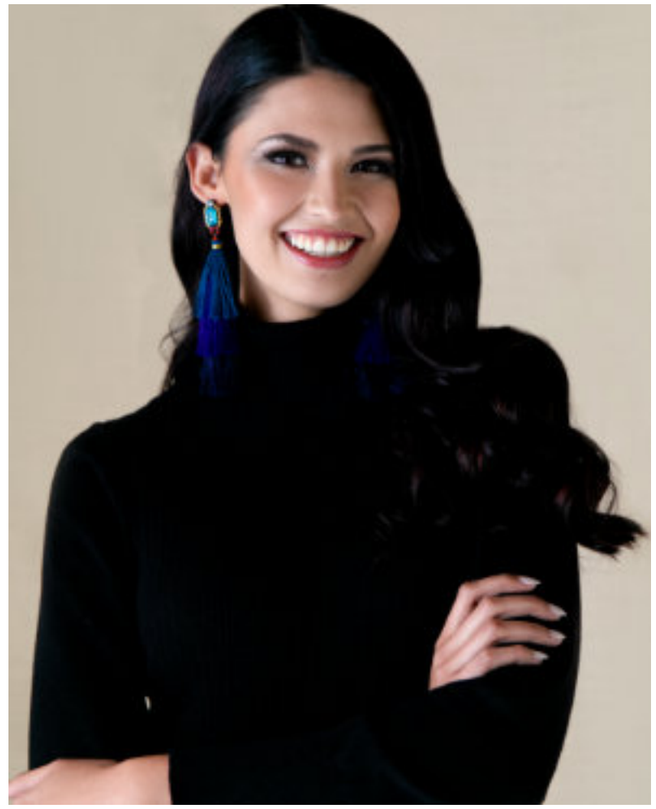
I, would like to thank each and every person, who support me on my journey.

I'm blessed to have a wonderful support system I'm very excited to follow my dreams. I know that I will work hard and one day will look back and know that I'm happy with what I achieved.

Thank you for everyone that took the time to vote for me.

To my loved-ones thank you for your support every step of the way.

Follow me on Social Media.



Ané Oosthuysen



“Boost your immune system with Baobab superfruit power”

organic-baobab-fruit-powder



NUTRITIONAL INFORMATION

BAOBAB POWDER

	Per 100 g	Per Single 10 g Serving
Energy (kJ)	914	91
Protein (g)	3,6	0,4
Carbohydrate (g)	26	3
of which total sugar (g)	0	0
Total Fat (g)	0,2	0
of which saturated fat (g)	0,1	0
Dietary Fibre AOAC 991.43 (g)	49,2	5
Total Sodium (mg)	2	0

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Stay healthy boost your immune system with Baobab superfruit powder.

A low suger, nutriet-dense organic superfruit power for smoothies; mix with water for a natural sports drink, add to oatmeal, baked goods or yoghurt. Adds antioxidants, fiber and electrolytes.
Bursting with antioxidants
Contains 50% more antioxidants than blueberries, pomegrante, goji berries or acai.

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An excellent source of electrolytes,more potassium and magnesium than bananas or coconut water

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- Raw -
- Vagan- Sustainable
- Gluten-free - Whole Food.
- Re-sealable pouch contains 200 grams of powder

Where can you find this product?

African Health Products web-site
www.africanhealthproducts.co.za

BAOBAB

SUPER FRUIT POWDER

The high omega-3 fatty acid in baobab oil is also good for your hair. When used as a hair mask or a leave-in conditioner. Baobab oil may help moisturize dry hair and strenghten weak brittle hair.

Baobab powder comes from the fruit of the baobab tree, which has been revered from centuries as “the Tree of Life”.

Baobabs grow wild throughout Africa and can become massive - the largest recorded baobab tree is 98 feet tall and 36 feet in diameter.



Stay healthy by eating healthy.
Baobab super fruit powder supports you immune system fights inflammation and enhances digestion while you enjoy the light subtly tangy flavor.

“Ané Oosthuysen Miss South Africa Top 30”



“I am Driven Kind and Passoinate”

Ané Oosthuysen 23 years old
Born and raised in Vereeniging, but I

The past few months I worked as an assistant teacher at a primary school, while also being a full-time student studying towards my PGCE teaching qualification which I will complete this year. In addition to this, I am also a third time graduate, with a BA degree in Psychology and Sociology, as well as both a Honours degree in Psychology, and Medical Sociology, all of which I completed at the North-West University. My aim is to use these qualifications in order to reach my goal of becoming a qualified Educational Psychologist.

In 2019, I was crowned as Miss Vaal 2019/2020.

Why did you decide to enter Miss South Africa 2021 and why do you deserve to win this title?

From a very young age I have always been inspired by the Miss South Africa platform. I have been inspired by women who are selfless, determined, ambitious, brave and so completely driven to serve the people of this country. Through a long journey of self-discovery and growth, I came to realise that I also have the same greatness within me in order to become the same selfless, determined, and brave woman that inspired me throughout my life. For that reason, I decided to enter Miss South Africa 2021, because I know that I have greatness within me in order to lead the women and people of this country.
I believe that I deserve to win this title because I am a determined woman who is devoted to live a life that is focused on serving others, and I believe that this is exactly what a Miss South Africa should be.

One of the biggest disappointments that I had to overcome was to be rejected from studying towards my Masters in Clinical Psychology. It was a big disappointment, mainly because I now how hard I worked. It was only later that I realised that this disappointment turned into a blessing, because if this didn’t happen I would have never discovered my passion for teaching. I really believe that this experience showed me how resilient I am, and that things will always work out the way it supposed to.

Working with children on a daily basis really made it clear to me that bullying is a big problem. Young people are unaware of the physical, emotional and mental effects bullying behaviour can have on an individual. It is for this reason that so many young people are depressed, and the well-being of our youth is not taken care of.

One of my biggest role models is Rolene Strauss. She showed me that it is possible to achieve everything you set your mind to, all you need is the will to do so. Furthermore, I am also inspired by everyday heroes. I am a firm believer in the saying that no act of kindness is ever wasted, and small acts of kindness from the people around me inspire me on a daily basis.

I am lucky enough to be blessed with two very loving parents, who have been married for the past 26 years. My father Dennis Oosthuysen, is a project manager who works in the demolition business, while my mother Annelise Oosthuysen, is a stay at home mom. I also have a younger brother Westiaan (21).

During the week I like playing netball whenever I find the time, but over the weekends I love to braai and spend quality time with my family.

Last year during the pandemic, I collected food for the most vulnerable people in my community. On Mandela Day we manged to feed over 100 individuals, and out of all of my achievements in life this moment really stood out to me, simply because I know what an impact it had on those around me.

Beauty pageants are still relevant today, simply because it is continuously evolving.

Beauty as we used to know it now embodies so much more than just outer beauty, and pageantry enables women to be empowered and use all of their qualities to lead and empower others as well.

You are enough. We are often times so focused to become what the world tell us to be, that we forget that we are already have everything within us to achieve greatness.

QUICKFIRE QUESTIONS (SHORTER ANSWERS)

Describe yourself in three words:
Driven, kind, passionate.

What’s the best advice you can give in exactly four words?
You are your choices.

Who’s your favourite designer and why?
Mariska Pfhal, she is a local designer with the biggest talent and kindest heart.

You have to give up one of these? Handbags or shoes?
Definitely handbags. Even though I always have tons of things that I carry with me, I will never be able to go without a nice pair of shoes!

What is one thing that we would not know about you just by looking at you?
I had braces twice in my life, and two years ago I also underwent a major jaw operation.

What would be your dream holiday?
As I never been there before, my dream holiday would be to travel to Cape Town with my family and experience the beauty of our own country.

Your social media tags:
Facebook: https://www.facebook.com/ane.oosthuysen/
Instagram: https://www.instagram.com/aneoosthuysen/
Twitter: N/A

Happy 1st Birthday



SPECIAL EDITON

One year celebrations, Glamour Talk Mag celebrate our 1st birthday in the month of August.

Where did the time go? It feels unreal but it's true.

As part of our birthday celeb rations and Women's Day on the 9th of August.

We will be handing out 200 cupcakes to Women who dedicate their life to safe lives.

Our Media House Ambassadors will be part of this special occasion.

I'm so blessed to be sarounded by great people, women that uplift women.

We would be having a few more celebrations towards the end of the year.

Top Vibe Magazine will celeb-rate its 14th birthday and Top Vibe Kids its 4th. Thank you for your support!

EVERY DAY IS A GLAMOROUS DAY WITH GLAMOUR TALK MAG





OUR 1st BIRTHDAY

Semi Finalists

Miss Petite's 2021





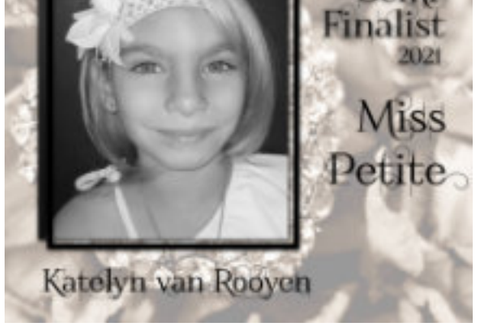
























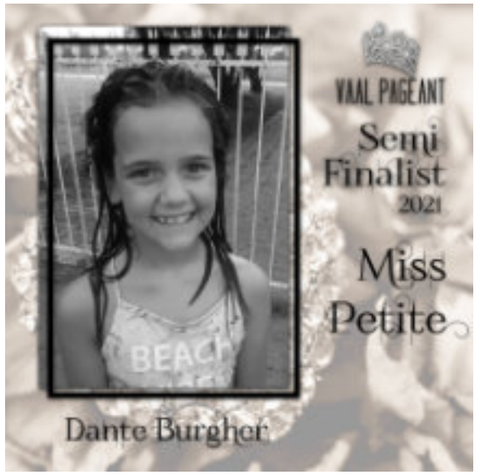


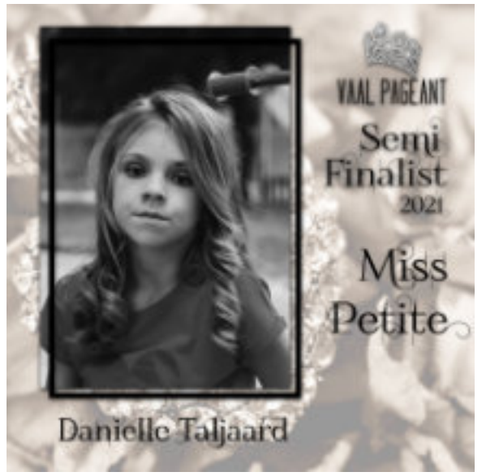
Semi Finalists

Miss Petite's 2021



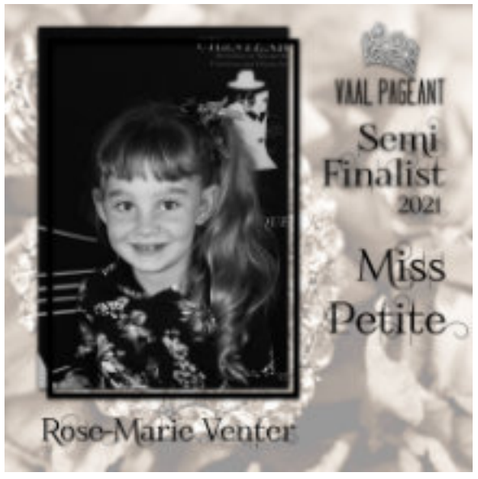


















Semi Finalists









Mr Petite's 2021











Semi Finalists Miss Pre - Teen 2021









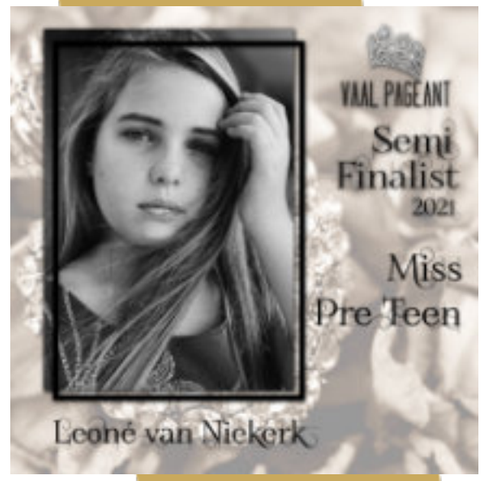






















Semi Finalists





Miss Pre Teen 2021







Semi Finalists





Mr Pre Teen 2021











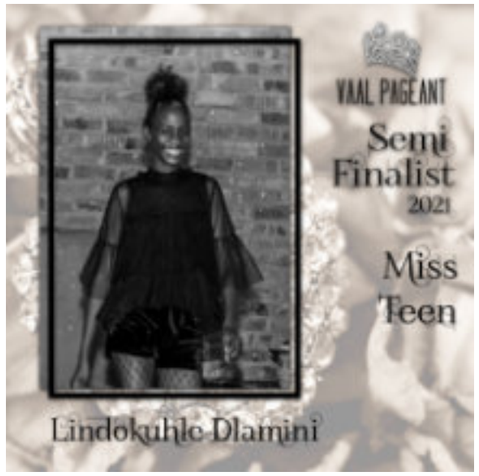


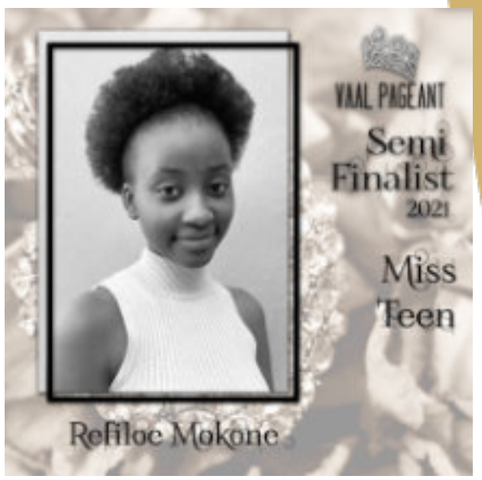
Semi Finalists

Miss Teen 2021





























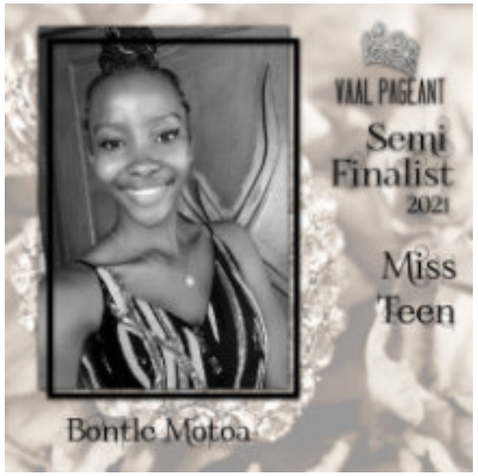


Semi Finalists

Miss Teen 2021































Semi Finalists

Miss Teen 2021































Semi Finalists
Miss Teen 2021









Semi Finalists
Mr Teen 2021













Semi Finalists
Mr Teen 2021









Glamour Talk Mag

would like to take the time to wish every Semi Finalist the best of luck.
You have made it, you are in the Semi Finals.
All that you can do is to simply just be yourself, don't try to be something or someone that you are not just be yourself and enjoy every second of this journey.
Taking part in the Vaal Pageant is not as easy as some people may think, it takes so much courage and self confidence and not everyone can do that.

The Vaaltriangle is so proud of you.
Best of luck.

“Celebrate Women’s Day ”



Women are special for many reasons. They are the most sensitive, caring and maternal people in the world. Women are very sympathetic towards people and things. They use both sides of the brain and men don't.

Every year on August 9, we celebrate all women on Women's Day. In addition to shopping at women-owned businesses and using the day to give money or resources to organizations that help women throughout the year, many people also follow the tradition of gifting Women's Day flowers.

International Women's Day is a United Nations–sanctioned global holiday that aims to celebrate women's contributions to society and raise awareness to the areas of society that need to improve to reach gender equality. Each year has an official theme, but unofficially, many people use it as a day to remember all the women that have made an impact in their lives through sharing International Women's Day quotes, thoughtful messages, and more.

The International Women's Day 2021 theme from the UN is Women in Leadership: Achieving an equal future in a COVID-19 world. The official International Women's Day

Women's empowerment is a part to encourage women to feel strong by telling them that they can do everything that they want to do. Women can work outside their home, have opportunity to make up their mind. ... Empowerment helps to reduce in domestic violence due people promote and give the value to women.

Social. Social empowerment might be one of the most prominent forms of empowerment shown in the mainstream media.
Educational.
Economic.
Political.
Psychological.

In my opinion empowered women is a person who is educated, can take decisions on her own from education to marriage. Women should get respect, honour, recognition and love from all the fellow beings in her society especially from her family members.

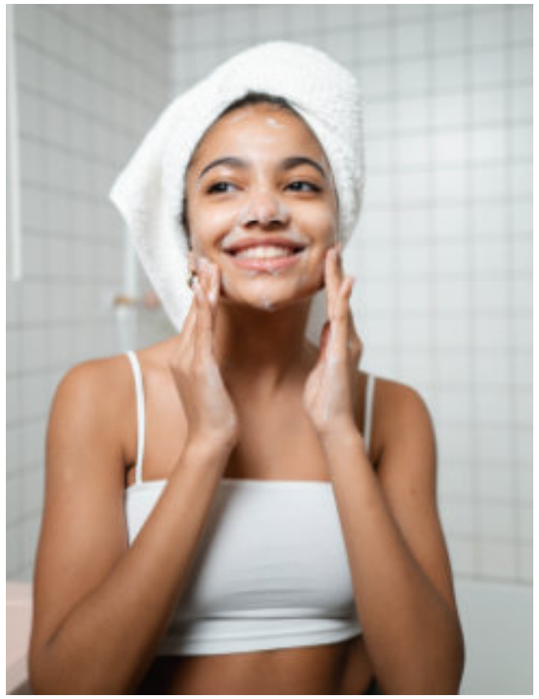


9 August is Women’s Day

Spoil yourself

WITH THESE EASY HOME SPA TREATMENTS





Cucumber mask for oily skin:

Ingrediants:

½ cucubber
1 egg white
1 Tablespoon lemon juice
1 Teaspoon dried mint flakes

Puree all ingrediants in blender
Refrigerate for 10 minutes
Apply mixture to face
Leave on for 15 minutes
Rinse with hot water, then cold water.

Banana mask for dry skin:

Ingrediants:

¼ cup plain yogurt
2 Tablespoons honey
1 meduim Banana

Mash all ingrediants together with fork
Smooth into face and neck
Leave for 10 minutes, then rinse off.

HEALTH LAB

Wellness and nutrition, at your fingertips

Drinking Water

Drinking water, whether from the tap or a bottle, is the best source of fluid for the body. Milk and juices are also good sources of fluid, but beverages containing alcohol and caffeine, such as soft drinks, coffee, and beer, are not ideal because they often contain empty calories.

Benefits of drinking water
carrying nutrients and oxygen to your cells.
flushing bacteria from your bladder.
aiding digestion.
preventing constipation.
normalizing blood pressure.
stabilizing the heartbeat.
cushioning joints.
protecting organs and tissues.



"ADVERTISE YOUR BUSINESS - SUPPORT OUR ADVERTISERS."

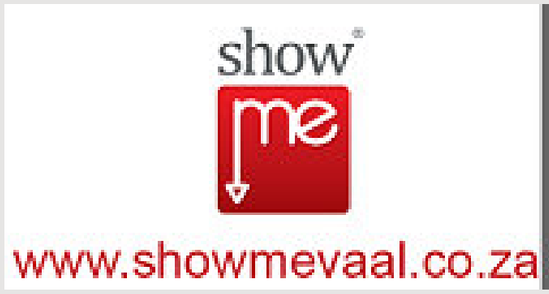
















Flowers for every occation

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Vanderbijl Fresh Cut Flowers is sertuated in Vanderbijlpark.

It is your one stop flower shop where you will find every thing you need for wedding, birthday, office, Funeral etc.

They will deliver for your convenience.

With fresh flowers every day from the market your flowers will last longer.

Make every day colourful with Fresh Cut Flowers.

Remember Women's Day 9 August 2021



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DOZI - DIS HOEKOM



HOEKOM VERANDER PLEKKE SE NAME? “*DIS HOEKOM*”, VERDUIDELIK DOZI MET SY NUWE ENKELSNIT!

Die uiters talentvolle en gewilde **Dozi**, het in 2020, sy negentiende album *Vrede*, vrygestel. Hy het reeds twee enkelsnitte vanaf die album vrygestel, *Partykeer Somtyds en Ek wil vir jou sê* en nou volg sy derde enkelsnit vanaf hierdie album, ***DIS HOEKOM***.

Die liedjie is deur Dozi, Kappie Kapp en Stef Kruger geskryf en is vervaardig deur Dozi, Mauritz Lotz en Tertius Human.

“Die lied gaan oor plekke se name wat verander en die verwarring wat daarmee gepaard gaan. Dit is ‘n ligte, humoristiese liedjie wat gaan oor die dinge wat ons almal eintlik kwaad maak, maar die liedjie gooi ‘n bietjie lig daarop. Ek dink mense sal aanklank vind en kan deel in die humor omdat dit so van toepassing is op die huidige omstandighede in ons land”, vertel **Dozi** oor die lied.

“Die rede hoekom ek musiek skryf, is om iets in die wêreld beter te maak. As jy ongelukkig is en jy luister na die regte musiek, dan voel jy beter,” voeg **Dozi** by.

DIS HOEKOM is beskikbaar op alle digitale platforms. Laai die liedjie hier af***:*** https://lnk.to/47YsMkvf

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MAGAZINE

The look

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