# Glamour Talk Mag

Online

August 2020



Orange, Red and Light Green colours

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**Cover**

**Michelle Van Den Berg - Smuts**

see page 6

Photographer: Charmaine Janse van Rensburg

# Message from the Editors desk...



What an privilege to announce that this is the first Issue of Glamour Talk Mag.

Glamour Talk Mag kicked off with a bang! Our first cover page was based on a black and white photo competition on our Facebook page.
I would suggest that you follow our Facebook page, there is still a lot to come. We did a orange, red and green section, that is the colours for the month of August.
Did you know that? see on page 4

The month of August has arrived and of course August is Women's month.
We call on all strong business women to encourage other business women to take hands and stand tall together, the business world for woman can be a very difficult and sometimes lonely world and this is why we as woman need to stand together and support each other wherever we can because together we are stronger and we can achieve so much more.

I would like to wish every woman a blessed and wonderful Women's day, have fun and remember to spoil yourself. Make time for yourself, visit a friend have a coffee and cake, yes cake!

Put on your red lipstick, or is it pink not sure but what ever colour it might be put it on and smile.
Remember a smile does not cost any thing.

Take care and don't miss out on the fun on our Facebook page!
Like us share is....

Glamour greetings till next time

Charmaine




# Glamour Talk Mag

**Comments:**
Please write to us or contact us to share your opinion, ideas & comments.
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***The views of other writers or articles in this Magazine are not necessarily the view of the editor.***



# Struggling with dry hair?



Are you struggling with hair that is dry and damaged? Does your hair lack that bounce and shine, despite you having tried almost everything? We understand your concerns! Dull, damaged and scanty hair is a common problem that a lot of girls face, and if you are one of them, we've got your back. Move over expensive, chemical-laden products; enter natural remedies from your kitchen...



Aloe Vera
Aloe Vera is a rich source of vitamin E, which is incredibly nourishing for the scalp that is in need of some moisture. The polysaccharides and glycoprotein in Aloe Vera encourage hair growth. Aloe vera gel can be used in addition to a conditioner for added moisture.



Honey
Honey has rich moisturising and nourishing properties. It deeply conditions your hair and keeps it soft and shiny. Honey also helps repair and rejuvenate damaged hair.



Rosemary oil
Rosemary oil is an elixir for people with dry and scanty hair. It helps promote hair growth, repairs the hair shaft and calms an itchy scalp. This miracle herb oil can be mixed with coconut oil and applied to the scalp to boost hair growth.



Eggs
Eggs are a rich source of protein and sulphur. Frequent protein treatments are crucial for thick and healthy hair. Eggs also help moisturise and condition your locks to treat dry and limp hair.



Amla
If you are suffering from hair loss and thinning hair, amla is the safest home remedy. This natural ingredient is filled to the brim with antioxidants and vitamin C that help boost collagen levels and promote hair growth. It also helps add moisture and repairs damaged hair.

# Relax -Don't stress

# August colours

## Orange, Red and Light Green colours

Just have a look at the beautiful young ladies.
Who took part in the August color challenge

Orange, Red and light Green is the colours for the month of August.

Did you know that every month has it's own colours?

Follow us on Facebook to find out what's the colours for September month.



LehankeB









Ariska Engelbrecht



Mavis Visser









Mantshadi Maepa




**Thank you, You all look beautiful!**

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# Congratulations!

Thank you, there was 62 people who dropped their black and white photo in our comment section on our Facebook page.
Our anonymous Judges had a difficult task to select a winner instead they decided on a Top 5.
The Judges made the decision to have a public vote and this is the results. Congratulations to ***Michelle Van Den Berg Smuts*** the winner of our Cover page ***Jolene Voster Dippenaar*** (2nd place)
***Christelle Kruger Symington*** (3rd place)
Looked like the other two ladies did not follow the page after posting their pictures. Congratulations to them for been in the Top 5.



**2nd place:**
**Jolene Voster Dippenaar**



**Winner:**
**Michelle Van Den Berg Smuts.**



**3rd place:**
**Christelle Kruger Symington**

"Just LOVE Black and white photos"



**Samantha Labuschagne**



**Facebook user**
**Could not find her anywere**

# Happy Women's month




In South Africa, 9 August is Women's Day and the month of August is National Women's Month. This is an opportunity to celebrate women's achievements and the important role that women of all races and religions have played and continue to play in South African society.

On 9 August 1956, more than 20 000 women from all walks of life united in a mass demonstration to the Union Buildings in Pretoria. They protested against the unjust pass laws enforced on women in South Africa.

The women were led by Lilian Ngoyi - a trade unionist and political activist, Helen Joseph, Albertina Sisulu, and Sophia Williams-De Bruyn.

***Important role***

In remembrance of what South African women achieved on that day, 9 August has been declared as National Women's Day and is a public holiday in South Africa. Women's month is an opportunity to celebrate and reflect on women's achievements, as well as the problems they have faced in the struggle to be free and the important role they continue to play in society. Apart from their traditional roles as mothers, wives and caregivers, statistics show that women are making great progress in business, politics, academic and economic careers with more and more women reaching top positions.

***Entrepreneurs***

Government is committed to empowering women and helping them to reach their highest potential. For example, the South African Women Entrepreneurs Network (SAWEN) is an initiative of the Department of Trade and Industry. It is a networking forum committed to advancing women in business.

Its main objective is to bring business women together to talk about the challenges they face. The network gathers and updates a database of women-owned businesses and services. It also helps with training and developing of business skills.

***Make a difference***

Women of South Africa, be proud of what you have achieved. Let the achievements of those who went before you inspire you to unlock your own strength and motivate you to make a difference in your family, your community or your country.

**Go out and celebrate the women that you are. Go out and make a difference this Women's Month!**

***International Women's Day:***

Equal rights, equal opportunities, progress for all This year is the 99th anniversary of International Women's Day, which is marked on 8 March every year by many countries throughout the world. The theme for 2010 is "Equal Rights, Equal Opportunities, Progress for All. "The focus of International Women's Day ranges from showing respect, appreciation and love towards women, to celebrating women's economic, political and social achievements.

## Empower all women celebrate Women's Day 9 August 2020



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